

MY NEWS FOR JUNE 21, 1999

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IF, FOR THE MOMENT, WE EXPEDIENTLY MAP YOUR INNER TERRAIN BY SAYING THAT YOU HAVE A CONSCIOUS YOU, AND A NON-CONSCIOUS YOU, AND THAT THE ULTIMATE GOAL IS NOT FOR YOUR CONSCIOUS YOU TO DESTROY, DRIVE OFF, OR REPLACE YOUR NON-CONSCIOUS YOU, BUT RATHER IS FOR YOU TO DISCOVER THE REAL YOU, WHICH IS NEITHER OF THE TWO, AND BECOME AN AWARE WITNESS OF ITS DIRECTING OF YOUR LIFE.

THE REAL YOU IS NOT IN YOUR THOUGHTS OR FEELINGS:
YOUR THOUGHTS AND FEELINGS ARE A PRODUCT OF THE REAL YOU.

NO ONE KNOWS THEIR REAL SELF AS LONG AS THEY ARE LISTENING TO, DEPENDING ON, AND BEING DISTRACTED BY THE VOICES IN THEIR HEAD CLAIMING THAT DISTINCTION.

AND A MAN ASKED A GUY WHO KNEW: "WHERE IN ME, IS THE REAL ME?", AND THE GUY REPLIED: "WHERE IN YOU COULD IT NOT BE?!", AND THE MAN TOOK A GUESS: "IN MY 'THINKING-ABOUT-MYSELF'?", AND THE GUY WHO KNEW RESPONDED: "NOT ONLY THAT, BUT MORE TO THE POINT: YOUR REAL SELF IS NOT IN THE ANSWER YOU GAVE, IT IS NEVER PRESENT IN ANYTHING YOU SAY ABOUT YOURSELF, OR IN ANYTHING THAT YOUR HEAD-VOICE CLAIMS TO KNOW.

A PERSON'S REAL SELF IS THE FORCE THAT: BREATHES THEIR BREATHS: PUMPS THEIR BLOOD: DIGESTS THEIR FOOD, AND IN TRUTH IS THE SOURCE OF ALL THEIR APPARENT, 'MENTAL DECISIONS'.", AND THE MAN ASKED: "DOES THE FORCE HAVE A NAME?", "YES.", THE WISE GUY REPLIED: "LIFE."

FACT: THERE IS NOTHING YOU CAN THINK ABOUT LIFE AND BEING ALIVE THAT WILL NOT KEEP YOU FROM REALIZING WHAT'S GOING ON WITH LIFE, AND IN YOUR BEING ALIVE.

IT CAN CERTAINLY BE FUN THINKING ABOUT IT, JUST AS IT CAN BE FUN TO LOOK AT PICTURES OF FOOD, BUT EVEN A CHILD KNOWS THE DIFFERENCE BETWEEN LOOKIN' AND THE ACT OF EATING.

FACT: YOU ARE ALWAYS EATING EVEN WHEN YOU ARE ALSO CHEWING ON THOUGHTS THAT ARE SOME WHERE OTHER THAN ON YOUR FOOD, AND THOSE WHO REALIZE-WHAT'S-GOING ON ARE AWARE OF THIS, AND DO NOT LET IT INTERFER WITH THEIR DIGESTION OF THINGS.

PUT ANOTHER WAY: ONCE YOU REALIZE-WHAT'S-GOING-ON YOU DO NOT ALLOW MOMENTARY FORGETTING OF,WHAT'S-GOING-ON TO UPSET YOUR STOMACH INASMUCH AS YOU THEN KNOW THAT YOUR REAL SELF WAS STILL ENJOYING THE MEAL NO MATTER WHERE YOUR MIND WAS.

MEDICAL CONCLUSION: DON'T LET THE INEVITABLE AND HARMLESS SPOIL YOUR LIFE, AND A MAN ASKED A DOCTOR-WHO-KNEW: "SO WHY DO MY UNCONTROLLABLE THOUGHTS SO SEEM A CONSTANT IRRITANT TO ME?", AND THE HACKIN-QUACK REPLIED: "BUT THEY ARE NOT IN FACT AN IRRITANT TO THE REAL YOU, BUT ONLY TO THAT SLIVER OF YOUR CONSCIOUSNESS THAT SAYS IT IS YOU."

USEFUL HINT POSING AS A FACT: YOUR REAL SELF HAS NO "SELF-IMAGE".

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BEING GREATLY ANNOYED BY THE NOISE OF THE SQUIRRELS ON HIS ROOF, ONE MAY RIGGED UP AN EXTENSIVE AND COMPLEX WIRING GRID THAT COVERED THE TOP OF HIS HOUSE, AND WHEN IT WAS IN PLACE, THE NEXT TIME HE HEARD THEM UP THERE, HE THREW THE SWITCH, SENDING VOLUMINOUS VOLTS OF RAW, SURGING ELECTRICITY ALL OFF HIS ROOF, WHICH QUICKLY TURNED TO FLAMES AND BURNED DOWN HIS HOUSE.

AND AS HE STOOD AMIDST THE RUINS OF HIS HOME HE SAID:
"THERE -- THAT'LL SHOW 'EM!"

A CERTAIN MAN WHO HEARD THIS STORY COULD NOT IMMEDIATELY TELL WHETHER IT WAS MEANT AS A WARNING OF SOME SORT, OR WAS ANOTHER POTENTIALLY PRACTICAL HINT.

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IF A MAN DEDICATES HIMSELF TO DISCOVERING FROM WHERE WITHIN HIM DECISIONS ARISE, HE WILL EITHER FINALLY: REALIZE-WHAT'S-GOING-ON; DRIVE HIMSELF CRAZY, (OR PERHAPS EXPERIENCE SOME HERETOFORE UNRECOGNIZED, UNLABLED POSSIBILITY....BUT IN ANY CASE, YOU MUST ADMIT, IT WILL BE A WIN/WIN UNDERTAKING.

ONE MAN STARTED OFF AS A HIGHLY-ACTIVE, DEEPLY-REFLECTIVE THINKER;
 ACCORDING TO HIM HE WENT FROM BEING AN ARISTOTELIAN MATERIALIST,
 TO A CARTESIAN EXISTENTIALIST, TO FINALLY BECOMING A FRANKLIN STOVE.

HIS MOTTO NOW BEING: "I PUT OUT HEAT, THEREFORE I AM --
 -- JUST LIKE I'VE ALWAYS BEEN....EVEN BEFORE REALIZING IT.
 (THANK YOU SO VERY MUCH)."

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IF YOU ARE NOT HERE AND AWARE THAT YOU ARE AT THIS VERY MOMENT
 BY A CONSCIOUS ACT OF YOUR OWN APPARENT WILL,
 THEN YOU ARE CLEAVED, SPLIT, ASUNDER, ASLEEP AND DEVOID OF ANY
 AWARENESS OF WHAT'S-GOING-ON.

"WHAT'S-GOING-ON" IN LIFE IS WHAT HAPPENS WHEN YOU ARE NOT
 PRESENT IN THE MOMENT....WHEN YOU ARE NOT, RIGHT NOW,
 AWARE OF YOUR PRESENCE.

HERE IS HOW IT CAN SEEM: YOU ARE ONLY HERE WHEN YOUR CONSCIOUSNESS
 IS, (APOLOGIES TO JAMES BROWN), ON THE "GOOD YOU":
 WHEN IT IS NOT, YOU SEEM FAR, FAR AWAY --
 AWAY FROM ANY REALIZATION OF WHAT'S GOING ON.

FACT: JUST BEING CONSCIOUS AUTOMATICALLY SPLITS YOU IN TWO.
FACT-FACT: JUST BEING CONSCIOUS AUTOMATICALLY PRODUCES IN YOU
 THE IMPRESSION THAT YOU CONSISTS OF TWO.

QUESTION: WHAT DOES GO ON WHILE A-MAN-WHO-KNOWS IS MOMENTARILY NOT HERE? -
 -- NOTHING!,

SAME AS GOES ON WITH ORDINARY MEN,
 DIFFERENCE IS THAT A MAN WHO KNOWS WHAT'S GOING ON KNOWS THIS,
 (WHEN HE RETURNS, OF COURSE),
 BUT BEFORE A PERSON DOES COME TO REALIZE-WHAT'S-GOING-ON
 THEY BELIEVE THAT WHILE THEY ARE NOT PRESENT-IN-THEIR-CONSCIOUSNESS
 THAT THEY MISS VERY IMPORTANT STUFF, WHILE THE TRUTH IS THAT:
 NO ONE MISSES ANYTHING!.....(EXCEPT THE OPPORTUNITY TO
 SEE-WHAT'S-GOING-ON, AND TO REALIZE THAT THEY HAVE NEVER MISSED ANYTHING.

A SLEEPER AWOKE FROM HIS SLEEP AND FOUND THAT HIS WAKING STATE GREATLY RESEMBLED HIS SLEEPING ONE.

THE DREAMS OF THE MIND ARE THE SAME WHETHER YOU ARE IN BED, OR WALKING AROUND:

FIRE IS FIRE: RAIN IS RAIN:
TRUE AND FALSE ARE THE SAME, SAME, SAME.

ALL HUMAN IDEAS ARE THE SAME, SAME, SAME WHEN YOU ARE TEMPORARILY, OUT OF THE COUNTRY:

WHETHER YOU ARE HERE OR GONE, YOUR THOUGHTS WHISTLE HARMLESS DITTIES, MEANINGLESS, BUT HARMLESS
SO DON'T GET YOUR PSYCHE SHORTS IN A KNOT.

COULD THIS BE SO": THAT A MAN WHO DOESN'T CARE THAT HIS CONSCIOUSNESS IS ALSEEP, IS NOT ASLEEP?!, (ASSUMING THAT WE ARE TALKING ABOUT A PERSON WITH KNOWLEDGE-OF AND INTEREST-IN SUCH A MATTER):

PUT ANOTHER WAY: IF YOU REACH SUCH A PLACE OF COMPREHENSION THAT YOU NO LONGER CARE WHAT YOUR NON-CONSCIOUS SELF DOES --

-- THAT PART THEN BECOMES IRRELAVANT,
...A HARMLESS, IMPOTENT --"WHISTLER-IN-THE-SHADOWS".

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ONE MAN NOTES: "I KNOW WHAT'S GOING ON UNTIL I HAPPEN TO THINK ABOUT IT, THEN ALL I "KNOW" IS WHATEVER IDEAS ARE MOMENTARILY PASSING THROUGH ME." A FAIR OBSERVATION, FOR IT IS NOT PHYSICALLY POSSIBLE TO "KNOW" ANYTHING REGARDING, "KNOWING-WHAT'S-GOING-ON":

IF YOU KNOW IT -- YOU KNOW IT:
IF YOU'RE THINKING ABOUT IT -- YOU DON'T,
IT'S TRULY THAT SIMPLE....BLUT.....OBVIOUS.....AND SILLY.

QUESTION: WHY IS IT EASIER TO DESCRIBE THAN TO DO? -- BECAUSE ALL DESCRIPTIONS OF IT ARE MEANINGLESS:

FOR A MAN WANTING TO KNOW-WHAT'S-GOING-ON,
TALK IS NOT JUST "CHEAP" -- IT'S EVEN LESS THAN THAT

AND ONE MAN SAYS: "I AM NOT ONLY NOT A SIGHT FOR SORE EYES,
I CAN'T EVEN SPELL, "SORE".....LEAST NOT WHEN I'M IN TOWN."

EVEN AFTER THEY REALIZE WHAT'S GOING ON
 SOME PEOPLE STILL CAN'T MENTALLY "LET GO":
 THEY CAN'T STOP THINKING ABOUT "WHAT'S GOING ON".
 (THIS IS NOT A TERMINAL ILLNESS, BUT CERTAINLY A USELESS ONE.)

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THE ONLY REASON THAT MEN WHO KNOW BETTER WILL TOLERATE THEIR,
 "BEING OUT OF THE COUNTRY"
 IS THE PLEASURE THE MEANDERINGS OF THE MIND CAN PROVIDE:
 DREAMS CAN BE FUN -- NOT DOUBT ABOUT IT,
 AND THEY CAN HANDILY SUBSTITUTE FOR YOU KNOWING WHAT'S GOING ON
 IN THE ACTUAL WORLD.
 IF PEOPLE SUCH AS US RESIDED IN A UNIVERSE MORE TO OUR INCLINATIONS,
 THINKING WOULD NOT BE SUCH AN ENJOYABLE DISTRACTION.BUT, ALAS,

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A MAN WHO REALIZES-WHAT'S-GOING-ON DOESN'T HAVE TO WRITE HIS MEMOIRES --
 -- HE'S LIVED THEM ALREADY.

SONG: "I USED TO READ,
 I USED TO WRITE,
 I USED TO, READ, READ, WRITE, WRITE,
 I NEVER STOPPED THINKING BOTH DAY AND NIGHT,
 I USED TO, READ AND WRITE,
 BELIEVING THAT MY THOUGHTS WOULD LEAD ME RIGHT,
 BUT ONCE I REALIZED WHAT WAS HAPPENIN'
 I QUIT MY JOB AND WENT OFF ON A CRUISE."

NO QUESTION ABOUT IT: IT'S FUN TO PLAY WITH WEASELS --
 ...UNLES YOU GET TIRED OF THEM SCRATCHIN YOU,
 BUT 'TIL THEN: IT'S FUN-N-N.

NOTE: THAT WHICH MEN ARE ACCUSTOMED TO THEY WILL ACCEPT AND EVEN TAKE AS
 BEING "FUN"...(UNLESS WE'RE TALKING ABOUT PEOPLE LIKE US.)

RIGHT NEXT TO WHERE YOU ARE NOW IS WHERE YOU WANT TO BE: JUST LOOK,
 RIGHT NEXT TO WHAT YOU ARE NOW IS WHO YOU WANT TO BE: JUST LOOK,
 AND RIGHT NEXT TO THESE WORDS IS THEIR UNSPEAKABLE REALITY,
 SO QUIT LISTENING AND JUST LOOK.

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IT IS EASIER FOR A LESS MENTALLY ACTIVE PERSON TO REALIZE WHAT'S GOING ON
 THAN IT IS FOR ONE LESS SO,
 THUS IT BE THAT IN ONE SENSE IN ALL OF THIS: "THE DUMBER THE BETTER".

WHEN ONE MAN WOULD CATCH AND CONFRONT HIMSELF THUS:
 "HEY, YOU'VE BEEN OUT OF TOWN AGAIN.", HE'D REPLY:
 "NAW, I'S JUST TEMPORARILY -- ON DRUGS.",
 A RESPONSE THAT WOULD ALWAYS GIVE HIM A GOOD GRIN,
 WHICH IN TURN WOULD GET HIM MOMENTARILY "OFF THE DRUGS".

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EVERYTHING THAT HE WAS GOING TO THINK, ON MONDAY,
 ONE MAN WOULD GET OUT OF THE WAY BY GOING AHEAD AND THINKING IT
 ON SATURDAY, WHEN THINGS WERE LESS HECTIC, AND HE WASN'T SO RUSHED.
 AND ANOTHER CHAP HAD A HERO WHO HE TRIED TO IMMULATE,
 ONLY TO FINALLY REALIZE THAT IT WAS HIMSELF --
 "JEEZE, WHAT A LET DOWN" -- UNLESS YOU'RE ONE OF THE ONES
 WANTING TO KNOW WHAT'S GOING ON,
 IN WHICH CASE YOU END UP EATING YOUR HERO-SELF FOR LUNCH ANY WAY.
 THE SPIDER INVITED THE FLY IN BECAUSE A POTENTIALLY "GOOD MEAL"
 IS OBVIOUS, NO MATTER THE NUMBER OF EYES/I'S INVOLVED.
 AND ONE OF OUR KIND OF PHILOSOPHERS NOTED:
 "I CONSUME MYSELF, THEREBY FINALLY BECOMING WHAT I AM."
 AND A PRIME MINISTER ADVISED A KING: "KILL THE PEOPLE WHILE THEY ARE
 YOUNG AND THEY WILL MORE READILY ACCEPT YOUR AUTHORITY LATER."
 (NOTE: WE ALL NEED A PRIME MINISTER.)

ONE MAN WAS A HERD OF CATTLE, UNTIL HE REALIZED WHAT THE FINAL "ROUND UP" WAS GONNA BRING.

NOTE: WE ALL NEED A TRAIL BOSS,
AND ONE WHO IS NEITHER CONSCIOUS, NOR NON-CONSCIOUS,
BUT ONE WHO IS REAL.

SOME MILITARY INTELLIGENCE: IT'S HARD TO MARCH AND STAY AWAKE.

A MAN WITH CONSCIOUSNESS "LOST-IN-THOUGHT"
MOVES IN LOCK-STEP:

A MAN WHO HAS BEEN DRAFTED AND STILL DOESN'T KNOW WHAT HE'S DOING,
HAS PROMISE.

WHEN ORDINARY PEOPLE GET TOGETHER TO PURSUE EXTRAORDINARY THINGS,
(MYSTICAL GROUPS, RELIGIONS), PART OF THEIR REASON FOR DOING SO IS
SINCE THEY DON'T REALLY BELIEVE IN WHAT THEY'RE DOING,
AND HAVE NO FAITH IN WHAT THEY PROFESS,
THEY BANK OF THEIR TITULAR LEADER, HOPING THAT HE DOES,
WHILE WHEN EXTRAORDINARY PEOPLE COME TOGETHER TO ATTEMPT THE
EXTRAORDINARY, THEIR APPARENT LEADER TELLS THEM RIGHT OFF THAT THEY
KNOW NOTHING ABOUT WHAT THEY'RE DOING AND NEVER WILL,
AND THAT HE'S THERE ONLY TO HELP THEM REALIZE THIS.

CONSCIOUSNESS IS LIKE A TRAPPED VISITOR.

A MAN SURE OF WHAT HE KNOWS DOESN'T UNDERSTAND THE NATURE OF WHAT
KNOWING IS,
AND CERTAINLY DOESN'T UNDERSTAND WHAT HE KNOWS.

A GOOD WAY TO STAY ALERT AND PRIMED FOR , "THE BIG POSSIBILITY"
IS TO FORCE YOUR IDEAS TO MOVE LINEARALLY,
AND THEN -- LAUGH AT THEM FOR DOING SO!

AND ONE MAN SAYS: "ONCE I WAS SURE OF WHAT I WAS DOING, BUT THANK GOD,
I'VE PROGRESSED BEYOND THAT."

YOUR REAL YOU THINKS NOT ABOUT WHAT YOU DO,
AND IS THUS INCAPABLE OF BEING UN-SURE OF WHAT YOU DO OR HOW YOU SURVIVE.
YOUR REAL YOU IS JUST "THAT FEELING": THAT UNSPEAKING FORCE THAT KEEPS
YOU ALIVE, AND DRIVES EVERYTHING.

IN THE BEGINNING, THE PURSUIT OF THIS GOAL SEEMS DRIVEN BY A DESIRE TO ESCAPE FROM YOURSELF; THEN IT GETS REFINED TO A DESIRE TO ESCAPE FROM YOUR ILLUSIONARY SELF, THEN FINALLY YOU REALIZE THAT THE DESIRE ITSELF IS GROUNDED IN ILLUSION.

FROM ONE QUITE VALID VIEW
WHAT'S NEEDED BY THE FEW
IS NOT TO BE MORE CONSCIOUS, BUT -- LESS CONSCIOUS,
...AS PER LIVING YOUR LIFE WITH LESS THOUGHT-GIVEN-TO,
AND ILLUSIONARY-DEPENDENCE-ON
THE CONSCIOUSNESS ROOTED IN THOUGHT THAT PASSES FOR YOU,
WHICH WOULD LEAVE YOU IN THE PEACEFUL PRESENCE OF
THE REAL YOU.

A CONSCIOUSNESS NO LONGER BASED ON THE THOUGHTS YOU HAVE,
BUT A CONSCIOUSNESS BASED ON THE REALITY OF YOU BEING ALIVE.

IT'S JUST A FEELING -- BUT WHAT A FEELING:
IT'S SIMPLY AN AWARENESS -- BUT WHAT AN AWARENESS:
IT'S TOTALLY UNSAYABLE -- BUT OH, WHAT A MAGNIFICENT SILENCE...