

MY NEWS FOR MAY 26, 1999

PRIOR TO GOING ON VACATION, A MAN WHO FREQUENTLY SPOKE & WROTE ON THE POSSIBILITY OF A MAN ALTERING HIS ATTENTIVENESS TO BEING ALIVE, MADE THESE COMMENTS TO A GROUP OF INTERESTED LISTENERS:

"THERE WAS ONCE A MAN WHO UNDERTOOK THIS EFFORT, AND IN THE BEGINNING, TO HELP HIMSELF AWAKEN, WOULD CONSTANTLY SAY TO HIMSELF:

'I'VE GOT TO STAY AWAKE: I'VE GOT TO STAY AWAKE.'

BUT EVENTUALLY CHANGED IT TO HIM ASKING HIMSELF:

'AM I AWAKE?: AM I AWAKE?'

BUT THEN MOVED ON TO CONTINUALLY PROCLAIMING, ALOUD:

'LOOK AT ME -- I'M ASLEEP!: HEY LOOK AT ME -- I'M ASLEEP!'

BUT PROGRESSED FINALLY EVEN BEYOND THAT AND BEGAN PUBLICLY CRYING OUT:

"HEY LOOK AT ME -- AM I ASLEEP?: TELL ME -- AM I ASLEEP?'

AND WITH MUCH TREPIDATION, (SAYS HE),

HE FORESEES WHAT THE NEXT STAGE WILL BE:

HIM CALLING OUT -- AS HE GOES ABOUT:

'TELL ME: AM I AWAKE, OR AM I ASLEEP, AND WHAT IS THE DIFFERENCE? --

PLEASE, SOMEONE EXPLAIN TO ME: WHAT IS THE DIFFERENCE?'

WITH HIS FEAR BEING THAT SOMEONE WILL.

MANY MORE PEOPLE ARE INITIALLY INTERESTED IN THIS MATTER THAN WHO EVER SEE IT THROUGH TO ITS CONCLUSION,

AND AT THE OUTSET, WHEN THEY UNDERSTAND NOTHING OF THE AFFAIR, THEY ARE INCLINED TO CLOTH THEMSELVES IN EXOTIC GARB TO COVER UP THIS FACT AND TO LEND TO AN ILLUSION, OTHERWISE:

THOSE WHO NEVER REALIZE WHAT THIS HUNGER & EFFORT ARE TRULY ABOUT WILL NOT ONLY PHYSICALLY WRAP THEMSELVES IN OUTLANDISH COSTUMES, BUT WILL DO SO MENTALLY, WITH TOTALLY IMPERTINENT IDEAS.

IF THIS OTHER STATE OF MIND THAT SUCH PEOPLE SPEAK OF IS TRULY A PHENOMENA OF THE MIND

THEN THEY ARE FACED WITH THE IMPOSSIBLE CHALLENGE OF TRYING TO CURE A PROBLEM WITH THE PROBLEM.

EVERYONE POSSESSES THAT OTHER, LONGED-FOR STATE OF MIND,
 AND YOU NEVER STRAY FROM IT AS LONG AS YOU ARE AWARE OF DOING SO:
 YOU CAN ONLY STRAY WHEN YOU TRY TO TURN THIS STATE OF MIND
 INTO SOMETHING ELSE.....LIKE,

ANOTHER 'STATE OF MIND' PERHAPS.....OR,
 AN 'AWAKENED STATE OF MIND', OR AN 'ENLIGHTENED STATE OF MIND'?!
 THIS IS WHY IT SEEMS THAT NO ONE CAN BE 'ETERNALLY MINDFUL',

OR "CONTINUALLY OBSERVE THEMSELVES",
 THE MISTAKE IS IN BELIEVING THAT YOU CAN DO SO:

THE SUCCESS IS IN BEING CONSTANTLY AWARE OF YOUR TRYING.
 ----- YOU ONLY LOSE IT WHEN YOU FORGET YOU HAVE IT. -----

THE UNFATHOMABLE FLAW IN ALL FORMAL SYSTEMS DEDICATED TO
 TELLING A MAN HOW TO ACHIEVE THIS SHIFT IN HIS PERMANENT ATTENTIVENESS
 IS THAT THEY -- ALL MAKE SENSE -- (WITHIN THEIR OWN CONTEXT,
 SUCH AS A SYSTEM WHICH PROCLAIMS THAT:

'MAN IS ASLEEP, BUT HE CAN AWAKEN.',

WELL, IT -- 'MAKES SENSE',

IF MAN IS 'ASLEEP' THEN IT MAKES SENSE TO SAY THAT HE COULD AWAKEN,
 BUT THE UNREALIZED DEFECT IS THAT

IF IT 'MAKES SENSE' THEN IT IS, 'IN-THE-MIND',

AND IF IT IS, 'IN-THE-MIND' IT IS A CUL DE SAC:

PERHAPS AN ALLURING CUL DE SAC, AN ENTERTAINING CUL DE SACE,

EVEN AN APPARENTLY IRREFUTABLE CUL DE SAC,

BUT A CUL DE SACE NONETHLESS,

(AND ITS NOT EVEN ACTUALLY THAT:

IT IS A CIRCUS DISGUISED AS A CUL DE SAC.)

IF THERE BE SOMETHING TO KNOW WHICH WILL AWAKEN YOU
 THEN THE WORD, 'WINE' WOULD MAKE YOU DRUNK.

REJECT ALL MEA CULPAS REGARDING ALL MATTERS MENTAL
 FOR EVEN IF YOU WERE RESPONSIBLE FOR WHAT YOUR MIND DOES,
 WHAT IT DOES IS OF NO IMPORTANCE.

A VAIN KING ASKED A COMMONER: "WHEN DO YOU REMEMBER ME?",
 AND THE PLEBEIAN REPLIED: "WHENEVER I FORGET MYSELF."

WHEN IS A MAN ASLEEP? -- WHEN HE FORGETS HE IS AWAKE.

DON'T RESIST A TYRANT: BE A NOBODY AND YOU'LL BE FOREVER SAFE.
 ... (TRUE BOTH LITERALLY AND OTHERWISE.)

AT EVERY MOMENT YOU HAVE WITH YOU AND AVAILABLE,
 THAT WISHED-FOR OTHER STATE OF MIND,
 WHICH IS THE NON-VERBAL CONSCIOUSNESS OF INSTINCT,
 AND WHICH YOU CAN BRING INTO YOUR MENTAL AWARENESS
 ALONG SIDE YOUR ORDINARY ACTIVITY,
 BUT IT IS INSTANTLY LOST AS SOON AS YOU "PUT IT TO WORK", (THAT IS):
 YOU GET IT INVOLVED IN WORDS,
 SUCH AS YOUR MENTAL MONOLOGUE ABOUT HOW YOU HAVE JUST
 BROUGHT YOUR NON-VERBAL CONSCIOUSNESS INTO COEXISTANCE WITH
 YOUR ROUTINE VERSION,
 AND HOW YOU ARE SO TRYING TO ACHIEVE ENLIGHTENMENT,
 BUT EVERY TIME YOU DISTURB AT ALL, THE NATURE OF NON-SLEEPING,
 INSTINCTIVE CONSCIOUSNESS -- YOU LOSE IT.
 AND ARE IMMEDIATELY BACK, TOTALLY EMERSED IN THE MEANINGLESS,
 MEANDERING RAMBLINGS OF TALKING-CONSCIOUSNESS.
 YOUR ATTENTIVENESS TO LIFE IS BACK UNDER THE SWAY OF YOUR MIND'S
 UNNEEDED COMMENTS THEREABOUT, AS OPPOSED TO YOUR SIMPLY LIVING IT.

NOTE: EVERY TIME YOU TALK ABOUT MAN -- YOU CONDEMN MAN:
 EVEN WHEN YOU PRAISE MAN FOR THIS OR THAT ACCOMPLISHMENT
 IT IS BASED ON A TACIT CONDEMNATION OF HIM PRIOR TO THE
 ALLEDGED ACHIEVEMENT.

AS YOU PREPARED TO BURY THE BODY OF AN ENLIGHTENED MAN
 THE SUPREME INSULT WOULD BE TO
 SAY ANYTHING ABOUT HIM.

THE MIND, OPERATING AS PER ITS OWN INSTRUCTIONS,
 IS NOT YOUR FRIEND, AND IT IS ALSO NOT YOUR ENEMY,
 AND ABOVE ALL, YOU MUST REALIZE FOR YOURSELF THAT IT IS NEITHER YOUR
 FRIEND NOR FOE, BUT IS IN FACT IRRELEVANT TO YOUR GOAL,
 OTHER THAN FOR THE ILLUSION THAT IT IS INVOLVED WITH THE GOAL:
 THAT IT ASSISTS IN ACHIEVEING THE GOAL: THAT IT IS A BARRIER TO THE GOAL,,
 AND IS ALWAYS STANDING BY TO MAKE NOTE OF YOUR CONTINUAL FAILURE TO
 REACH THE GOAL, BUT FOREVER PREPARED TO ASSURE YOU THAT THERE IS,
 'ALWAYS TOMORROW', ALONG WITH THE REMINDER THAT: 'TIME IS RUNNING OUT'.

ONLY A MAN WHO HAS VISITED THE BOTTOM OF THE WELL THAT IS THE MIND
KNOWS WHERE WORDS COME FROM, AND CAN PROPERLY ANALYZE
THE TASTE OF THOUGHTS;

ONLY SUCH A MAN WHO UNDERSTANDS THE NATURE OF TALK,
UNDERSTANDS WHAT HE SAYS,
AND ONLY A MAN WHO UNDERSTANDS WHAT HE SAYS WILL TELL YOU THAT
THERE IS NOTHING TO UNDERSTAND IN WHAT HE SAYS.

VISIT THE BOTTOM OF YOUR OWN MENTAL WELL AND THEN WHEN YOU HEAR
SOMEONE TALK, YOU'LL FINALLY UNDERSTAND THAT YOU HEAR NOTHING --
-- AND THAT AS YOUR MIND 'THINKS' -- IT THINKS, NOTHING.

A CERTAIN MAN, INTERESTED IN THE POSSIBILITY OF ANOTHER
STATE OF ATTENTIVENESS TO ONE'S OWN EXISTANCE
WOULD CONTINUALLY SAY TO HIMSELF:
"I'M TRAPPED! -- I'M TRAPPED!",
WITHOUT EVER REALIZING THE IMPOSSIBILITY OF EVER REALIZING
WHAT CONSTITUTES THE TRAP.

...I CAUTION YOU AGAIN:
ANY PRESUMPTION CONCERNING YOUR GOING FROM ONE STATE OF MIND
TO ANOTHER WHICH, 'MAKES SENSE' -- IS FRAUDULENT .

TO SAY TO YOURSELF THAT YOU ARE 'TRAPPED'
IS TO BELIEVE THAT YOU CAN 'ESCAPE',
AND TO SAY THAT YOU CAN 'ESCAPE'
IS TO MAKE YOURSELF BELIEVE THAT YOU ARE TRAPPED.

WHY HAVE YOU NOT BY NOW, RISEN UP IN INTERNAL REVOLT AGAINST
ALL THAT YOU HAVE, IN GOOD FAITH, BELIEVED, ACCEPTED, PROFESSED,
AND ENDLESSLY REPEATED TO YOURSELF AS STATEMENTS OF YOUR
PRESENT CONDITION, AND DREAMS OF YOUR POSSIBILITIES?!

I TELL YOU: REBEL AGAINST YOUR MIND!,
BUT YOU MUST DO SO; UNNOTICED, NON-VERBALLY AND WITHOUT EXERTION.
TO SUCCEED, THESE THREE CONDITIONS MUST BE MET.
(AND WHEN THESE THREE CONDITIONS ARE MET, THEY CEASE TO EXIST
IN THAT YOUR CONSCIOUSNESS ITSELF IS THEN: UNNOTICED, NON-VERBAL,
AND WITHOUT EXERTION.

TO COMBAT A CERTAIN PROBLEM,
 ONE MAN DECIDED THAT IT WOULD BE GOOD TO POST A SIGN ON HIMSELF
 WHICH WOULD SAY: "DO NOT DISTURB WHEN THINKING.",
 BUT SUDDENLY REALIZED THAT WHEN HE'S THINKING
 HE CAN'T BE DISTURBED.....WHICH IS THE PROBLEM.

REBEL AGAINST THE RIGHT THING!
 THERE IS NO, 'RIGHT THING'.....
NOW, REBEL AGAINST THAT.

IF, WHEN YOU BEND OVER, YOUR GUTS FALL OUT,
 LET THAT BE A REMINDER TO YOU OF OTHER THINGS.

EVERYONE IS INSTINCTIVELY ATTENTIVE TO THEIR LIFE,
 AND EVERYONE IS MENTALLY ATTENTIVE TO THEIR THOUGHTS:
 ONE OF THE TWO IS WHAT YOU'RE AFTER.

REBEL AGAINST THE RIGHT THING --
 REBEL AGAINST THAT WHICH HAS NO RESISTANCE.

THE REASON THAT A THINKER'S RACE IS NEVER WON
 IS BECAUSE THOUGHTS HAVE NO LEGS.

IF THE WAY TO THE OTHER STATE OF AWARENESS IS THRU "SELF DISCOVERY"
 THEN WHAT IS THERE IN YOU BESIDES YOUR PRESENT SELF
 TO DISCOVER THIS YET TO BE REALIZED, OTHER "SELF"?

IF YOU'RE GOING AFTER DISCOVERY,
 THEN DISCOVER THE RIGHT THING.

THERE IS NO THING TO DISCOVER,
 WHICH IS WHY REBELLION AS NORMALLY PRACTICED PROVES SO FUTILE.

WHAT IS IT THAT IS KEEPING YOU FROM THIS "SELF DISCOVERY"?!,
 OR SHOULD WE BE ASKING, NOT 'WHAT' IS IT, BUT -- WHO? --
 WELL, 'WHO' IS INSIDE OF YOU BESIDES YOU?!,
 SO IS IT 'YOU' STANDING BETWEEN YOU AND YOU?! --
 -- IS WHAT YOU THINK EVER GOING TO ENLIGHTENED & AWAKEN YOUR MIND?

I SAY TO YOU:

GET OFF YOUR MENTAL HIGH HORSE:

GET DOWN FROM YOUR MENTAL LOW HORSE:

DISMOUNT FROM ALL IMAGINARY RIDES.

THOUGHTS WILL TAKE YOU ANYWHERE YOU WANT TO GO -- EXCEPT FOR
THAT ONE SPECIAL PLACE WHERE YOU WANT TO GO --

...WHICH MEN CAN'T DESCRIBE.....

...WHICH IS WHY THEY CALL IT: 'A VOYAGE OF SELF-DISCOVERY':
WHEN YOU DON'T UNDERSTAND SOMETHING THAT YOU FEEL, PUT A NAME ON IT --
-- THEN DISCUSSS & PONDER IT FOR ETERNITY.

IF YOU TALK ABOUT MAN -- YOU CONDEMN MAN:

IF YOU THINK ABOUT YOUR CONSCIOUSNESS, YOU CONDEMN YOUR CONSCIOUSNESS.

RIDE NO HIGH HORSE -- RIDE NO LOW HORSE:

DON'T LISTEN TO YOUR THOUGHTS, AND DON'T TRY NOT TO LISTEN.

THE UNMOVING SILENCE OF INSTINCT RIDES ITSELF.--

-- AND IT GOES WHEREVER YOU WANT TO GO --

-- 'CAUSE WHERE IT GOES IS WHERE YOU WANT TO GO."

THE SPEAKER THEN SAID: "I GOTTA GO.".....AND LEFT.