

MY NEWS FOR MAY 24, 1999

(WHERE OUR MOTTO IS: "IF IT'S NEWS OF GOOD CHEER, IT'S NOT OUR NEWS".)

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ONCE UPON A TIME THERE WAS A MAN, MUCH TAKEN BY THE IDEA OF ACHIEVING ANOTHER STATE OF MIND, WHO WROTE AND SPOKE EXTENSIVELY ON THE MATTER AS HE UNDERSTOOD IT THROUGH HIS OWN EFFORTS.

THEN ONE DAY HE LEFT HIS VILLAGE AND DISAPPEARED INTO THE MOUNTAINS, NOT TO BE SEEN AGAIN FOR SOME TWENTY YEARS.

THEN ONE DAY HE RETURNED AND DISCOVERED THAT HIS WORDS HAD BEEN MADE THE FOUNDATION OF A FORMAL SYSTEM FOR DEVELOPING THAT OTHER CONDITION OF CONSCIOUSNESS, AND WHEN HE HEARD THOSE RESPONSIBLE FOR THE ACTIVITY EXPLAIN IN DETAIL ITS AIMS AND ASSURANCES HE SEEMED STUNED WITH DISBELIEF AT WHAT THEY'D DONE, AND FINALLY SAID: "GET SERIOUS!", THEN AFTER A MOMENTARY PAUSE, ADDED:

"NO, THAT'S YOUR PROBLEM -- YOU'RE ALL TAKING IT TOO SERIOUSLY.",

.....AND HE RECOMMENDED THAT THEY DISBAND, AND EACH PERSON GO OFF INTO THE MOUNTAINS ALONE.

TAKING NOTHING WITH THEM BUT THEIR DESIRE TO HAVE THEIR INTEREST IN THE MATTER FINALLY SATISFIED.

X X X

TO FREE YOURSELF FROM YOUR ORDINARY STATE OF MIND  
STOP LISTENING TO YOUR THOUGHTS TALK TO YOU ABOUT YOUR LIFE.

TALK TO YOURSELF, (IF YOU MUST), ABOUT ANYTHING OTHER THAN YOUR OWN LIFE:  
THINK ONLY OF THE FUNNY, THE FICTIONAL, THE NON-AGRESSIVE & RIDICULOUS.  
BE A PRIVATE FOOL.

X X X

A MAN STARING INTENTLY WITHIN HIMSELF -- HAS NO SELF.

ONE MAN DECIDED THAT THE WAY HE WAS GOING ABOUT ALL OF THIS WAS:  
 "FAR TOO SERIOUS --  
 SO SERIOUS IN FACT, AS TO BE BLOCKING ME FROM SEEING WHAT  
 IT'S ACTUALLY ALL ABOUT."

TRYING TO "AWAKEN IS JUST ONE MORE THING TO THINK ABOUT.

X X X

A MAN THINKING ABOUT HIMSELF -- HAS NO REAL SELF.

X X X

SOMEONE STRUGGLING FOR THAT OTHER STATE OF MIND WITHOUT UNDERSTANDING  
 WHAT IT IS  
 IS LIKE A MAN TRYING TO GET OUT OF A CLOSED BOX INWHICH HE IS TRAPPED:  
 BUT THERE ARE TWO PROBLEMS NEVER REALIZED BY THE UNENLIGHTENED:  
 ONE IS THAT THERE ARE NO INSTURCTIONS FOR ESCAPE FROM THE BOX,  
IN THE BOX,  
 AND SECOND: THINKING ABOUT WANTING TO ESCAPE FROM THE BOX  
 IS WHAT THE BOX IS CONSTRUCTED OF.

WANTING TO AWAKEN IS JUST ONE MORE THING TO HAVE TO THINK ABOUT --  
 -- IF YOU'RE STILL HAVING TO THINK.

X X X

ONE MAN GAVE HIS MIND THE NAME OF A RADIO STATION,  
 ALONG WITH ITS OWN SLOGAN:  
 "WBOR -- PLAYIN' THE OLDIES."

A MAN ASKED A MYSTIC FOR HIS VIEWS ON A CERTAIN MATTER,  
 AND AFTER THE MYSTIC REPLIED THAT HE DIDN'T HAVE "VIEWS",  
 THE MAN KEPT INSISTING FOR A RESPONSE, SAYING THAT,  
 "EVERYONE HAS VIEWS -- YOU MUST HAVE VIEWS.",  
 SO THE MYSTIC FINALLY SAID:  
 "OKAY, BUT I DON'T THINK ABOUT MY VIEWS."

X X X

BEING IN THAT OTHER STATE OF MIND IS NOT SIMPLY ABOUT,  
 "NOT THINKING",  
 BUT RATHER IS ABOUT LIVING YOUR LIFE WITHOUT THINKING ABOUT YOUR LIFE,  
 (OR ANYONE ELSE'S WHO'S CONNECTED TO YOU).

AND ONE MAN CONFIDES: "I CAN ALWAYS TELL WHEN I'M ABOUT TO HAVE  
 ONE OF THOSE 'SPECIAL REALIZATIONS'  
 'CAUSE I SUDDENLY FEEL GIDDY."

QUESTION: JUST WHAT IS ALL OF THIS, "BEING AWAKE, AND ENLIGHTENED" STUFF  
 OTHER THAN A MAN FEELING UNUSUALLY -- "GIDDY"?!

AND ONE MAN'S PRIVATE PERSPECTIVE OF ALL THIS ACTIVITY,  
 HE PICTURES THRU THE WORDS:  
 "IT'S ALL JUST A BIT OF GOOD NATURED FUN."

X X X

WANTING TO BE ENLIGHTENED IS JUST ONE MORE THING TO THINK ABOUT.

A MAN EMERSED IN HIS OWN THOUGHTS HAS NO SELF OTHER THAN THE THOUGHTS  
 INWHICH HE IS EMERSED.

STRUGGLING TO BE FREE IS JUST ONE MORE THING TO THINK ABOUT.

WHEN A CERTAIN MYSTIC WAS ASKED TO GIVE HIS "PHILOSOPHY OF LIFE",  
AND HE SAID THAT HE DIDN'T HAVE ONE, BUT WAS NONETHELESS PUSHED  
TO RESPOND, FINALLY RELENTED AND SAID:

"IF I HAD ONE IT WOULD BE THAT I WISH THAT EVERYONE AWAKENS  
WHO WANTS TO AWAKEN.",

HE PAUSED THEN ADDED:

"BUT I MUST NOTE FOR YOU THAT:

A MAN WITH A PHILOSOPHY OF LIFE IS NOT FULLY LIVING LIFE."

WHAT IS THE DREAM OF AWAKENING OTHER THAN ONE MORE THING TO THINK ABOUT?!  
HAVING A VIEW OF LIFE TAKES UP TIME YOU COULD SPEND LIVING LIFE.

X X X

WHAT IS MAN'S ORDINARY STATE OF MIND OTHER THAN  
ALWAYS WANTING TO BE SOME WHERE ELSE,  
AND YOUR CONSCIOUSNESS CONSUMED BY SUCH THINKING?!

THIS COMMENT DROVE A MAN TO ASK A MYSTIC:

"WHY DO WE SO COMMONLY WISH THAT WE WERE SOME PLACE  
OTHER THAN WHERE WE ARE?", AND THE MYSTIC REPLIED:

"MIGHT IT BE THAT WHEN YOU ARE NOT YOUR REAL SELF  
THIS MAKES YOU DISSATISFIED WITH ALL OTHER CIRCUMSTANCES?!"

BEING ASLEEP IS JUST SOMETHING FOR THE MIND TO DO WHEN YOU ARE NOT  
USING IT TO LIVE.

AS HIS UNDERSTANDING OF WHAT ALL OF THIS IS REALLY ABOUT  
BECAME CLEARER, ONE MAN SAID: "IT'S LIKE COMING OFF A LONG  
LOSING STREAK --

-- EXCEPT, 'A LOSING-STREAK' IN WHICH NOTHING WAS, OR COULD HAVE BEEN,  
ACTUALLY -- 'LOST'."

A MAN SAID TO A MYSTIC:

"IF THINKING IS THE PROBLEM THEN I MUST TELL YOU THAT:  
I CAN'T HELP WHAT I THINK!", AND THE MYSTIC REPLIED: "YES YOU CAN.",  
AND ANOTHER MAN SAID TO THE MYSTIC:

"IF WHAT I FEEL IS THE PROBLEM, I MUST TELL YOU THAT:  
I CAN'T HELP HOW I FEEL.", AND THE MYSTIC REPLIED: "YES YOU CAN.",  
AND A THIRD MAN SAID TO THE MYSTIC:

"IF MY THINKING IS THE PROBLEM, THEN I'VE GOTTA TELL YOU THAT:  
I CAN'T HELP WHAT I THINK.", AND THE MYSTIC REPLIED:

"YES, YOU'RE CORRECT.", AND A FOURTH MAN SAID TO THE MYSTIC:

"IF WHAT I FEEL IS THE PROBLEM, THEN I MUST POINT OUT THAT:  
I CAN'T HELP HOW I FEEL.", AND THE MYSTIC REPLIED:

"YES, OF COURSE YOU'RE CORRECT.", AND CAN YOU BELIEVE THIS:  
NO ONE OF THE FOUR WAS SATISFIED WITH THE MYSTIC'S RESPONSE TO  
THE PROBLEM THEY NOTED.

AFTER YET ANOTHER ATTEMPT TO RID HIS HOUSE OF CERTAIN UNWELCOME GUESTS,  
A MAN'S NEIGHBOR SAID TO HIM: "DO YOU KNOW THAT THERE ARE MORE INSECTS  
JUST ON YOUR PROPERTY THAN THERE ARE HUMANS ON THE ENTIRE PLANET?!:  
YOU'LL NEVER BE TOTALLY RID OF THEM.", AND THE MAN REPLIED:  
"THAT MAY BE -- ALL I WANT IS JUST ONE AREA TO CALL ALL MINE.",  
AND A THIRD MAN WHO OVERHEARD THIS THOUGHT: "THOSE ARE MY SENTIMENTS EXACTLY  
REGARDING MY . . . CONSCIOUSNESS."

WHAT IS "BEING ASLEEP OTHER THAN SOMETHING FOR THE MIND TO DO  
WHEN YOU'RE NOT USING IT TO LIVE?!,  
AND WHAT IS WANTING TO "WAKE UP" OTHER THAN JUST  
ONE MORE THING TO THINK ABOUT?!