

MY NEWS FOR MAY 19, 1999

AN ENLIGHTENED MAN DOES NOT FEEL HIMSELF TO HAVE AN "I" EXCEPT WHEN HIS CONSCIOUSNESS IS SEPARATED FROM THE CHATTER OF HIS THOUGHTS.

THUS, TO HIM, AN INDIVIDUAL "I" ONLY COMES INTO EXISTANCE THROUGH HIS CHOOSING TO HAVE AN "I" IN HIS CONSCIOUSNESS IN PREFERENCE TO THE TALKING-THOUGHT THAT NORMALLY FILLS IT.

A MAN WHO UNDERSTANDS THIS CAN MAKE HISSELF ENLIGHTENED ANY TIME HE CHOOSES WITHOUT BEING IN THE STATE OF ENLIGHTENMENT: HE ACHIEVES IT BY SIMPLY DECIDING TO DO IT.

THIS IS DIFFICULT TO PUT INTO WORDS BUT I AM GOING TO TRY.

THERE WAS ONCE A MAN WHO FOUND HIMSELF ON A ROAD WITHWHICH HE WAS DISSATISFIED:

HE EVENTUALLY DISCOVERED A STRANGE THING ABOUT THE ROAD: WITH EVERY STEP HE TOOK, IT SPLIT INTO TWO SEPARATE PATHS: ONE, STILL UNSATISFACTORY, (BECAUSED IT TALKED TO HIM), AND THE OTHER, THE ANSWER TO HIS DISSATISFACTION BECAUSE IT NEVER SPOKE.

THE PRECISE REASON THAT LIBERATED CONSCIOUSNESS CANNOT BE PROPELY DESCRIBED IN WORDS IS THAT WORDS ARE THE IMPRISONMENT.

FREED, ENLIGHTENED CONSCIOUSNESS CANNOT BE DESCRIBED FOR YOU CANNOT DESCRIBE "NOTHING", USING "SOMETHING" -- WORDS.

YOU IN FACT CANNOT ACHIEVE THE PRODUCTION OF A REAL "I", (WHICH IS THE DISTINGUISHING MARK OF THE ENLIGHTENED), IF THERE ARE ANY WORDS IN YOUR CONSCIOUSNESS SAYING ANYTHING ABOUT WHAT YOU ARE PRESENTLY DOING TO ACHIEVE ENLIGHTENMENT.

EVEN ONE WORD TO YOURSELF ABOUT WHAT YOU ARE DOING IN SEPARATING YOUR CONSCIOUSNESS FROM YOUR MIND'S TALK CAUSES THE INSTANT LOSS OF "I", AND SUBMERGES CONSCIOUSNESS TOTALLY IN TALK.

THIS IS DIFFICULT TO PUT INTO WORDS, BUT I AM GOING TO TRY.

IF YOU KNOW HOW TO "DO IT" YOU CAN EITHER: DO IT,  
 OR TRY TO EXPLAIN HOW TO DO IT TO OTHERS,  
 BUT WHAT YOU CANNOT DO, CONTEMPORANEOUSLY, IS TO "DO IT",  
 WHILE TRYING TO EXPLAIN HOW TO DO IT TO OTHERS,  
 (OR, IF THAT IS POSSIBLE THEN IT IS SO IN SOME UNIVERSE  
 I HAVE YET TO VISIT),  
 BUT THE POINT I MAKE HERE IS THAT EVEN AFTER YOU DISCOVER,  
 "HOW TO DO IT",  
YOU CAN'T DO IT WHILE EXPLAINING TO YOURSELF HOW YOU'RE DOING IT.

THERE HAS NEVER BEEN BUT THE ONE TRUE WAY TO ACHIEVE ENLIGHTENMENT  
 AND THAT IS THE ONE THAT IS TOTALLY SILENT --  
 THE ONE WITH NO NAME AND NO DESCRIPTIONS OR EXPLANATIONS OF HOW IT WORKS.  
 I DO NOT MAKE SUCH A STATEMENT SO AS TO APPEAR INEGMATICALLY PROFOUND,  
 OR DIFFICULT TO UNDERSTAND:  
 I TELL YOU THIS BECAUSE IT IS THE BLUNT, UNEMBELISHED TRUTH CONCERNING  
 WHAT IT TAKES TO WAKE UP AND SUSTAIN THE CONDITION.

"WAKING UP" AND THUS PRODUCING A REAL "I" IN YOU  
 IS SO MUCH AN INDIVIDUAL AND PRIVATE MATTER THAT EVEN AN WAKENED MAN  
 DOES NOT SPEAK TO HIMSELF ABOUT IT -- INDEED, HE CANNOT,  
NOT WITHOUT INSTANTLY FALLING BACK INTO MAN'S NATURAL-BORN STATE OF MIND.

THE POSSIBILITY OF THE SITUATION COULD BE PUT THUS:  
 IT IS AS THOUGH YOUR LEFT FOOT STANDS ON THE TRADING FLOOR OF WALL STREET,  
 AND YOUR RIGHT FOOT IN A DESERTED PASTURE,  
 AND THAT ONE OF YOUR FEET IS ARTIFICIAL, (EVEN THOUGH ACTIVE & NOISY),  
 WHILE THE OTHER IS REAL, THOUGH UNMOVING & SILENT.

THIS IS DIFFICULT TO TO PUT INTO WORDS, BUT I AM GOING TO TRY.

I WANT YOU TO BELIEVE WHAT I AM TRYING TO TELL YOU,  
AND BY IT BE NEWLY ENCOURAGED AND ENTHUSED,  
FOR "DOING IT" IS SIMPLIER THAN ANYONE CAN EVER INITIALLY IMAGINE,  
BUT SUSTAINING IT, EVEN AFTER YOU DISCOVER HOW TO DO IT,  
GOES AGAINST ALL OF YOUR NATURAL BORN MENTAL INSTINCTS,  
AND REQUIRES A BIT OF INDIVIDUAL INGENUITY & DEXTERITY  
FORWHICH NO ONE IS ROUTINELY PREPARED.

BUT ONCE YOU SEE "HOW TO DO IT" CLEARLY FOR YOURSELF  
ALL OF THE FRUSTRATION AND PRESSURE YOU'VE FELT IN TRYING TO AWAKEN  
IS RELIEVED, AND REPLACED BY YOUR OWN UNDERSTANDING OF HOW TO DO IT  
ANY TIME YOU CHOOSE,  
ALONG WITH THE REALIZATION OF WHAT AN INFINITESTIMAL AMOUNT OF  
THAT MOST ORDINARY COMMODITY -- MENTAL CHATTER -- YOU NEED ALLOW  
FOR YOU TO INSTANTLY LOSE IT AGAIN.

BUT ONCE, "HOW TO DO IT" IS UNDERSTOOD -- HAVE-NO-FEAR!,  
FOR RELIEF, ENLIGHTENMENT, AWAKENING IS ALWAYS: NEAR, NEAR, NEAR.  
...AFTER ALL: SILENCE IS ALWAYS AS CLOSE AS NOISE, (THAT IS):  
THE SILENCE OF YOUR REAL "I" IS JUST AS NEAR AS YOUR  
MEANINGLESS, MENTAL TALK.

THERE WAS ONCE AN ENLIGHTENED MYSTIC WHO, WITHOUT FAIL,  
SEVEN DAYS A WEEK, FIFTY-TWO WEEKS A YEAR,  
DID NOT GIVE A LECTURE ON ENLIGHTENMENT:  
AND ONLY EVERY TWENTY YEARS DID HE BOTHER TO EXPLAIN TO ANYONE  
HIS REASON,  
THAT: "TALKING ABOUT BEING AWAKE  
PUTS ME TO SLEEP.",  
AND ONLY EVERY TWENTY YEARS OR SO DID ANYONE BENEFIT FROM  
HIS EXPLANATION.

THIS IS ALL MOST DIFFICULT TO PUT INTO WORDS, BUT I WILL CONTINUE TO TRY.

WHEN YOU ATTEMPT TO EMPLOY A DESCRIBED MTHOD TO ENCOURAGE AWAKENING,  
 SUCH AS TRYING TO CONSTANTLY THINK OF BUT A SINGLE THOUGHT ,  
 A "NOISE" OCCURS EVERY TIME YOU CATCH YOURSELF AMIDST THE MANY THOUGHTS  
 AND MAKE THE SHIFT INTO THE THINKING OF BUT THE ONE THOUGHT,  
 BUT THE REAL, "DOING IT", WHEN DONE, MAKES NO NOISE:

THE SHIFT FROM THE STATE OF MENTAL CHATTER TO THAT OF, "DOING IT" -  
 -- NOT: THINKING ABOUT DOING IT: NOT PLANNING TO DO IT,  
 NOT MERELY ATTEMPTING TO DO IT -- BUT ACTUALLY, "DOING IT" --  
 THAT SHIFT IS TOTALLY SILENT.

WHAT THROUGHLY GOOD NEWS YOU'RE HEARING.

TRYING TO DESCRIBE WHAT IT IS TO JUST "DO IT"  
 IS LIKE TRYING TO PROVE TO SOMEONE THE EXISTANCE OF "NOTHINGNESS":  
 IT IS LIKE ATTEMPTING TO DESCRIBE SILENCE, USING SPEECH.

ME TRYING TO DESCRIBE WHAT I MEAN BY JUST, DOING IT"  
 AND YOU TRYING TO THINK ABOUT WHAT IT MEANS,  
 BOTH MOMENTARILY BUT TOTALLY MAKE A STATE OF ENLIGHTENMENT IMPOSSIBLE,  
 INTHAT THE VERY ACTIONS THEMSELVES MAKE YOUR CONSCIOUSNESS  
 DISAPPEAR INTO THE TALK-OF-YOUR-THOUGHTS,  
 AND MAKES IMPOSSIBLE THE INSTANT APPEARANCE OF YOUR REAL "I",  
 YOUR TRUE, ENLIGHTENED, AND MENTALLY SILENT SELF.

HAVING ONCE HEARD THESE ATTEMPTED DESCRIPTIONS OF JUST "DOING IT",  
 AND THEN RE-DISCOVERING ITS REALITY FOR YOURSELF -- IN YOURSELF,  
 YOU WILL CONCUR IN MY JUDGEMENT:

"WHAT THROUGHLY, THROUGHLY, GOOD AND MOST SPLENDID NEWS THIS BE." --  
 THAT I NO LONGER WILL BE UNCERTAIN AS TO MY INNER DESCRIMINATION  
 BETWEEN: WHAT I AM AND WHAT I CAN BE. BETWEEN MY REAL "I" & MERE TALK,  
 ...WHAT THROUGHLY SPLENDID AND EYE OPENING INFORMATION, (THAT):  
 "I", (JUST LIKE ENLIGHTENMENT), IS SILENT:  
 ONLY "TALK" -- TALKS.

WHAT THROUGHLY GOOD NEWS YOU'VE JUST HEARD.....DID YOU INDEED, HEAR IT?!