

MY NEWS FOR MAY 14, 1999

ONE MAN WAS A CITIZEN OF A SMALL COUNTRY:  
 HE DREAMED OF LIVING IN THE BIG PLACE-- WHERE THE BIG BOYS DO,  
 BUT WHAT HE DIDN'T KNOW WAS THAT EVEN THE BIG BOYS DON'T LIVE THERE.  
 ...WE'RE ALL INHABITANTS OF THE SAME PLACE...EITHER ENJOY IT OR NOT...  
 ...IT'S YOUR CHOICE -- SEEMINGLY.

"HELLO, HORMONES, IT'S ME: I'M JUST CHECKING IN TO SEE HOW  
 I'M GOING TO FEEL ABOUT THIS...HELLO, DO YOU HEAR ME?!....  
 CAN YOU ANSWER ME?....THAT IS IN ANY OTHER MANNER THAN THAT OF:  
 'ME=ACTING-BEFORE-I'VE-HAD-TIME-TO-THINK-ABOUT-IT'?"

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A MAN ASKED AN EXTERMINATOR:  
 "CAN YOU EXPLAIN TO ME IN SIMPLE TERMS WHAT IS MEANT BY:  
 'LIVING IN DAY DREAMS'?", AND THE PURSUER-OF-ALL-PLAGUES REPLIED:  
 "IT IS PASSIVELY ACCEPTING WHAT GOES ON IN YOUR MIND ABOUT LIFE  
FOR LIFE.

WHAT GOES ON IN THE MIND EXISTS ONLY IN THE MIND,  
 AND HAS NO REALITY OUTSIDE THEREOF.

IF YOU BECOME PERMANENTLY AWARE OF THIS IT IS THOUGH YOUR MIND  
 EMERGES FROM A FOG OF BIZZARE IMAGES.",

"SORT OF LIKE, 'WAKING-UP-FROM-A-BAD-DREAM?!'", OFFERED THE MAN,  
 AND THE EXTERMINATOR GAVE HIM A COCKED-THUMB, FINGER-PISTOL-SHOT  
 AS HIS AGREEABLE RESPONSE.

REMEBER A MAN MENTIONED ON A PREVIOUS NIGHT WHO CONTINUALLY  
 ASKS HIMSELF: "HEY, WHAT GOES ON AROUND HERE WHEN I'M NOT  
 PAYING ATTENTION?", WELL, THE ANSWER IS -- NOTHING!,  
 NOTHING IS GOING ON....WELL, NOTHING THAT IS, BESIDES THE  
 MIND'S MISTAKEN IMPRESSION THAT SOMETHING IS GOING ON."

THE DITCH RUNNING ALONG SIDE THE PATH TO ENLIGHTENMENT IS LITTERED  
 WITH THE STILL SQUIRMING BODIES OF THOSE WHO NEVER SAW THROUGH THE

ONE MAN NAMED HIS SCHOOL FOR ENLIGHTENMENT: "SO WHAT'S YOUR PROBLEM?!",  
 AND WHEN THE TIME CAME THAT GRADUATION SEEMED A REAL POSSIBILITY,  
 HE'D SLIP YOU A CRIB SHEET WITH THE WORDS: "IT'S JUST IN YOUR MIND.  
 ...WHATEVER IT IS, WHATEVER IT WAS -- IT'S JUST IN YOUR MIND."

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ONE MAN'S LATEST OBSERVATION:  
 "WHAT WE NEED IS A ROLE MODEL,  
 BUT A ROLE MODEL WHO HAS NO ROLE OF HIS OWN --  
THAT'S THE ROLE MODEL WE NEED!

BUT WHERE TO FIND SUCH A MAN?!.....  
 AND HOW COULD WE RECOGNIZE HIM IF WE SAW HIM?!...  
 (WHAT WITH HOW DEEP WE ARE, LOST IN OUR OWN ROLES)?!"

EVEN BEGINNER MYSTICS CAN SEE MAN'S SHAMEFUL STATE OF "SLEEP",  
 BUT ONLY THOSE TRULY AWAKE DON'T SEE ANYTHING OUT OF THE ORDINARY  
 GOING ON.

FACT: LIFE SEEMS "MYSTERIOUS" TO THE MYSTICALLY INCLINED,  
 BUT ONCE YOU GET PAST THE MERE INCLINE,  
 AND FALL OVER FULLY ON YOUR FACE,  
 THE ONLY THING MYSTERIOUS IS: HOW COME THE ONE SHOE IN THE ROAD,  
 AND WHY ARE THERE NONE ON THE PATH TO ENLIGHTENMENT?!.....  
 OR DOES SOMEONE GO AHEAD OF US AND PICK THEM UP?!.....  
 AND COME TO THINK ABOUT IT: HOW COME SO MANY DRAWINGS OF PAST MASTERS  
 SHOW THEM BAREFOOTED?!....."

YES SIR, DON'T YOU AGREE: WHAT WE NEED IS A "ROLE MODEL",  
 BUT ONE SO LACKING IN A ROLE OF HIS OWN AS TO BE UN-SPOTTABLE,  
 A MERE, "FACE-IN-THE-CROWD",  
 NOT AT ALL DISSIMILAR TO HOW ENLIGHTENMENT ACTUALLY LOOKS,  
 (THAT IS, IF YOU COULD SEE IT FROM A NON-ENLIGHTENED POSITION....  
 ....WHICH YOU CAN'T, BUT WHICH YOUR MIND BELIEVES IT CAN,  
 WHICH IS A MATTER OF PUTTING ON A BLINDFOLD WHEN YOU'RE ALREADY IN  
 A TOTALLY DARKENED ROOM.

IF BEING WISE & AWAKENED IS YOUR ROLE MODEL, DO KNOW THAT SUCH A  
 CONDITION IS SO DEVOID OF A ROLE OF ITS OWN AS TO BE CONSTRUCTIVELY,  
 UNDISCOVERABLE      DISCOVERING THAT IS BEING "ENLIGHTENED"

A MAN WENT INTO A CERTAIN EXTERMINATOR'S SHOP AND SAID TO HIM:  
 "YEARS AGO I HEARD YOU GIVE A LECTURE WHENEVER YOU SAID THAT  
 THE DISTINGUISHING CHARACTERISTIC OF MAN WAS THAT HE ALONE HAD  
 THE ABILITY, IF HE SAW AN ANT DIRECTLY IN THE PATH OF HIS FOOT,  
 TO MAKE THE WILFULL EFFORT TO STEP OVER IT,  
 WELL, I'VE THOUGHT ABOUT THAT AND I WANT TO KNOW  
 HOW DO YOU KNOW THAT A HURRICANE DOESN'T HAVE ITS OWN FORM OF  
 CONSCIOUSNESS AND CAN DECIDE TO PASS BY SOME POPULATED ARE?!",  
 AND THE PERSECUTOR-OF-THE-NOXIOUS REPLIED:  
 "I DON'T, AND NEITHER DOES ANYONE ELSE,  
 AND THE ONLY DIFFERENCE BETWEEN YOU AND ME IS THAT I  
 KNOW THAT NO ONE DOES AND YOU AREN'T ABLE TO FACE THE FACT."

LIVING IN A STATE OF DAY-TIME-SLEEP  
 PROVIDES YOU WITH DREAMS WHICH SHELTER YOU FROM ANY  
 DIRECT CONFRONTATION WITH YOUR OWN IGNORANCE OF THINGS:  
 THE ONLY "TRANSCENDENTIAL SUCCESS" THERE IS IS  
 FACING UP TO THE SITUATION.

IF WHATEVER IT IS IS ORGANIC, IT CAN'T HURT YOU:  
 IF WHATEVER IT IS IS A PRODUCT OF THE MIND, WELL....CALL THE DOCTOR,  
 AND BE PREPARED FOR A LIFE TIME OF FUTILE TREATMENTS.

IF YOU CAN PULL YOURSELF UP, OUT OF THE DITCH OF THINKING THAT  
 THERE ARE THINGS TO "BE ACCOMPLISHED", AND GET BACK TO ACTUALLY  
 TRYING TO WALK THE ROAD,  
 YOU WILL EVENTUALLY REALIZE FOR YOURSELF THAT THERE IS NO "CURE" FOR  
 IGNORANCE THAT IS "ACCOMPLISHED" THRU THE ACQUISITION OF KNOWLEDGE:  
 NO, THE CURE FOR ALL QUESTIONS, UNCERTAINTIES & MENTAL FRUSTRATIONS  
 IS TO CALMLY & QUIETLY "OPEN YOUR EYES & ATTENTION",  
 AND SEE QUITE PLAINLY THAT ALL IGNORANCE AND ALL WISDOM ARE:  
 "JUST VAPOROUS NOTIONS FLOATING AROUND ONLY IN YOUR MIND."

MEN WHO SERIOUSLY BELIEVE THAT THEY KNOW ANYTHING ARE "FOOLS ASLEEP"  
 WHO THINK THEMSELVES AWAKE AND WISE.

A TRULY ENLIGHTENED MAN IS A "KNOW-NOTHING-IDIOT",  
 - SAME AS EVERYONE ELSE -- ONLY DIFFERENCE BEING THAT:  
 HE IS QUIETLY & PRIVATELY AWARE OF IT.

ONE MAN ALWAYS WORTH QUOTING RECENTLY SAID, (IN PART):  
 "I AM EQUALLY SERIOUS ABOUT EVERYTHING....",  
 (YOU ADD YOUR OWN SNAPPY ENDING TO THAT SENTENCE),

AND ALSO: WHENEVER SOMEONE SAYS SOMETHING SUFFICIENTLY WITTY,  
 SHOCKING, OR APPARENTLY PROFOUND AS TO BRING THE CONVERSATION  
 TO A HALT,

HE'D OFTEN LOOK AT THE SPEAKER AND SAY:

"OH MAN, YOU FOR SURE HAVE -- 'ALL THE MAKIN'S'!",

AND NO ONE EVER HAS THE NERVE TO ASK HIM:

"ALL THE 'MAKIN'S' FOR WHAT?".

MORAL: IF YOU'RE AN ORDINARY MENTAL PERSON,  
 YOU DON'T WANT TO KNOW....NOW DO YOU?!

COROLLARY: IT IS THOSE IN BLISSFULLY IGNORANCE OF THEMSELF  
 WHO INSIST ON THE NEED TO, "KNOW YOURSELF".

...ASK YOURSELF THAT WHICH THEY WILL NOT:

"WHO IS IT THAT --'NEEDS TO KNOW'?",

AND WHAT GOOD DO THEY EXPECT TO COME FROM IT?

...A SQUIRREL DOESN'T KNOW ITSELF, THAT IS:

A SQUIRREL DOESN'T EVEN KNOW THAT IT IS A SQUIRREL,

AND WHAT DO YOU SEE LACKING IN ITS LIFE?!,

IN WHAT POSSIBLE WAY WOULD ITS LIFE BE ENHANCED IF IT COULD BE  
 MADE AWARE OF THE FACT THAT IT IS IN FACT

WHAT WE HUMANS CALL:"A SQUIRREL"?!

"HELLO, HELLO -- CALLING ALL HORMONES, CALLING ALL THOUGHTS!,

CAN EITHER OF YOU HEAR ME AND RESPOND? -- OH, BY THE WAY:

YOU THOUGHTS CAN IGNORE THIS CALL -- THANK YOU ALL THE SAME....

HELLO, HELLO, IS ANYONE OUT THERE?!....."

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NOTE: IF THE AIM IS TO STUDY & UNDERSTAND THE MIND, THEN DIG IT:  
 YOU'LL NEVER UNDERSTAND THE MIND BY STUDYING THE THOUGHTS IN IT.  
 SUCCESS COMES FROM LOOKING FOR ITS BOUNDRIES.

IN FACT, HERE'S A PERTINENT APPROACH:  
 DON'T ALLOW ANY THOUGHT TO LINGER IN YOUR MIND OTHER THAN THE ONE  
 THAT PICTURES YOUR THOUGHTS RIGHT UP AGAINST THE OUTER PERIMETER  
 OF YOUR MIND.

ABOVE & IN LIEU OF ALL OTHER IDEAS, HOLD JUST THIS PICTURE,  
 AND TRY TO ACTUALLY FEEL YOURSELF MENTALLY RIGHT AGAINST THE  
 EXTREME, OUTER WALL OF YOUR MIND:

SMACK DAB UP AGAINST IT:

IT WON'T MOVE,

YOU CAN'T GET OVER IT,

YOU CAN'T GET AROUND IT,

THE WALL IS THERE AND SIMPLY WILL NOT BUDGE --

PLUS THERE'S THE FACT THAT THERE'S NOTHING ON THE OTHER SIDE OF IT  
 ANY WAY .....DON'T FORGET THAT:

THEN SIMPLY HOLD THIS PICTURE IN YOUR MIND AS CONSISTANTLY AS POSSIBLE,  
 AND DON'T WASTE YOUR TIME ON ANY THOUGHTS THAT WANT TO PLAY AROUND  
 IN OTHER AREAS OF YOUR MENTAL YARD:

YOU KEEP YOUR WILFULL ATTENTION STRICTLY GLUED TO THE PERIMETER --

-- THERE IS WHERE THE LIGHT WILL FINALLY & FULLY

FALL-ON-YOUR-MIND.

IN THE YELLOW PAGES, ONE MAN LISTED HIS SCHOOL FOR CLEAR-HEADEDNESS  
 UNDER THE NAME: "DON'T LET YOUR THOUGHTS REST ON ANYTHING EXCEPT THE  
 INESCAPABLE, SELF-CONTAINED NATURE OF THEMSELVES.",

(HE WANTED TO CALL IT: "SO WHAT'S YOUR PROBLEM IN DOING THAT?!",

BUT THE PHONE COMPANY SAID SOMEONE ALREADY HAD A NAME TOO SIMILAR TO THAT.

...THE MAN LATER MUSED: "HELL, EVERYTHING MENTAL IS - 'TOO SIMILIAR'  
 TO EVERYTHING ELSE TO DESERVE ITS OWN UNIQUE IDENTIFICATION,

....DOESN'T ANYONE REALIZE THAT BY NOW?!"

ALTHOUGH HE FOUND HIMSELF IN PRISON,  
 ONE MAN CONTINUED THE STRUGGLE FOR THAT SPECIAL STATE OF  
 MENTAL LIBERATION, AND USED AN APPROACH WHICH HE THOUGHT OF AS:  
 "ALWAYS: 'TAKE-THE-INITIATIVE.'",  
 (THUS FOR INSTANCE): JUST BEFORE THE SCHEDULED TIME FOR BREAKFAST  
 HE'D SAY --> "I'M READY TO EAT' NOW.",  
 AND RIGHT BEFORE, LIGHTS OUT HE'D ANNOUNCE: "I'M GOING TO BED."  
 SUCH WAS HIS VIEW: "'ALWAYS: TAKE-THE-INITIATIVE", ALWAYS APPEAR TO:  
 'BE-IN-CONTROL'.  
 EVEN IF IT MIGHT SEEM TO AN OUTSIDE OBSERVER THAT YOUR ACTIONS  
 ARE IMPOTENT,  
 IT MAKES NO DIFFERENCE CONCERNING THE GOAL YOU SEEK  
 FOR GOING AHEAD AND TAKING RESPONSIBILITY BEFORE AN  
 INEVITABLE ACT OCCURS IS WHAT A MORE AWAKE & LIBERATED WOULD DO.

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A MAN ASKED AN EXTERMINATOR:  
 "I CONTINUE TO HEAR THE TERM, 'BEING ASLEEP',  
 BUT REMAIN UNCERTAIN AS TO WHAT IT SPECIFICALLY REFERS?!",  
 AND THE WEEDER-OF-BLIGHTS REPLIED:  
 "TO 'BE ASLEEP' IS TO REMAIN UNAWARE THAT ALL OF YOUR MENTAL ACTIVITY  
 EXISTS ONLY WITHIN ITSELF, AND HAS NO SIGNIFICANCE OUTSIDE THEREOF.  
 BEING IN SUCH A NORMAL, MENTAL CONDITION IS, 'BEING ASLEEP'.",  
 AND THE MAN WALKED AWAY, THINKING ABOUT IT...  
 ...HIS SNORING ALMOST AUDIBLE.

A PRISONER CONFINED TO A CELL LARGE ENOUGH,  
 WHO STAYS ONLY NEAR ITS CENTER  
 CAN KEEP HIMSELF OBLIVIOUS TO HIS CONFINEMENT.  
 ...(THIS IS WHY HUMANS ---- SINCE TIME IMMEMORIAL ---  
 HAVE LIVED BY THE CAUTION: "DON'T GET TOO CLOSE TO THAT THING!")

IN HIS DESIRE TO RID HIS MIND OF ALL DISTORTIONS  
 ONE MAN LIVED FOR MANY YEARS, ALONE AND IN SILENCE  
 BUT PERIODICALLY, AT UNEXPECTED TIMES WHEN HE'D HAVE A  
 PARTICULARLY INSIGHTFUL THOUGHT,  
 HE WOULD INVOLUNTARILY SPEAK ALOUD TO HIMSELF,  
 OFTEN SAYING LITTLE MORE THAN: "JEEZE!, HOW OBVIOUS!",  
 (AND STUFF LIKE THAT),  
 AND THESE OCCURANCES WERE ALWAYS OF SUCH A DELIGHTFUL NATURE  
 THAT ONE DAY HE FOLLOWED SUCH A VERBAL OUTBURST BY ALSO SAYING:  
 "MAYBE I SHOULD START TO REGULARLY TALK TO MYSELF OUT LOUD (?!?)",  
 BUT QUICKLY TURNED HIS EYES UPWARD TOWARD HIS BRAIN, & SAID: "  
 "NAW, THAT'D JUST GIVE THE IMPRESSION THAT SOMETHING WAS ACTUALLY,  
 'GOING-ON'."

AFTER HAVING THOUGHT & SAID ALL OF THIS TO HIMSELF,  
 AND FIGURING THAT NO ONE ELSE WOULD EVER UNDERSTAND IT,  
 HE WROTE IT ALL DOWN.

...LATER ADDING A "P.S." THAT READ:  
 "IF SOMETHING YOU THINK OF DOESN'T MAKE SENSE,  
 TELL SOMEONE ELSE ABOUT IT AND IF IT MAKES SENSE TO THEM,  
 BUT EVEN AFTER HEARING YOURSELF DESCRIBE IT,  
 IT STILL DOESN'T MAKE SENSE TO YOU -- THEN:  
 GO WRITE IT DOWN,  
 AND AFTER HAVING DONE SO,  
 IF YOU THEN READ WHAT YOU WROTE AND IT STILL DOESN'T MAKE SENSE,  
 THEN TEAR UP THE PAPER IT'S WRITTEN ON,  
 THROW THE PIECES UP IN THE AIR,  
 AND LOOK CAREFULL AT THE PATTERN THEY MAKE WHEN THEY FALL TO THE GROUND,  
 AND SEE IF IT MAKES ANY SENSE TO YOU -- IF SO, THEN:  
 "RUN-FOR-YOUR-LIFE" 'CAUSE YOU'RE FLAMIN' INSANE.

ON HIS HEADSTONE ONE MAN ENSCRIBED THE EPITAPH:  
 "DID I ACCOMPLISH SOMETHING?.....OR DID I FINALLY, 'WAKE UP'?"