

MY NEWS FOR APRIL 21, 1999

WHEN YOU'RE THINKING ABOUT BEING CLEAR-HEADED & MORE INDIVIDUALLY CONSCIOUS  
 IT SEEMS AS THOUGH YOU ARE CLOSER TO BEING CLEAR-HEADED & MORE CONSCIOUS,  
 BUT THIS IS A MENTAL ILLUSION  
 FOR ANY TIME THAT YOU ARE THINKING ABOUT THIS, (OR ANYTHING ELSE),  
 YOU ARE MOST CERTAINLY NOT CLEAR-HEADED,  
 AND YOU ARE A UNIVERSE AWAY FROM BEING MORE INDIVIDUALLY CONSCIOUS,

AND A MAN ASKED A MYSTIC:

"WHY DO I FIND TERMS SUCH AS: 'BEING AWAKE, OR ENLIGHTENED'  
 MORE ATTRACTIVE TO ME THAN BEING MERELY: 'CLEAR-HEADED'?!",  
 AND THE MYSTIC IMMEDIATELY STOMPED ON THE MAN'S FOOT,  
 THEN PRETENDED TO CURE HIS ARTHRITIS,  
 THEN ASKED THE MAN  
 WHICH OF THE TWO THINGS HE FOUND MORE ATTRACTIVE?!

TO ACCEPT THE EMBEDDED NOTION THAT YOU CAN IN ANY MANNER WHATSOEVER,  
 "BE AWAKE" WHILE THINKING ABOUT, "BEING AWAKE",  
 IS AN ILLNESS, AND THE WOULD-BE MYSTIC'S, EVER AVAILABLE,  
 "SUPREME FOOLISHNESS".

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NOTE: ANYONE WHO SPEAKS SERIOUS CRITICISM OF MAN  
 MISDIRECTS FROM A TRUE UNDERSTANDING OF MAN:

BUT, (FURTHER NOTE): THE MIND IS BY NATURE CRITICAL,  
 FOR IT IS THROUGH ITS "CRITICISM" OF MAN'S PHYSICAL ENVIRONMENT  
 THAT HAS COME THE INVENTIONS & CONTRIVANCES THAT HAVE CHANGED  
 THE ENVIRONMENT TO MORE SUITABLY ACCOMMODATE MAN.

BUT: MY OH MY: JUST LOOK HOW FAR FROM THAT FIELD, CRITICISM HAS STRAYED:  
 HOW FAR AFIELD...HOW FAR -- AND UNPROFITABLY SO FOR THE FEW -- AFIELD  
 FROM USEFUL AREAS,

AS LONG AS WE'RE MOMENTARILY AT THIS PARTICULAR VERBAL JUNCTURE  
I CAN OFFER YOU AN ALTERNATIVE WAY OF LOOKING AT THIS MATTER:

RATHER THAN INDULGING IN A BLANKET REBUKE OF THOUGHTS,  
CONSIDER THAT THEY ARE AVAILABLE IN TWO DIFFERENT TYPES:  
THE FIRST TYPE IS SIMPLY: "THOUGHTS", WITH NO MODIFIER ATTACHED,  
WHILE THE SECOND TYPE WOULD BE CALLED SOMETHING LIKE:  
"BLUNDERING THOUGHTS",

(OR: "CARLESS, DISTORTED, OR, ERRONEOUS THOUGHTS")

THOSE WHO CAN APPLY THIS APPROACH MIGHT FIND IT MORE USEFUL AT TIMES  
THAN AN OUT-OF-HAND DEPLORING OF ALL THOUGHTS.

IN THE WONDERLAND INWHICH THIS KIND OF ACTIVITY IS PURSUED:  
ANY COAT HANGING ON THE RACK WILL FIT YOU WHEN THE TIME IS RIGHT --  
....(AND WHEN TIMES REALLY BECOME "RIGHT" -- YOU NO LONGER NEED A COAT.

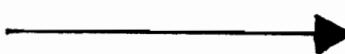
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WHAT IS, "BEING ASLEEP", BUT BEING FOREVER RESTLESS.  
AND WHAT IS "BEING AWAKE" OTHER THAN RESIDING IN THE UNENDING CALM,  
BECAUSE THE UNENDING CALM RESIDES IN YOU?!

I POINT OUT AGAIN THE POSSIBILITY OF EMPLOYING THE VIEW OF THOUGHTS  
AS EITHER BEING, "BLUNDERING", OR NOT,  
AND IF YOU COMPREHEND THIS DIVISION OF TYPES OF THOUGHTS  
THEN INSTEAD OF CONSTANTLY TRYING TO "STOP ALL THOUGHTS"  
IN AN EFFORT TO ACHIEVE MENTAL CALM,  
YOU COULD TRY TO REALIZE SAME VIA ONLY ENTERTAINING THOUGHTS THAT  
ARE, "THOUGHTS-WITHOUT-MODIFIERS" --  
-- THOUGHTS THAT ARE JUST "THOUGHTS" AND NOT,  
"CARELESS, AUTOMATIC, DISTORTING OR BLUNDERING" THOUGHTS."

HINT: THOUGHTS THAT ARE JUST "THOUGHTS", WITH NO CONDITIONS ATTACHED,  
MORE EASILY PASS THRU YOU WITHOUT THE MIND WANTING TO CLING THERETO.

THE THOUGHTS PRIMED TO MECHANICALLY FEED YOUR MIND  
ARE BY THEIR NATURE, "BLUNDERING, CLUMSY & OFF BALANCE"  
IN THAT THEY ARE BORN IN A WORLD OF DUALITIES,  
AND ARE UNABLE TO EVER EXPRESS LIFE'S WHOLENESS,  
THUS, AT THEIR VERY BEST, (A "BEST" THAT IS IN PRACTICE, MEANINGLESS),  
BUT EVEN AT THEIR BEST, AUTOMATIC THOUGHTS PRESENT ONLY ONE OF THE  
MENTALLY PERCEIVED, DUAL POSSIBILITIES.



SO EVEN IF THE PRESENTATION OF ONE OF THE DUALITIES IS, (LET US SAY,  
APPARENTLY, FAIR & ACCURATE, IT STILL OFFERS ONLY A BLUNDERINGM  
SLAP-DASH, HAPHAZARD PICTURE OF THE WHOLENESS OF LIFE  
-WHAT IS, "BEING ASLEEP" BUT BEING A ONE EYED/I'D MAN?!

WHAT IS, "BEING IN THE DARK" OTHER THAN BEING MENTALLY, OFF BALANCED?,  
WHAT IS, "BEING CAPTIVE" BESIDES HOLDING ONLY TO THOUGHTS THAT ARE  
"BLUNDERING & CARELESS"?!

THE MAN IN THE BARNYARD WHO HANDLES DUNG  
SUFFERS NO HARM TO HIS HANDS  
AS LONG AS HE DOESN'T HOLD ON TO IT LONGER THAN NECESSARY.

ERGO & THUS I SAY: NO THOUGHTS CAN DO YOUR CALM HARM,  
EXCEPT THOSE YOU ALLOW TO LINGER LONG ENOUGH  
FOR YOUR MIND TO GET ENTANGLED WITH.

ERGO & THUS THIS FACT: NO THOUGHT WILL DO YOU DAMAGE  
UNLESS BY JOVE,  
YOU PERSONALLY -- THINK ABOUT THE SON OF A BITCH.

...IT'S LIKE A SOLDIER IN THE TRENCHES IN WONDERLAND  
WHO WILL NEVER BE HARMED BY THE BULLETS FLYING OVER  
UNLESS HE STANDS UP AND CATCHES ONE IN HIS TEETH.

THERE WAS ONCE A MAN WHO WAS BORN WITH A FIESTY FALCON  
WHO USED HIS HEAD AS ITS HOME PERCH,  
AND WHO THEREFROM, SUFFERED CONSTANT LACERATIONS TO THE AREA:  
WHEN HE FOUND THAT HE COULD NOT DRIVE THE BIRD  
PERMAMENETLY FROM ITS PERCH ATOP HIS HEAD,  
HE DID EVENTUALLY DISCOVER THAT HE COULD SUITABLY  
DEAL WITH THE SITAUTION & STOP THE DISCOMFORT NORMALLY CAUSED BY  
THE FALCON'S GRIP,  
SIMPLY BY NEVER THINKING ABOUT  
ITS CONSTANT PRESENCE  
ATOP HIS HEAD.

OF COURSE: ONLY IN THE PLAIN-TERRAIN LANDSCAPE OF,  
"PERSONAL WONDERLAND" CAN SUCH NORMALLY, IMPOSSIBLE & ILLOGICAL  
SITUATIONS BE WILFULLY BROUGHT INTO EXISTANCE.

THOSE WHO TAKE ALL THOUGHTS TO BE THE SAME, SUFFER FROM, ALL THOUGHTS,  
WHILE A MAN WHO CAN MAKE DISTINCTIONS, WHERE NONE NATURALLY EXIST,  
CAN MORE READILY MAINTAIN AN OPEN HEAD WHEREBY ALL IDEAS CAN FREELY  
COME RIGHT IN, AND -- PASS RIGHT OUT, WITH NER'EE A HANDPRINT ON 'EM.



.....  
 AND THEN THERE WAS THIS ONE MAN WHO CONSIDERED HIMSELF TO,  
 "BE AT HOME" ONLY WHEN HE WAS, HALF IN THE HOUSE, AND, HALF OUT.

AND STILL ANOTHER MAN WAS SO SUDDENLY STRUCK: "THE WORST THING ABOUT  
 BEING ASLEEP IS THAT WHEN YOU ARE, YOU AREN'T AWARE OF IT, AND BY THE  
 TIME THAT YOU ARE, IT'S TOO LATE AND YOU'RE ALREADY -- SUFFERIN' OVER IT."

A MONK ADMITTED:

"EVERYTHING I KNOW, I GOT FROM MY MASTER,"

AND WHEN ASKED WHAT PERCISELY HE HAD GOTTEN FROM HIS TEACHER, HE REPLIED:  
 "NOTHING -- THAT IS TO SAY:

THE REALIZATION THAT THERE IS NO 'KNOWLEDGE' TO BE HAD  
 THAT IS PERTINENT TO THE AIM TO PERSONALIZE MY OWN CONSCIOUSNESS.

MY MASTER WAS WISE ENOUGH NOT TO ADD TO MY ALREADY PRESENT,  
 USELESS AND DISTRACTING LOAD OF NORMALLY ACQUIRED 'KNOWLEDGE':

HE INSTEAD LAID OUT FOR ME: MAPS WITHOUT EDGES:

A PATH WITH NO BOUNDREIS, & A UNIVERSE NOT HEMMED IN BY WORDS.

WHAT I SOMEHOW GOT FROM MY MASTER WAS -- FREEDOM --

LIBERATION FROM THE GRIP BYWHICH THE MIRAGE OF KNOWLEDGE  
 SQUEEZES FROM MAN

HIS BREATH, HIS SIGHT, HIS HEARING, AND INDIVIDUAL, 'MENTAL SENSES'."

AND NOW TO MOVE FROM THIRD-PERSON-FICTION,  
 TO FIRST-PERSON-REALITY, I SAY TO YOU:

HEED ONLY THE VOICE WITHIN YOU WHICH SERVES TO LIBERATE, NOT CAPTIVATE.

IF YOU KEEP THINKING ABOUT YOURSELF IN THE SAME OLD WAY  
 YOU'LL STAY YOUR SAME OLD SELF.

...THAT'S TERRIBLE!....AND, TERRIBLY TRUE,  
 SO WHY NOT MAKE PERFECTLY TERRIBLE EFFORTS TO ALTER THE SITUATION?!

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A CERTAIN MAN WHO'D NEVER LEFT THE HOUSE INWHICH HE WAS BORN  
 WANTED TO CHANGE ITS INNER STRUCTURE,  
 BUT THE ONLY INFORMATION HE COULD FIND ON THE SUBJECT  
 WERE NOTES SCATTERED ABOUT HIS HOUSE  
 WHOSE REFERENCES WERE LIMITED TO HIS HOUSE,  
 A SITUATION WHEREIN 'INFORMATION' IS DISCOVERED,  
 BUT WHICH INFORMATION IS IN TRUTH, AT BEST, NOTHING MORE THAN  
 A REFLECTION OF THE INSIDE WALLS OF THE CONTAINER INWHICH  
 IT IS DISCOVERED

.....

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IF A TRAIN HAD CONSCIOUSNESS,  
 WHEN IT REACHED THE END OF ITS TRACKS IT MIGHT SAY:  
 "I HAVE DISCOVERED THE TRUTH --  
 THIS IS ALL THAT I KNOW:  
 I HAVE DISCOVERED THE TRUTH REGARDING THE:  
 'DISCOVERY-OF-THE-TRUTH' BY THE MIND.",

AND NO LESS SHOULD AN ALERT MAN BE ABLE TO REALIZE CONCERNING HIS MIND.

EVERY SINGLE IDEA THAT YOU CAN EVER HAVE COMES SOLELY FROM YOUR MIND,  
 AND THUS HAS NOTHING TO TELL YOU OF OBJECTIVE SIGNIFICANCE ABOUT THE MIND.  
 SO STOP THINKING THAT THERE IS ANYTHING TO BE LEARNED ABOUT THE MIND  
 FROM YOUR THINKING-ABOUT-IT.....AT LEAST IN ANY ROUTINE FASHION.

COME NOW: EVEN THE MOST ORDINARY OF MEN ACCEPT THE PHYSICAL FACT THAT,  
 FROM A SALT MINE COMES ONLY SALT,  
 IT IS ONLY WHEN WE MOVE INTO THE WORD OF THE MIND  
 THAT THE IMPOSSIBLE BECOMES THE EXPECTED.

... IT IS,(I MIGHT NOTE), REALLY WORSE THAN THAT:  
 TO DISTRACTED AWARENESS, THE IMPOSSIBLE SEEMS TO HAVE ACTUALLY ARRIVED.  
 ..."YES.", SAID A VOICE, "I AM HERE.",  
 A PRIME EXAMPLE OF WHAT I JUST NOTED,  
 THE VOICE DECLARED: "I AM HERE", AH YES: THE IMPOSSIBLE HAS ARRIVED.

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THERE WAS ONCE A ONE MAN MYSTICAL SCHOOL  
 WHOSE SOLE PRACTICE WAS THUS DESCRIBED:  
 "WAVE YOUR WIENER  
 AT THE INEVITABLE."

...AND WHEN THIS ONE MAN ORGANIZATION WAS ASKED TO REVEAL THE CORE  
 TEACHING OF HIS SCHOOL, HE GAVE THIS DESCRIPTION:  
 "VAST STILLNESS -- EVERYTHING QUIET."  
 THEN MERRILY -- "WAVED HIS WIENER" AT  
 COME-WHAT-MIGHT.

JUST BECAUSE SOMETHING IS "IMPOSSIBLE"  
DOESN'T MEAN THAT IT -- CAN'T BE DONE! --  
...NEITHER DOES IT MEAN THAT IT CAN BE DONE! --  
....IT MEANS NOTHING....  
IT'S JUST A WORD, -- AN IMPOSSIBLE WORD, LIKE THE "I" IN:  
"I AM HERE."  
...DOES ANYONE UNDERSTAND WHAT I'M TALKING ABOUT?!