

MY NEWS FOR APRIL 5, 1999PRIVATE NOTICE TO THOSE WANTING TO AWAKEN:

THE VERY MOMENT YOU THINK ANYTHING CRITICAL ABOUT OTHERS, OR YOURSELF --  
 -- YOU'VE GONE TO SLEEP,

AND IF YOU DON'T FIND THIS OF STARTLING NEWS, PONDER FURTHER:  
 IF YOU FIND FAULT WITH THE WAY YOUR MIND COMMONLY OPERATES...  
 THIS CRITICISM WILL BAR YOU FROM CHANGING IT.

I AM AWARE THAT THIS STATEMENT CAN CAUSE INSTANT CONSTERNATION,  
 BUT ONLY TO THE COMMON OPERATIONS OF YOUR MIND, WHICH IS PREDICTABLE,  
 SO IGNORE IT -- SAME AS YOU SHOULD BY NOW BE TRYING TO DO REGARDING  
ALL OF YOUR MIND'S COMMON OPERATIONS.

AND WHILE WE'RE AT IT, HERE'S ANOTHER VIEW OF HOW TO GO ABOUT,  
 WAKING UP TO PRIMARY REALITY AND GETTING YOUR LOST MIND BACK:

FIRST, STUDY AND PURUSE SEVERAL SYSTEMATIZED METHODS DEDICATED TO AWAKENING,  
 THEN ABANDON ALL METHODS, AND JUST -- DO IT.

...FIND WHAT YOU PERSONALLY CAN DO TO KEEP FROM CONTINUALLY LOSING YOUR MIND,  
 AND BEING DRAGGED--TO--DISTRACTION AFTER IT.

ALL TALK ABOUT ALTERING YOUR CONDITION OF CONSCIOUSNESS IS NOTHING MORE THAN A  
 STALLING TACTIC:

IT IS A MAN IN THE PARIS TRAIN STATION INSISTING THAT HE WANTS TO  
 GO TO ISTANBUL, BUT IS YET CONTENT, (AS PROVEN BY HIS ACTIONS, NOT HIS WORDS),  
 TO WANDER FOREVER AROUND THE TERMINAL, READING TRAVEL BOOKS, DISCUSSING  
 HIS PLANS, AND DREAMING THE BITTER-SWEET DREAMS OF THOSE ON A TREADMILL.

WHAT WOULD HAPPEN IF YOU COULD PRETEND THAT PARIS IS ISTANBUL  
 TO SUCH A PITCH THAT IT BECAME SO?! --

-- WOULD IT ANY LONGER BE, "PRETEND"?!....

...AND IF THIS WERE POSSIBLE, HOW COULD IT BE SO UNLESS ISTANBUL AND PARIS  
WERE IN FACT, THE SAME PLACE?!

BETWEEN WHAT THE LOST MIND KNOWS AND WHAT IT IMAGINES IS NO DIFFERENCE AT ALL,  
 SO WHY WASTE YOUR ENERGY IN CRITICISING ANY OF ITS OPERATIONS -- AND  
ESPECIALLY SO

ONCE IT HAS BEEN NOTED TO YOU THAT ALL CRITICISM OF THE MIND MAKES IT IMPOSSIBLE  
 TO EFFECT ANY CHANGE THERETO?!

WHY WILL A PERSON WITH THE EXTRAORDINARY DESIRE TO RADICALLY RE-FASHION  
 THE WAY THAT THEIR MIND OPERATES CONTINUE TO DRIFT-ALONG-WITH, WHILE  
 IMPOTENTLY-DIRECTING-CURSES-AT-THE SAME OLD OPERATIONS OF THE SAME OLD MIND

IF THOSE NOW PARTIALLY AWAKENED HAD A PRAYER IT SHOULD GO LIKE THIS:  
 "PLEASE, POWERS-THAT-BE,  
 DELIVER ME FROM THE CAPTIOUS POSITION OF ME THINKING ABOUT  
 HOW AWAKE OR HOW ASLEEP I STILL MIGHT BE."

...FOR YOU SEE:

ANY THOUGHT ABOUT THE CONDITION OF YOUR MIND IS A "MIND-IMPRISONING THOUGHT"

YOU'LL NEVER STOP THE MERRY GO ROUND BY RUNNING AROUND ON IT.

..LET THE MIDWAY LOOK AFTER ITS OWN AFFAIRS,  
 WHAT YOU NEED TO DO IS QUIT BEING HYPNOTIZED BY ALL THE FLASHING LIGHTS, AND  
 FRANTIC ACTION.

GET YOU SOME COTTON CANDY FOR THE KIDDIE MIND,  
 THEN OPEN UP THE FRONT & BACK DOORS TO YOUR HEAD,  
 AND JUST SAUNTER ABOUT THE GROUNDS.

...TAKE YOUR TIME -- THERE'S NO HURRY,  
 THE FAIR IS GOING NO WHERE -- IT'S ALWAYS, "RIGHT HERE",  
 AND YOU CAN BE CAUGHT UP IN ITS VARIOUS ENTERTAINMENTS -- OR NOT,  
 THE COST IS ALL THE SAME,  
 AND IT'S ENTIRELY UP TO YOU --  
 -- NOT TO SOME BOOK, NOT TO SOME METHOD,  
 AND NOT TO ANY THINKING YOU CAN HAVE ABOUT NOT BEING CAPTIVATED BY IT,  
 AND CONTINUALLY LOSING YOUR MIND.

THE LIGHTS OF THE CARNIVAL ARE ALWAYS ON, AND THE ACTION NEVER STOPS:  
 IT GOES ON OUTSIDE OF YOU,  
 AND IT GOES ON INSIDE OF YOU,  
 AND THERE IS BUT ONE THING YOU CAN DO --- SO: DO IT,  
 AND WHEN YOU REALIZE THAT WHATEVER YOU'RE PRESENTLY "DOING"  
 IS NO LONGER ACCOMPLISHING ANYTHING, (WHICH REALIZATION SHOULD COME TO YOU...OH.  
 EVERY OTHER DAY OR SO), FIND SOMETHING DIFFERENT TO DO,  
 AND THE "DIFFERENT-ER" THE BETTER....IN FACT IT IS NOT POSSIBLE TO FIND  
 SOMETHING THAT IS TOO DIFFERENT:

THE MORE DIFFERENT BECOMES YOUR VIEW-OF AND APPROACH-TO THE OPERATIONS OF  
 THE MIND, THE MORE DISTANCE YOU PUT BETWEEN YOU AND THE INTERNAL DISTRACTING  
 CARNIVAL AND THE MORE ROOM YOU HAVE IN THERE, THE BETTER.

DON'T LET THE CARNIVAL EVER TOTALLY OCCUPY YOUR MIND...

...THAT'S HOW IT STAYS LOST -- SO: TWO THINGS: DON'T LET YOUR MIND WANDER OFF  
 AND DON'T SAY ANYTHING ABOUT IT WHEN IT DOES.  
 (THAT'S THE WAY TO HAVE MENTAL COTTON CANDY WITHOUT LETTING IT GET  
 STUCK ALL OVER YOU.)

AND NOW FOR TWO USEFUL SUGGESTING CONCERNING THE STORAGE OF RIPE VEGETABLES: :

IF YOU EVER AGAIN HEAR IT SAID THAT THERE IS NOTHING TO BE SAID ABOUT BECOMING ENLIGHTENED: ONE: DON'T AGREE WITH, AND TWO: DON'T DISAGREE WITH IT, ...AND THAT WAY YOUR SQUASH & TURNIPS WON'T GO BAD ON YOU

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HOW ABOUT YET ANOTHER ATTEMPTED, "SIMPLIER VIEW" OF THAT CERTAIN MATTER:

THE MIND, CONSISTING ONLY OF ITSELF, IS THUS A TOTAL CAPTIVE OF ITSELF, AND SINCE OUR HUMAN SENSE OF OURSELF RESTS SOLELY IN THE MIND, WHY DO YOU EXPECT THAT "YOU" CAN EFFECT IT IN ANY WAY?!

IT IS LIKE A MIRROR ATTEMPTING TO CONTROL WHAT IS REFLECTED IN IT --  
-- OR STRANGER STILL: LIKE A MIRROR ATTEMPTING TO NO LONGER REFLECT ANYTHING.  
...NO...THERE IS SOMETHING EVEN CURIOS-ER THAN THAT:

A MIRROR, (OR ANY OBJECT FOR THAT MATTER)  
TRYING TO STOP BEING WHAT IT NATURALLY IS.

...THAT'S WHY I SAY THAT ANY CRITICISM OF THE MIND BARS ANY CHANGE THERETO BECAUSE IT IS SIMPLY THE MIND, (WHICH CANNOT BE OTHER THAN IT IS), GOING BY YOUR NAME -- CRITICISING ITSELF -- CRITICISM THAT IS PATENTLY IMPOTENT, FOR IF THE MIND COULD BE OTHER THAN IT IS -- IT WOULD BE SO:

IT WOULD BE ONE THING FOR A MASTER TO FIND FAULT WITH HIS DOG, BUT ANOTHER ENTIRELY FOOLISH ONE FOR THE DOG TO FIND FAULT WITH HIMSELF, SINCE THE DOG CAN DO NOTHING AT ALL BY HIMSELF -- TO HIMSELF TO CHANGE WHAT HE INHERENTLY IS AND HOW HE NATURALLY BEHAVES.

THE FEW, (FOREVER PRESENT, HERE & THERE IN THE HISTORY OF HUMANITY), WHO SAY THEY WANT TO "AWAKEN...ACHIEVE ENLIGHTENMENT" ETC, (ONCE THEY HEAR ABOUT SUCH IDEAS), MUST BEGIN THEIR ACTIVITES ALONG SAID LINES, SOME WHERE ...AND THEY INEVEITABLY START BY SINGLING OUT THE MIND AS THE PROBLEM -- -- WHICH CAN'T BE SAID TO ACTUALLY BE "INCORRECT", BUT NEITHER SHOULD YOU ASSUME, (PAST A CERTAIN POINT IN YOUR OWN EFFORTS) THAT IT IS A CORRECT TELLING OF WHAT YOU'RE IN FACT DEALING WITH IN THIS WHOLE AFFAIR.

TRYING TO CLEAR YOU HEAD AND REGAIN YOUR MIND WHILE FOCUSING ON THE MIND IS SORT OF LIKE A MAN FOREVER SUITING HIMSELF UP TO DO BATTLE WITH AN ELEPHANT WHEN HIS ACTUAL ADVESARY IS A FLEA. NOT ONLY DOES HE ENGAGE IN WASTED EFFORT, BUT BY BELIEIVING THAT HE MUST BE CONTINUALLY PREPARED TO SEE AN ELEPHANT, HE CONSISTANTLY OVERLOOKS THE FLEA.

AND AGAIN I URGE: DON'T LOOK OUT THERE: DON'T LOOK OVER HERE: DON'T READ A BOOK: AND DON'T LOOK TO ANYONE ELSE: JUST LOOK -- RIGHT HERE -- RIGHT HERE.

AND NOW AN IMPORTANT FASHION TIP:

IF YOU WEAR THE SAME SUIT OR DRESS LONG ENOUGH,  
 (ESPECIALLY IF YOU GOT IT FROM A MYSTIC),  
 YOU'LL NOT ONLY FORGET THAT YOU WEAR IT EVERYDAY,  
 BUT YOU'LL ALSO ACCEPT IT AS BEING THE SINGULAR, PROPER ATTIRE,  
 (FOR ONE SUCH AS YOURSELF).

LET ME HANG IT ON YOUR RACK IN ANOTHER WAY:

TO REGAIN YOUR NATURALLY "LOST MIND" -- LOSE IT WILLFULLY.

....DO ANYTHING NEW -

...TRY ON ANY SLACKS OR JACKET OTHER THAN THE ONES YOU ALREADY WEAR:  
 (OF COURSE THE TRULY BULLY APPROACH IS TO COMPLETELY CLEAN OUT YOUR CLOSET,  
 AND THROW AWAY EVERYTHING YOU OWN.

...AND, "GAWDS!", MUTTERE ONE MAN,

"IF IT WERE BUT SOMETHING LESS THAN A BILLION TIMES HARDER TO DO THAN  
 IT IS TO SAY.",

AND I'M SURE WE CAN ALL SYMPATHIZE WITH THE MAN'S SENTIMENT,

BUT LET ME ASK YOU: WHY IS IT SO HARD TO DO?! --

TO DISCARD THE MENTAL CLOTHING YOU PRESENTLY WEAR?! --

WHAT MAKES IT SO DIFFICULT -- NEARLY IMPOSSIBLE -- TO SIMPLY LAY ASIDE THE  
 THINKING YOU CURRENTLY ACCEPT THAT PASSES THRU YOU, AND ENTERTAIN SOME THAT  
 IS DIFFERENT?! -- IN FACT FOR OUR PURPOSES: TOTALLY DIFFERENT?!

SINCE THOUGHTS ARE INTANGIBLE AND IMAGINARY TO BEGIN WITH,

WHY THE PROBLEM WITH INTERCHANGING THEM AT WILL?!....

...IF ONE ORDINARY THOUGHT IS AS GOOD AS ANY OTHER,

WHY DO MEN STAY STUCK WITH THE ONES THEY HAVE?!

AND NOW FOR THE CLIMATIC FASHION ADVICE FOR THE DAY:

STARTING RIGHT THIS INSTANT: NEVER THINK AGAIN ABOUT YOUR MENTAL CONDITION  
 IN TERMS THAT YOU HAVE BEFORE. FORGET ABOUT, "BEING ASLEEP", OR DELUDED, (AND  
 SO FORTH): FORGET ABOUT 'EM ALL: FIND SOME OTHER WAY TO THINK ABOUT AND  
 DESCRIBE THE MATTER TO YOURSELF. (WHICH IS ACTUALLY THE BEST ADVICE YOU CAN  
 GET ON ANY DAY.)

AND THEN ONE MAN ATTEMPTS TO RAISE THIS OBJECTION, (SAYS HE):  
 "WELL ANSWER ME THIS:  
 IF I DO GIVE UP READING BOOKS ABOUT IT,  
 AND STOP LISTENING TO OTHER PEOPLE TALK ABOUT IT,  
 AND EVEN CEASE THINKING ABOUT IT MYSELF -- WHAT WOULD I HAVE TO DO THEN?",  
 -- EXACTLY, SIR -- YOU'VE UNINTENTIONALLY -- LANDED-RIGHT-ON-IT.

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AND ANOTHER GUY'S CURRENT FAVORITE SONG, (SELF PENNED), GOES LIKE THIS:  
 "I'M SICK A'TRYIN', AND,  
 SICK A'FAILIN';  
 SICK A'WANTIN', AND  
 NEVER SUCCEEDIN':  
 SICK A'GETTIN' MOMENTARILY BETTER, BUT,  
 MAINLY SICK A'HAVIN' ANY THOUGHTS ABOUT BEIN' EITHER,  
 SICK OR WELL,  
 FAILIN' OR SUCCEEDIN', AND LIKE THAT."

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NOW LET'S TURN TO OUR FARM REPORT; AND OUR SOWING SUGGESTION FOR THE DAY:

EMBRACE THE UNFAMILIAR, AND ABANDON THE FAMILIAR.  
 ... (BOY!-- THAT'LL SURE KEEPIN' 'EM GROWIN'.)

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IF YOU DO NOT SPEAK ABOUT THINGS, NO ONE CAN CONTRADICT YOU:  
 IF YOU DO NOT THINK ABOUT THINGS, NOTHING WILL CONFUSE & DECEIVE YOU:  
 YOU WILL CLEARLY SEE THINGS AS THEY ARE, AND THIS RECOGNITION WILL SILENTLY  
 PASS THRU YOU WHILE YOU PEACEFULLY CARRY ON WITH THE AFFAIR OF SIMPLY - LIVING.

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AND NOW FOR ANOTHER OF OUR, "SURE FIRE, TESTING DEVICES":

THE WAY YOU CAN DETERMINE WHETHER A MAN WHO TALKS ABOUT AWAKENING UNDERSTANDS WHAT HE'S TALKING ABOUT IS TO ASK HIM IF HE DOES, AND HE SAYS THAT HE DOESN'T.

...(BE SURE AND KEEP THOSE POTATOES IN A COOL, DARK PLACE.)

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QUEERY: WHEN YOU'RE IMAGINARILY MORE THAN HALF WAY TO ISTANBUL FROM PARIS IS IT THEN MORE TROUBLE TO "STAY ASLEEP" THAN IT IS TO "BE AWAKE"?!

...(ONLY THOSE PRETTY FAR DOWN THE TRACKS CAN PROPERLY APPRECIATE THIS ONE.)

AND ONE MAN SAID:

"NOTHING MAKES ME QUITE AS TIRED & IRKSOME AS THINKING ABOUT HOW TIRED & IRKSOME I MAY BE."

...(YEAH, BUT WHAT'S THE CONNECTION BETWEEN THAT AND THE ABOVE QUEERY?!?)

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IN THE LAND WHERE LOST MINDS GO,  
SPERATE THINGS SEEM TO BE DIFFERENT FROM ONE ANOTHER WHEN IN FACT THEY ARE NOT DIFFERENT AT ALL.

ALL WANDERING THOUGHTS ARE THE SAME -- THEY'RE LOST AND WITHOUT SIGNIFICANCE.

ONE MAN KEPT STANDING IN HIS YARD ---- LOOKING OUT FOR HIS DOG WHO'D STRAYED NEVER REALIZING THE FOOLISHNESS OF HIS ACTION, INASMUCH AS HE NEVER REALIZED THAT THE NATURE OF DOGS IS TO STRAY.

HOW ABOUT HIS FOR YOUR NEW PERSONAL SLOGAN:

I DO NOT WANT MY DOG TO STRAY -- AND THAT'S THAT -- BUT -- IF HE DOES,  
I DON'T CARE, AND THAT'S THAT.

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