

THE NEWS FOR FEBRUARY 12, 1999MIGHT BE & SOME:

YOU MIGHT BE MAKING SOME MOVEMENT FORWARD IF YOU'VE REACHED THE PLACE WHERE YOU DO NOT WANT TO HEAR ANYTHING WHATSOEVER ABOUT OTHER PEOPLES' LIVES, AND IF SO -- BOY! -- YOU JUST WAIT UNTIL THE SAME DYNAMICS TAKE OVER REGARDING YOU NOT WANTING TO LISTEN TO YOUR OWN TALK ABOUT YOUR LIFE.

AS GOSSIP IS PLEASURABLE TO ORDINARY MINDS  
IT STRIKES AWAKENED ONES AS WOULD RUSTY RAZOR BLADES.

I PUT IT TO YOU SIMPLY:

IF YOU STOPPED ENTERTAINING ANY THOUGHTS THAT PASS THRU YOU ABOUT YOUR OWN LIFE YOU WOULD NO LONGER BE OF "ORDINARY MIND", AND BE WALKING AROUND WITH A HEAD FULL OF CONFUSED & ANNOYING CONSCIOUSNESS.

IF "PEACE & QUIET" IS THE SOLUTION  
THEN "TALK" IS OBVIOUSLY THE PROBLEM....(NO WAY AROUND IT).

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YET ANOTHER DISTINCTION CONCERNING THE SUBJECTS OF: SUFFEREING AND FUN:  
WHEN YOU ARE COMPLETELY "CAUGHT-UP" IN THOUGHTS,  
AND THEY ARE RUNNING THE ENTIRE OPERATIONS OF YOUR CONSCIOUSNESS,  
YOU CAN ENJOY BEING MISERABLE;---

WHEN YOU "CATCH YOURSELF", AND SEPERATE YOUR CONSCIOUSNESS FROM THOUGHTS,  
YOU ENJOY "CATCHING YOURSELF".

AND NOTE:

WHEN YOU ARE COMPLETELY "CAUGHT-UP-IN-THOUGHTS" AND ENJOYING YOUR SUFFERING,  
IT SEEMS SO RIGHT!.....SO, NATURAL, (DO IT NOT?!),  
SO -- WHAT HINT SHOULD THIS BE GIVING YOU REGARDING: THE FUNS AND THE SUFFERINGS.  
THAT ARE THOUGHT-BASED AND DEPENDENT ON ONE'S INDIVIDUAL, GENETIC  
BRAIN CHEMSITRY?!

THOUGHTS ARE THE NOISE YOUR BRAIN CHEMISTRY MAKES.

.....  
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THOUGHTS DO NOT COME FROM "NO WHERE" --  
 NOR DO THEY COME FROM "SOME WHERE",  
 SO WHERE DO WE LOOK FOR THE ORIGINS OF YOUR PRECIOUS LITTLE "THOUGHTS", AND  
 THEIR ADORABLE STEP-SISTER, YOUR SO-CALLED, "PERSONALITY"?!

AND-SO-SPEAKS-THE-SAGE:

"MY BRAIN CHURNS,  
 THEREFORE I THINK THAT I AM AN 'AM'  
 BEYOND THE OBVIOUS REALITY OF MY PHYSICAL BEING"

A PERSON OF, "CUT-LOSE-CONSCIOUSNESS" LIVES AN EXTERNAL LIFE NOT UNLIKE  
 EVERYONE ELSE'S:

HE LIVES, THEN HE DIES,  
 BUT IN BETWEEN THE TWO HE IS NOT SUFFERING & WHINNING OVER THE ARRANGEMENT,  
 AND IF THAT IS NOT A FREEDOM WORTHY OF THE TERM, "ENLIGHTENMENT"  
 THEN I'LL TRY AND SWALLOW WHOLE,  
 YOUR ENTIRE PITIFUL "LIFE STORY" IN ONE SICKENING GULP.

...(HOW'S ABOUT YOU?! -- CARE TO JOIN ME?!)

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WHEN TOTALLY "CAUGHT-UP" IN THOUGHTS,  
 YOU DO NOT HAVE A CLEAR IDEA OF WHAT YOU SHOULD BE DOING,  
 AND THESE ARE THE TIMES YOU WANT TO TELL OTHERS WHAT THEY SHOULD BE DOING.  
 ...SAME I MIGHT ADD, AS APPLIES TO THE WAY YOU THINK ABOUT YOUR OWN EFFORTS  
 TO "CUT-YOURSELF-LOSE" AND WAKE UP.

\* \* \*

~~SPECULATION IS THE SAME AS KNOWLEDGE IN THE HANDS OF ORDINARY MINDS.~~

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TALKING ABOUT BEING FREE PROBABLY DOESN'T HELP:  
 TALKING ABOUT ANYTHING ELSE FOR SURE DOESN'T.

SPECULATION IS THE SAME AS KNOWLEDGE IN THE HANDS OF ORDINARY MINDS.

IF YOU ARE MENTALLY "CAUGHT-UP" AND STARE AT THE LIFE YOU LIVE,  
 YOU WILL CONTINUE TO LIVE AND RE-LIVE THAT SAME LIFE OVER & OVER AGIN....  
 ...AND FORGET-ABOUT, "REINCARNATION" AND SUBSEQUENTLY LEAD LIVES,  
 YOU RE-LIVE THE SAME ONE RIGHT HERE IN THIS LIFE TIME,  
 AND IT ALL CAUSED BY THE SIMPLE, DESTRUCTIVE ACT OF:  
 "STARING-AT" -- WHICH IS TO SAY --  
 BEING TOTALLY "CAUGHT-UP-IN"  
 THE THOUGHTS YOU HAVE ABOUT THE LIFE YOU ARE LIVING.

INSTINCTIVELY SPEAKING: YOU HAVE BUT ONE LIFE TO LIVE:  
 MENTALLY SPEAKING, YOU ARE SUBJECT TO BELIEVING THAT THERE MANY LIVES  
 YOU ARE LIVING, BUT THESE LIVES, (PLEASE NOTE),  
 EXIST ONLY IN YOUR THOUGHTS ARE ARE COMPLETELY IMAGINARY -- IF  
 YOUR GOAL IS TO CLEAN OUT YOUR HEAD, AND FINALLY SEE EXACTLY WHAT LIFE IS ABOUT.

ONE WAY BYWHICH TO COMBAT MAN'S NATURAL TENDENCY TO INTERNALLY "STARE"  
 IS TO RELENTLESSLY LOOK AWAY FROM WHERE YOU WERE LOOKING  
 WHILE CAUGHT-UP IN THOUGHT .....

....LOOK AWAY TO ANY PLACE ELSE OTHER THAN THE NARROWLY CONFINED SPOT ONWHICH  
 YOUR THOUGHTS HAD FORCED YOUR CONSCIOUSNESS TO FOCUS.

AND-THE-SAGE-SAID:

"LOOK AWAY --

LOOK AWAY ---

LOOK AWAY ALL....LEAST WISE, 'YOU ALL' WHO WANT TO FINALLY GET OUT OF, THIS PLACE"

\* \* \*

THOSE OF ORDINARY CONSCIOUSNESS OFTEN LIKE TO CONCLUDE AN ILL FATED ENDEAVOR  
 BY SAYING: "WELL, I GAVE IT MY BEST SHOT",  
 WHEREAS THOSE SEEKING ANOTHER LEVEL OF AWARENESS DIFFER IN SEVERAL RESPECTS:  
 FIRST, THEY ARE NOT DELUDED IN THINKING THAT ANYTHING HAS A "CONCLUSION":  
 SECONDLY, THEY CAN SEE ALL ENDEAVORS AS BEING BOTH "ILL FATED" AND FAVORABLE,  
 AND LASTLY, THE WHOLE NOTION OF GIVING SOMETHING YOUR "BEST SHOT" IS GIBBERISH  
 TO TRY AND CAMOUFLAGE THE FACT THAT YOU HAVE ONCE AGAIN BEEN DISTRACTED, AND,  
 "CAUGHT-UP" IN THOUGHTS TO SUCH A DEGREE THAT YOU NOW FEEL ASHAMED THEREABOUT.  
 AND SO, ONCE AGAIN WE COME FACE-TO-FANNY WITH THE FACT THAT,  
 VERY FEW THINGS CAN COMPARE TO "SILENCE" AS AN INSTANT TREATMENT FOR  
 ALL OF THE HUMAN-TYPE "PROBLEMS"  
 GIVING VOICE TO WHATEVER MIGHT BE YOUR FORMS OF SUFFERING IS A PLEASURE DENIED  
 THE AWAKENED.

MORE REGARDING THE REAL BASIS FOR MANS' SINGULARLY, MORTAL, "DISSATISFACTION":  
 ORDINARY PEOPLE WILL ADMIT, (FOR EXAMPLE), THAT MONEY PER SEE,  
 (THE PHYSICAL REALITY OF A DOLLAR BILL OR BAR OF GOLD),  
 IS NOT WHAT DRIVES THEM TO PURSUE WEALTH, BUT RATHER IT IS THEIR BELIEF THAT  
 WEALTH WILL CURE THEIR "DISSATISFACTION", AND MAKE THEM HAPPY.

ONLY FOUR THINGS CAN MAKE A PERSON "HAPPY":  
 EATING WHEN HUNGRY:  
 RESTING WHEN TIRED:  
 FUCKING WHEN HORNY, AND -- CLEANING OUT YOUR CONSCIOUSNESS.

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"HEADS-UP" FOR THE DAY:

AS LONG AS YOU STILL HAVE EVEN ONE COMMENT ABOUT LIFE THAT YOU THINK PERTINENT,  
 YOU STILL DON'T GRASP THE FULL PICTURE.

AS ALWAYS, I DO NOT SAY SUCH A THING TO BE DISCOURAGING OR TO ASSAULT ANYONE:  
 SUCH STATEMENTS AS I JUST MADE ARE TO BE USED AS A TOOL FOR YOU TO HELP  
 REMIND YOURSELF TO

PULL YOURSELF

OUT OF THE CLUTCHING HANDS OF INVOLUNTARY, KNOW-NOTHING THOUGHTS  
 WHICH FOREVER WILL HAVE YET ANOTHER AND ANOTHER CRITICAL AND PROPER COMMENT  
 ABOUT LIFE, AND WHICH IS THE STOCK-OF-THE-SOUP-OF SLEEP.

AGAIN: AS LONG AS YOU STILL HAVE EVEN ONE THING TO SAY-ABOUT LIFE - YOU'RE ASLEEP.  
 ...(THAT'S SIMPLE ENOUGH, EH?!...OR PERHAPS, TOO SIMPLE FOR YOUR RICH AND  
 COMPLEX BLOOD.)

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ONE MAN WAS "ASHAMED TO GO OUT IN PUBLIC" --  
 IN HIS CASE, (SINCE HE WAS TRYING TO STRUGGLE FREE),  
 "GOING OUT IN PUBLIC" MEANT TO HIM TO FALL PREY TO THE ALURE OF ALLOWING HIS  
 CONSCIOUSNESS TO BE DRAGGED INTO THE ARENA OF THE COLLECTING THINKING OF  
 ORDINARY MEN:

AND AS ALWAYS: THIS IDEA ONCE UNDERSTOOD AND USED, CAN THEN BE TURNED INWARDLY  
 AND APPLIED AS TO WHAT AREAS OF YOUR CONSCIOUS BRAIN YOU WANT YOUR THOUGHTS TO,  
HANG AROUND

AND THE SAGE SANG: "I WAS BORN ON THE WRONG SIDE OF TOWN, (AS WERE WE ALL),  
 BUT NOW I HAVE MOVED: AND I DON'T KNOW "WHERE"...AND NEITHER DO I CARE."