

THE NEWS FOR JANUARY 2, 1998

MAN'S PRIMARY LIFE, AS REQUIRED BY NATURE, IS ONE OF NON-VERBAL, PHYSICAL SURVIVAL  
 HIS OTHER, UNIQUELY HUMAN ONE IS COMPOSED OF DREAMING & STORY TELLING,  
 AND IS OF SECONDARY IMPORTANCE.

ONCE A MAN HAS SOME PERSONAL, STABLE UNDERSTANDING OF WHAT AWAKENING,  
 ENLIGHTENMENT, ETC, ACTUALLY IS,  
 HE THEN REALIZES THAT EVERYTHING FURTHER HE NEEDS TO KNOW ABOUT THE MATTER,  
 AND EVERYTHING HE NEEDS TO CONTINUE AND COMPLETE THE TASK IS,  
 (TO THE MINUTEST DETAIL), CONTAINED TOTALLY WITHIN HIM....SPECIFICALLY IN THAT  
 VERBALIZING AREA OF HIS BRAIN COMMONLY CALLED, THE MIND.

BEGINNERS HAVE IT EASIEST: THEY STILL BELIEVE THAT WHAT THYE SEEK & NEED IS  
 WHOLELY OUTSIDE OF THEMSELF:,  
 BUT THOSE WHO HAVE GAINED THE DEGREE OF UNDERSTANDING MENTIONED ABOVE  
 ARE FACED WITH THE PLAIN, WEIGHTY FACT THAT,  
 OUTSIDE OF THEMSELF: BESIDE THEMSELF, OTHER THAN THEMSELF,  
 THE EFFORT, THE MATERIALS, THE OPPOSITION AND THE OPPORTUNITY TO AWAKEN  
 HAS NO EXISTANCE.

ALL IN ALL: THE WONDEROUS, THE MARVELOUS, THE MYSTERIOUS AND TOTALLY INCOMPRABLE,  
 "ENLIGHTENMENT, AWAKENING, & GREAT LIBERATION"  
 HAS NO REALITY WHAT SO EVER  
 OUTSIDE OF THE PERSON STRUGGLING THEREFOR.

I CALL UNDERSTANDING THIS A "WEIGHTY MATTER" INASMUCH AS THEN,  
 ALL RESPONSIBILITY-FOR, & POSSIBILITY-OF AWAKENING RESTS ENTIRELY ON YOU:

OTHERS CAN TALK TO YOU ABOUT IT; EVEN ENCOURAGE YOUR DREAMS OF IT:  
 OTHERS CAN CLAIM THAT WITHOUT THEIR, (OR SOMEONE'S), ASSISTANCE  
 YOU CAN NEVER AWAKEN, (AND MANY PEOPLE WHO HEAR THIS SAID, BELIEVE IT TO THE END)  
 BUT ONCE YOU CLEARLY RECOGNIZE THAT ONLY YOU --

-- YOU AND YOUR OWN INDIVIDUAL EFFORT --  
 IS YOUR ONLY HOPE-FOR & SOURCE OF ENLIGHTENMENT,

YOUR SITUATION HAS RADICALLY & PERMANENTLY CHANGE FOR THE BETTER.

YOU'RE NOW ALONE IN YOUR OWN ROOM, JUST AS YOU'VE ALWAYS BEEN, EXCEPT NOW  
 YOU ARE OBJECTIVELY AWARE THEREOF, AND YOU NOW HAVE THE CAPACITY TO SEE YOUR LIFE  
 AS IT TRULY IS, AND TO MAKE THOSE EFFORTS PROFITABLE TO YOU, WHILE FINALLY  
 BEING ABLE TO ABANDON THOSE THAT ARE NOT.

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OTHER THAN FOR THE INHERENT, SILENT KNOWLEDGE POSSESSED BY THE BODY,  
 EVERYTHING ELSE THAT YOU AND ALL OTHER MEN KNOW, HAVE EVER KNOWN,  
 AND WILL EVER KNOW,  
 COMES FROM THE CLOSED ROOM CALLED, THE MIND,  
 WHICH IN TRUTH IS BUT AN INCUBATOR FOR DREAMS AND DELUSIONS,  
 AND NOT A SOURCE OF OBJECTIVE KNOWLEDGE OF LIFE.

ALLOW THE SILENT EYE WITHOUT THAT CAN UNIMPAIRED, "SEE" -- TO SEE,  
 ✓ AND RECOGNIZE ALL OF THE ORDINARY CLAMOROUS ACTIVITY IN THE MIND FOR WHAT IT IS --  
 -- MERE DREAMING AND STORY-TELLING.  
 ...NOTHING DANGEROUS IN THAT,  
 AS LONG AS YOU DON'T MISTAKE IT FOR MORE THAN THAT.

A MAN WHO IS LISTENING TO THE STORIES THAT THOUGHTS TELL HIS MIND IS ASLEEP,  
 AND DELUDED,  
 NOT MATTER EVEN IF THE STORIES ARE ABOUT AWAKENING.

...THERE IS NO TALE TO TELL ABOUT CLEARING OUT YOUR CONSCIOUSNESS,  
 -- THERE IS ONLY THE -- "DOING OF IT".

TAKE NOTE: AT THOSE TIMES WHEN THE "CLEARING-OUT-OF-CONSCIOUSNESS" HAS BEEN CALLED  
 "A GREAT LIBERATION",  
 MEN ARE INCLINED TO BELIEVE THIS REFERES TO SOME FREEDOM THEY MAY GAIN FROM  
 CIRCUMSTANCES THEY FIND DISAGREEABLE,  
 BUT THE LIBERATION SPOKEN OF IS THAT OF THE MIND FROM THOUGHTS:  
 THE FREEING OF CONSCIOUSNESS FROM PRE-PROGRAMMED JUDGEMENTS,  
 THE LOSENING OF YOUR TRUE INDIVIDUALITY FROM THE CONFINING GRIP OF THE  
 MENTALLY CONCEIVED ONE IMPLANTED IN YOU.

THE FINAL EXECUTION-OF,  
 AND ULTIMATE REALIZATION-OF  
 "THE GREAT LIBERATION"  
 COMES NOT AS A NOISY AND BOISTEROUS REBELLION,  
 BUT AS A CALM, SILENT STATE INWHICH YOU HAVE BEEN FREED TO NOW LIVE A PLAIN,  
 AND DIRECT LIFE THAT IS A PLAIN AND DIRECT REFLECTION OF WHAT YOU TRULY ARE,  
 AND NOT OF WHAT YOU'VE BEEN DREAMING THAT YOU ARE.

SAVE "STORY-TELLING" FOR CHILDREN, AND FOR SITUATIONS INWHICH IT IS CLEARLY  
 RECOGNIZED FOR WHAT IT IS:  
 ABOVE ALL: DO NOT HEED ANY OF THE STORIES THAT CONSTITUTE ORDINARY MEN'S  
 SECONDARY LIFE, AND WHICH THEY QUITE OFTEN TAKE IN FACT, TO BE OF LEADING  
 SIGNIFICANCE. AND ABOVE ALL, ALL OF THE "ABOVE ALLS": GIVE OVER NONE OF YOUR  
 MENTAL CAPACITY & CONSCIOUSNESS TO ANY OF THE STORIES THE THOUGHTS PASSING THRU  
 WANT TO TELL YOU ABOUT YOURSELF. NOBODY "KNOWS" YOU, ESPECIALLY NOT YOUR THOUGHTS

HAVE ALL OF YOU LOOKED DEEPLY ENOUGH INTO THIS MATTER TO SEE CLEARLY FOR YOURSELF THAT THE THOUGHTS RUNNING THRU YOU AND EVERYONE ELSE WHICH PURPORT TO FAIRLY REPRESENT THE REALITIES OF LIFE,  
(AND WHICH ORDINARY MEN ACCEPT AS SUCH),

DO NOT ACTUALLY VARY IN THE QUALITY OF THEIR ABILITY TO DO SO:

NO THOUGHT OR SET OF THOUGHTS, (FOR THE SAKE OF AWAKENING),  
PORTRAYS THE SIMPLE, PHYSICAL REALITIES OF LIFE ANY BETTER THAN ANY OTHER THOUGHT OR COMBINATION.

THOUGHTS AND THEIR VERBAL PICTURIZATIONS OF "HOW LIFE IS"  
CAN INDEED BE ENTERTAINING,  
BUT IT IS NEVER MORE THAN MERE "STORY TELLING" -- IT CAN NEVER BE MORE THAN THIS:  
AND IT MAKES NO DIFFERENCE WHAT THE SUBJECT OF THE STORY TELLING IS,  
BE IT ABOUT, MEN-AND-MORTAL-DESTINY,  
OR ABOUT, GODS-AND-THE-INFINITE-POSSIBILITIES,  
IT MAKES NO DIFFERENCE...IT'S ALL THE SAME -- MERE "STORY TELLING",  
AND THE FAILURE TO REALIZE THIS, CONSTITUES THE CONDITION WE CALL,  
"BEING ASLEEP, DELUDED, IN-THE-DARK",  
AND HAVING YOUR CONSCIOUSNESS HELD HOSTAGE BY RANDOM & ASSOCIATIVE THOUGHTS.  
SIMPLY, DON'T BE FOOLED BY THE STORY-TELLING THAT NATURALLY GOES ON IN  
ALL MENS' MINDS:

IT MAY BE INTERESTING, EVEN FASCINATING,  
AND IT IS MOST ASSUREDLY NECESSARY FOR ORDINARY MEN TO LIVE ORDINARY LIVES,  
BUT THOUGHTS ARE COMPLETELY UNABLE TO WEAVE, CONCOCT OR CONVEY ANY STORY THAT  
IN ANY PRACTICAL WAY CAN ASSIST A MAN IN WAKING FROM HIS DREAMS, AND  
CLEARING-OUT-HIS-CONSCIOUSNESS  
SO THAT HE CAN PEACEFULLY BE AT REST, ALONE IN HIS INDIVIDUAL, "MENTAL ROOM"  
WITH ONLY HIS ACTUAL SELF FOR COMPANIONSHIP.

THAT IS THE TRUE, "GREAT LIBERATION" --  
-- THE RELEASE FROM PERCEIVING YOUR OWN, "BEING ALIVE"  
FROM THE DISTORTION OF YOUR, "THINKING-ABOUT-BEING-ALIVE".

WASTE NO MORE EFFORT ON RESISTING OR REPROACHING THE STORY-TELLING OF THOUGHTS;  
IT POPULATES & SUPPORTS ITS OWN UNIQUE WORLD, AND AS LONG AS YOU DO NOT IMAGINE  
THAT IT HAS PERTINANCE OUTSIDE THIS REALM, IT HAS NO POWER TO DO YOU ILL:

BUT IF YOU DO LIKE ORDINARY MEN AND TAKE SERIOUSLY THE STORIES & CLAIMS THAT  
THOUGHTS TELL ABOUT THEMSELVES, YOU WILL, (SAME AS EVERYONE ELSE), BE TOTALLY  
MISTAKEN IN YOUR MENTAL AWARENESS OF WHAT LIFE AND BEING ALIVE IS REALLY ALL ABOUT

SET YOURSELF FREE: IT'S NEVER THE WRONG TIME OR PLACE TO DO SO.  
...THERE IS NO LIBERATION OUTSIDE OF THIS VERY INSTANT, AT THIS VERY PLACE.

IT SEEMS TO GO LIKE THIS:

IN THE BEGINING YOU STRUGGLE TO BRING THE MIND UNDER CONTROL,  
THEN LATER YOU ATTEMPT TO SIMPLY FORGET ABOUT IT.

YOU CAN'T HAVE ONE WITHOUT THE OTHER,  
AND EVERY ONE MUST APPARENTLY GO THRU THE FIRST STAGE,  
BUT YOU WILL NEVER COMPLETE THE JOURNEY UNTIL YOU REACH THE SECOND ONE.

WHEN A SINGLE THOUGHT IS FIXED ON BY THE MIND -- ALL IS LOST,  
FOR IMMEDIATELY APPEARS, EVERY OTHER THOUGHT YOU'VE EVER HAD -- GOOD, BAD,  
PLEASURABLE, AND PAINFUL.

ONE SINGLE THOUGHT BRINGS WITH IT, ALL OTHER THOUGHTS POSSIBLE.  
THAT IN A GNAT'S NAVEL, IS THE PROBLEM WITH THAT SITUATION:  
THE PROBLEM THAT NATURALLY COMES ABOUT FROM LETTING THE MIND HOLD TO  
ANY PARTICULAR THOUGHT.

THE CONNECTION BETWEEN THOUGHTS & YOUR MIND SHOULD BE LIKE THAT OF,  
"SPITTING IN THE WIND".

WHEN THOUGHTS OCCUPY THE MIND, IT IS THEN THE MIND THAT LEADS ITSELF ASTRAY:  
OF THE MIND YOU MUST BE "MINDFUL",  
OF THE MIND YOU MUST BE "FORGETFUL".

TRYING TO SIT MOTIONLESS ATOP RUNNING WATER IS AS FUTILE AS  
HURLING CURSES AT A RIVER IN LIEU OF BUILIDNG A DAM.

HOW CAN A MAN EVER FULLY AWAKEN TO LIFE IF HE CANNOT CLEARLY DISTINGUISH BETWEEN  
THOSE THINGS THAT NO ONE CAN CHANGE, AND ANY AREAS, APPARENTLY OTHERWISE?!

✓ THE ENLIGHTENED ENGAGE IN NO USELESS ACTS....EVEN IF THEY ARE LABELED AS BEING  
RELEVANT TO ENLIGHTENMENT.

THE MIND -- IN ITS NATURAL, "CLEARED OUT STATE" IS YOUR ALLY IN THIS ENDEAVOR,  
BUT NO THOUGHT IS.

TO REALIZE THIS FOR YOURSELF AND NEVER LOSE AWARENESS THEREOF,  
IS ALL THAT AN ALERT MAN, (BY NOW), NEEDS  
SIMPLY: DOIN' THE REAL & USEFUL, AND IGNORIN' THE REST.