

ONE MAN SIGHS:

"SAD TO SAY BUT PRESENTLY THERE'S NOTHING I ENJOY MORE THAN READING ABOUT --
-- IGNORING-THE-MIND;
SAD, YET ALSO SILLY IN THAT THIS, MY CURRESNT FAVORITE MENTAL APPROACH TO
BEING MORE AWAKE HAS MY ATTENTION STUCK IN A BOOK,
OR IN ANY PLACE OUTSIDE OF ME
THAT IT SHOULDN'T BE."

ALTHOUGH I UNDERSTAND WHAT'S BEHIND THE MAN'S EXPRESSED POSITION,
WHAT HE HAS YET TO FULLY COME TO GRIPS WITH IS THE SIMPLE AND SHOULD-BE
OBVIOUS FACT THAT
ALL SORTS OF 'THINKING-ABOUT-BEING-AWAKE' CAN BE GREAT FUN, AND EVEN
APPARENTLY INSPIRING, STILL,
'THINKING-ABOUT' ANYTHING IS STILL JUST -- THINKING-ABOUT-IT.

GO AHEAD AND GIVE TO MIND THE CREDIT IT SO SURELY DESERVES,
AND PLAINLY RECOGNIZE IT FOR THE MARVELOUS SOURCE OF PLEASURE IT CAN BE,
BUT THE SOONER YOU GET OVER THE FUTILE AND FRUSTRATING DELUSIONS THAT THE MIND
HAS OF ITS ABILITIES,
THE MORE WILL THE ACTUAL NATURE OF WHAT AWAKENING IS BECOME CLEAR TO YOU.

IF THOUGHTS WEREN'T THE SOLE REALITY OF THE MIND
A MAN COULD REALIZE THE ESSENCE OF AWAKENING IN A MATTER OF SECONDS,
RATHER THAN YEARS.

NO THOUGHT CAN ACCOMPLISH ANYTHING MORE THAN -- PLEASING ITSELF & OTHER THOUGHTS:
THERE IS NOTHING INJURIOUS IN THIS EITHER FROM AN ORDINARY OR MYSTICAL VIEW:
THE "HARM", (IN ITS WASTE OF EFFORT), IS IN FOREVER ALLOWING YOUR MIND, AND
ALL OF ITS POTENTIAL,
TO BE TAKEN-UP-WITH, AND CONSUMED-BY
NOTHING MORE THAN THE EVERYDAY, ROUTINE THOUGHTS THAT AUTOMATICALLY PASS THRU
YOUR MIND.

PASS THRU, THEY WILL --
-- THE ONLY QUESTION IS WHEATHER OR NOT YOU PASSIVELY ALLOW THEM TO
FILL UP ALL OF THE TIME & SPACE AVAILABLE IN YOUR MIND, OR ELSE WILLFULLY,
MOMENT-TO-MOMENT, SPLIT OFF A PIECE OF YOUR MIND THAT THEN STANDS ASIDE THE
MECHANICAL FLOW OF THOUGHTS ALWAYS AIMED IN ITS DIRECTION.

THE MIND, WITH ITS INHERENT ABILITY TO BE STILL, AND SPECIFICALLY FOCUSED, IS, (AS IT WERE), UNDER CONSTANT ASSAULT BY UN-FOCUSED RANDOM & ASSOCIATIVE THOUGHTS, AND WHEN MIND IS OVERWHELMED AND TOTALLY TAKEN UP BY SUCH THOUGHTS IT IS THE STATE REFERED TO AS, "SLEEP, CAPTIVITY AND DELUSION".

WHAT IS OH SO EASY TO OCCUR, EVEN WITH THE MOST SINCERE OF MYSTICS IS TO IGNORE -- APPARENTLY EVEN, FORGET ABOUT -- THAT SIMPLE, ALWAYS-AVAILABLE ACT OF PEELING OFF A SLICE OF YOUR EVERYDAY, ALWAYS-THERE "MIND" WHICH WILL THEN STAND STILL, CLEAR-EYED AND FOCUSED, AND ABSOLUTELY APART-FROM THE MEANINGLESS, SLEEP-PRODUCING THOUGHTS THAT MAY YET BE RUNNING THRU THE REMAINING SECTION OF ITSELF, FOR AS LONG AS YOU CAUSE THIS CONDITION TO PERSIST.

WHILE IT CAN BE VALIDLY SAID THAT A MAN DOES NOT ACTUALLY HAVE AN "I" SUCH AS IS THE PERFUNCTORY MENTAL SENSATION BROUGHT ON BY THE NEVER ENDING FLOW OF EVER CHANGING THOUGHTS RUNNING THRU HIS MIND,

IT CAN EQUALLY BE SAID WITH AUTHORITY THAT A MAN CAN INDEED PRODUCE AN "I" WITHIN HIMSELF WHEN EVER HE CHOOSES

SIMPLY BY THE ACT OF

SPLITTING OFF A PIECE OF HIS MIND FROM THIS FLOW OF THOUGHTS

WHICH THEN, INSTANTANEOUSLY, BECOMES THE NEAREST THING DESCRIBABLE AS BEING ACTUALLY, "INDIVIDUALISTIC" TO THE PERSON.

THE EVER-IMMEDIACY -- AND THE, UTTER-SIMPLICITY OF WHAT A MAN CAN ALWAYS BE DOING AT EVER SINGLE MOMENT,

UNDER ALL POSSIBLE CONDITIONS,

TENDS TO STAY PARTIAL SUBMERGED IN THE EVER TUMBLING HODGE-PODGE OF THOUGHTS THAT POUR THRU A MAN'S MIND LIKE A ROARING RIVER THRU ITS BED,

AND KEEPS, JUST OUT OF SIGHT OF HIS MEMEORY AND ATTENTION

THE PROFITABLE ACT OF HIM SIMPLY SLICING OFF A PIECE OF HIS

NATURALLY "UNEMCUMBERED MIND", A PART THAT THEN,

FOR AS LONG AS HE MAINTAINS THE SITUATION,

IS HIS MENTAL STEPPING STONE, IF NOT, OUTRIGHT ENTREE TO THE WORLD OF AWAKENING.

THERE IS ONE THING FOR EXPERIENTIALLY CERTAIN: THAT PIECE OF YOUR MIND THAT YOU CAN, AT ANY MOMENT, PULL APART FROM THE FLOW OF THOUGHTS,

IS NOT -- AND NOT SUBJECT TO BE -- FOOLED OR CONFUSED.

ANY PART OF THE MIND THAT YOU CAN SEPERATE FROM THE THOUGHTS RUNNING THRU IT IS A PIECE OF WHAT ENLIGHTENMENT TRULY IS

AWARENESS WITHOUT INTERFERENCE: CONSCIOUSNESS WITHOUT INTERRUPTION:

THIS IS ENLIGHTENMENT -- THIS IS WHAT IS POSSIBLE THIS VERY INSTANT.

THINKING ABOUT IT WON'T DO IT, BUT KEEPING JUST ONE PART OF YOUR MIND FROM DOING SO, WILL. BLESSED BE THE SIMPLE FOR THEY FINALLY "SEE".

THE WARRIOR WHO BECOMES MORE UNDERSTANDING OF THE BATTLEFIELD CONDITIONS COMES TO REALIZE THAT HE IS NOT ACTUALLY IMPALED ON HIS OWN MIND, BUT RATHER ON THE THOUGHTS THAT ARE NOT HIS OWN WHICH WANT TO OCCUPY HIS MIND.

THE UN-MOVING, UNEMCUMBERED MIND YOU HAVE -- WHICH IS REALLY YOUR OWN -- IS IN NO WISE THE IMPEDIMENT TO YOUR ENLIGHTENMENT, BUT RATHER IT BE THE THOUGHTS IN IT -- WHICH ARE NOT YOUR OWN -- AND FROMWHICH A CONSTANTLY ALERT MAN CAN SPERATE HIS MIND.

THOSE PASSING, UNPREDICTABLE STATES CALLED, "ENLIGHTENMENT" ARE HAD -- EFFORTLESSLY, BUT THE PLACING OF YOURSELF IN THE POSITION TO EXPERIENCE THESE STATES ENTAIL CONSTANT EFFORT AND ATTENTION: AND NOT ANY STRENUOUS OR MYSTERIOUS EFFORTS, JUST EFFORT THAT IS PLAIN AND OBVIOUS.

...AND THIS IS WHAT MAKES IT, FROM THE VIEW OF THOUGHTS, SO DONWRIGHT ELUSIVE AND APPARENTLY CONFOUNDING.

BLESSED BE THOSE WHO, "KEEP-IT-SIMPLE"
FOR ONLY SIMPLICITY WILL SEE YOU THROUGH.

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A BAND OF PEOPLE INTERESTED IN THE IDEA OF AWAKENING HAD A DISCUSSION GROUP TOWHICH THEY GAVE THE TITLE: "DISCUSSING IT WON'T HELP".

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THAT PART OF MENTAL ACTIVITY, ARTICULATING AN INTEREST IN THE IDEA OF AWAKENING, NEVER WILL.

FEET WHO WANT TO BE FREE OF THEIR OWN SOLES ARE IN FOR A FUTILE RUN.

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ALTHOUGH A MAN, ONCE ENLIGHTENED, KNOWS THAT THERE IS NOTHING IN LIFE TO TAKE SERIOUSLY, OR THAT REQUIRES HIS ATTENTION, HE STILL IS INCLINED TO TAKE HIS ENLIGHTENED OF THIS FACT, SO.

IN THE WORLD OF THOUGHT: IT IS NOT POSSIBLE TO EVER FULLY "KNOW WHAT YOU'RE DOING"

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ON THE REVERSE SIDE OF EVERY MAP OF AWAKENING IS AN EQUALLY VALID, OPPOSITE ONE. IN THE WORLD OF WORDS: IT IS GREIVIOUS ERROR TO EVER BELIEVE THAT THEY CAN EVER FULLY UNDERSTAND THINGS THEY PURPORT TO REPRESENT.

THUS IT UNRECOGNIZED BE -- THAT:
WHILE IT DOES SEEM POSSIBLE TO "EXPLAIN" THINGS,
IT DOES NOT MEAN THAT YOU "UNDERSTAND" WHAT YOU HAVE EXPLAINED.

REMEMBER: THOUGHTS & WORDS HAVE NO ONE TO PLEASE OR ANSWER TO, BUT THEMSELVES.
TO BE INATTENTITIVELY CAUGHT IN THE MIDDLE OF THIS SITUATION IS TO BE DAZED, DOZING AND DECEIVED.--
-- BUT ALL THAT'S NEEDED FOR FREEDOM FROM THE SITUATION IS AN ABIDING, SILENT RECOGNITION THEREOF.

...IN OTHER WORDS, AGAIN: TO SEPARATE MIND FROM THOUGHTS.

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OH - I'VE JUST BEEN HANDED AN IMPORTANT, LATE BREAKING STORY: STAND BY: IT SAYS THAT YOU CAN IGNORE ALL THAT HAS ALREADY BEEN SAID ON TONIGHT'S BROADCAST -- THAT THERE IS AN ENTIRELY OTHER WAY OF CONSIDERING THE MATTER UNDER GENERAL CONSIDERATION THIS EVENING: THIS INSTANT BITE OF NEWS GOES ON TO SAY THAT, RATHER THAN PICTURING THAT YOU SPLIT OFF A PIECE OF THE MIND, APART FROM THE NORMAL FLOW OF THOUGHTS PASSING THRU IT, THAT YOU CAN PERCEIVE THE SITUATION AS BEING THAT WHAT YOU'RE REALLY DOING IN SUCH AN UNDERTAKING IS SIMPLY FOCUSING YOUR AWARENESS OF THAT PART OF THE BRAIN'S ROUTINE OPERATION THAT IS CONSTANTLY INVOLVED IN NON-VERBAL CONTRIBUTIONS TO YOUR PHYSICAL SURIVAL.

PUT ANOTHER WAY: THAT PART OF THE MIND WHICH YOU CAN APPARENTLY SPIN OFF, AND SEPERATE FROM THE FLOW OF THOUGHTS, IS ACTUALLY THAT PART OF THE MIND THAT IS ALWAYS THERE, ALREADY SEPERATE FROM THOUGHTS, WHICH IS ENDLESSLY INVOLVED IN ASSISTING YOUR OTHER SENSES IN KEEPING YOU ALIVE AND SAFE.

.....NOT SO MUCH A "NEW" FORM OF MIND AS IT IS AN EXTENDED USE OF ITS PRESENT OPERATION. →

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EVERY MAP CONCERNING ENLIGHTENMENT, WHEN TURNED OVER,
REVEALS, IN REVERSE, AN EQUALLY VALID ONE.

MORAL FOR THOSE SICK OF SLEEPING AND BEING BED-RIDDEN:
EACH AND EVERY DAY YOU SHOULD, "TURN YOUR MIND OVER,
AND SEE WHAT'S ON THE OTHER SIDE."