A GUY WHINED TO A FRIEND:

"THERE'S ALWAYS A PARTY GOING ON UPSTAIRS.", AND HIS BUD RESPONDED WITH THE GUESS: "AND YOU'RE UPSET 'CAUSE YOU WEREN'T INVITED?",

"NO", THE GUY REPLIED, "I'M MAD 'CAUSE THEY ALWAYS MANAGE TO DRAG ME UP THERE."

* * *

RATHER THAN TRYING TO <u>STOP</u> THE NOISE IN YOUR HEAD, THE ALTERNATIVE IS TO STOP LISTENING TO IT.
...(SOME FIND THIS APPROACH MORE REWARDING.)

* * *

EVERYONE IS TRYING TO AWAKEN IN THEIR OWN WAY --- BUT THE ORDINARY DO NOT SPECIFICALLY SUFFER FROM IT --

-- THAT'S LEFT TO THOSE SPECIFICALLY TRYING TO AWAKEN.

("I ASK YOU, MR. RUMPOLE, IS THERE NO END TO JUSTICE?!"

* * *

NO ONE WARRANTS CRITICISM FOR THEIR DELUSIONS SAVE FROM THOSE EQUALLY DELUDED.

* * *

IF YOU ARE NOT AWARE OF PLANET MX-714, (JUST RECENTLY DISCOVERED), THEN YOU CANNOT THINK ABOUT IT -- & FOR YOU, IT DOES NOT EXIST: AS FOR PLUTO, (FOR INSTANCE), A PLANET YOU KNOW IS THERE, WHEN ARE YOU ARE THINKING ABOUT IT, THEN FOR THAT PERIOD, IT, "OPERATIONALLY" -- DOES NOT EXIST.

NOW! -- I DENF <u>ANYONE</u> PROFESSING TO BE IN POSSESSION OF A SANE & RATIONAL MIND TO FIND A WAY THAT THIS COULD BE APPLICABLE TO CLEARING <u>OUT</u> ONE'S MIND.

...(I FOR ONE AM GETTING <u>PRET-TY</u> SICK OF HEARING EVERYTHING IN MANS' LIFE MADE TO SOUND AS THOUGH IT IS RELATED TO THE SO-CALLED "STATE OF CONFUSION", AND THE ALLEGED "CONDITION OF CLEAR-HEADEDNESS".

NOTE: SUCH COMPLAINTS FROM ROUTINE SOURCES ARE SOMETIMES REFERED TO MY THE NAME OF: "DON'T TELL ME TO, 'GET-A-GRIP'! -- I AM ALREADY FIRMLY 'IN-THE-GRIP' OF A GRIP -- THAT IS IN FACT, 'THE GRIP-OF-GRIPS'", (AKA:

"THE PERSONAL WORLD OF -- DREAMING".)

THE YOUNG SON OF A CERTAIN MAN, (REPUTED TO BE OF THE MYSTICAL PERSUASION), WAS ONE DAY HEARD SINGING THIS LITTLE, APPARENTLY, SELF-COMPOSED RHYME:

"WHAT DRIVES A MAN TO DRINK?, WHAT DRIVES A MAN TO THINK?;

WHAT DRIVES A MAN?, --- (ONLY THE EMPTY-HEADED KNOW)."
.. (AND QUIET QUICKLY, HIS FATHER APPEARED TO SHUSH HIM UP & TAKE HIM IN THE HOUSE.)

NOTE: EVERYONE WALKING THE PLANET BELIEVES THEY HAVE SOME IDEA OF WHAT CAUSES THINGS TO BE AS THEY ARE....EVERYONE THAT IS, EXCEPT THOSE WHO ACTUALLY KNOW.

* * *

YOU REMEMBER THE STORY OF THE TWO DEAD GUYS, WHEREIN ONE OF THEM COMPLAINED THAT THE DOWN SIDE OF BEING DECEASED IS THAT YOU HAVE NOTHING TO LOOK FORWARD TO?, AND THE OTHER ONE RESPONDED: "YEAH -- YOU MEAN LIKE BEING: CLUTTER-HEADED, AND LIVING THE LIFE OF A SLEEP-WALKER?!" -- YOU RECALL THE TALE...WELL... CONSIDER THIS ADDED TO IT:

SO LONG AS YOUR HEAD IS EMERSED IN THE DREAMING
THE ONLY FUTURE POSSIBLE FOR YOU IS A LIFE OF UNCERTAINTY & SLEEP-WALKING.
...(HEY -- GLAD I COULD -- "CHEER YOU UP"!)

...OHHH, OKAY: <u>FACT</u>: A CLEAR-HEADED MAN NEEDS NEITHER "CHEERING UP",

NOR, "CALMING DOWN"....IN FACT, COME TO THINK OF IT:

JUST WHAT DOES AN CLEAR-HEADED MAN NEED THAT HE HAS

NOT BEEN IN POSSESSION OF, FROM BIRTH?!

TO KNOW THE ANSWER TO THAT IS TO BE -- CLEAR HEADED & AWAKE.

* * *

A CERTAIN MAN
WHO FOR SOME TIME, (READ: A LIFE TIME),
HAD, "BEEN UPSET",

ONE DAY UNDERTOOK UNPRECENDENTED ACTION: HE SAT DOWN AND ASK HIMSELF JUST WHAT IT WAS THAT WAS THE CUASE OF HIS DISCOMFORT & DISSATISFACTION WITH BEING ALIVE -- AND YOU KNOW WHAT HE FINALLY REALIZED?....WELL IF YOU DO, THEN YOUR HEAD HAS BEEN AT LEAST FOR A MOMENT, "CLEARED-OUT", AND YOU'VE ACTUALLY SEEN WHAT THERE IS TO BE SEEN ABOUT LIFE -- NOTHING! THAT'S RIGHT, DOCTORS & PROFESSORS, BOYS & GIRLS: THE "CAUSE" OF EVERYTHING IS -- NOTHING. NOW YOU'RE ENLIGHTENED.

SPURRED INITIALLY BY OBSERVATIONS OF MATTERS EXTERNAL,
SPECIFICALLY OF THE MASS'S DEVOTION TO EVER CHANGING TASTES IN ATTIRE,
ONE MAN NOTED TO HIMSELF:
"NO MATTER HOW OUTLANDISH IT MAY APPEAR TO A NON-PARTICIPANT.
ONCE A FASHION HAS, 'TAKEN HOLD'
THOSE GIVEN OVER-TO THE HANDS-OF-FASHION CAN BE SCARCELY PULLED FROM ITS GRIP."
HE THEN WENT ON TO PONDER HOW A SIMILAR SITAUATION EXISTS REGARDING
ORDINARY PEOPLE AND THEIR SLAVISH REVERENCE FOR WHAT MEANINGLESSLY
PASSES THRU THIE MIND.

WERE WE TO BE TALKING IN MEDICAL TERMS,

I COULD POINT OUT TO YOU THE EXISTANCE OF A CERTAIN <u>PERCEIVED</u> "ILL" -ALL ACCEPTED TREATMENTS OFWHICH -ONLY ENCOURAGE IT.

MORAL: DON'T BE A "SLAVE-TO-FASHION"

EVEN IF IT DOES COME -- "CLOAKED-IN-THE-GARB-OF-ENLIGHTENMENT".

NOW FOR SOME "TRAVEL NEWS":
THERE IS A PLACE, (THOUGHT TO BE --FAR-R-R AWAY,
BUT WHICH IN FACT IS -- OH SO NEAR --

A PLACE INWHICH ANYTHING YOU KNEW -- EVEN FOR "DAMN-SURE" -- YESTERDAY IS THROUGHLY USELESS TODAY.

...(AND ANOTHER STRANGE THING ABOUT THE PLACE IS THAT SO FEW OF THE INHABITS REALIZE THIS.
...WEIRD, HUH?!)

* * *

WHATEVER HE OBSERVED GOING ON, ONE MAN HAD AN APPROACH THAT HE THOUGHT OF AS: "WAMP-ER" -- W.A.M.P.R. -- WHAT ARE MY POSSIBLE REPSONSES?!"

...AND IN LIGHT OF HIS PERSONAL PROTOCOL, LET ME NOTECTHIS:
THERE IS NEVER ANY NEED TO WONDER ABOUT YOUR RESPONSES TO SURVIVAL NEEDS,
(E.G.: WHEN YOU'RE HUNGRY THE PROPER RESAND ONLY RATIONA RESPONSE -- IS TO EAT):
NO, THE AREATINVOLVED ENTHIS QUESTION OF: "WHAT ARE MY POSSIBLE RESPONSES?",
STRICTLY APPLIES TO MAN'S MENTAL REALM,

WHEREIN THE FIRST APPLICATION OF HIS APPRAOCH COULD BE SEEN AS CONCERNS YOUR RESPONSE TO OTHER MENS' WORDS AND IDEAS,

BUT OF ULTIMATE IMPORTANCE TO THE FEW WOULD BE INTREGARDS TO WHAT -- SEEMS-TO-BE "YOUR" (THE WORD, "YOUR" BEING IN QUOTATION MARKS),

YOUR RESPONSE TO THE WORDS, PICTURES & IDEAS IN YOUR OWN HEAD.

BUT HAVING SAID THAT -- NOW TAKE EVEN MORE <u>SERIOUS</u> NOTICE OF THIS FACT: WHAT I JUST SAID ABOVE, IS NOT SO:
YOU DO NOT "RESPOND" TO YOUR THOUGHTS -- YOU <u>ARE</u> THEM! -YOUR"RESPONSE" <u>IS</u> THE SENSATION OF YOU HAVING A "YOU".

NEAT, HUH?!

NEAT, CLEAN. & TIDY,

AND JUST WAITING -- FOREVER WAITING -
TO BE EASILY DISCOVERED BY "HE-OF-THE-CLEAR-HEAD".

...(SUPER NEAT, HUH?!)

* * *

WHEN PEOPLE ARE ASKED SUCH QUESTIONS AS:
"HOW DID YOU KNOW THAT YOU WANTED TO BE A PAINTER, (MUSICIAN, WRITER, ETC)?", OR:
"WHAT CAUSED YOU TO GO INTO POLITICS, (THE MINISTRY, ETC)?", AND
EVERYONE ASKED, WILL GIVE A REPLY -- EVEN THOUGH IT BE TOTALLY BOGUS & MEANINGLESS
AND INVENTED ON THE SPOT,

NONETHELESS, ORDINARY MEN WILL LET THEIR ORDINARY MINDS ACCEPT SUCH WITHOUT QUESTION.

THE NEVER-ENDING VACUOUS EXPLANATIONS RUNNING THRU YOUR HEA

THE NEVER-ENDING VACUOUS EXPLANATIONS RUNNING THRU YOUR HEAD REGARDING THE "CAUSES" OF HOW YOU'VE LIVED <u>YOUR</u> SLEEP-WALKING LIFE THUS FAR?!)

A SPEAKER TOLD A CROWD:

"ANYONE WITH, 'AN <u>IMPORTANT</u> MESSAGE'

SHOULD BE AVOIDED LIKE, "THE PLAGUE ON STEROIDS'.", AND SOMEONE YELLED OUT:

"MIGHT THAT INCLUDE THE MESSAGES I RECEIVE FROM MY OWN MIND?!",

AND THE SPEAKER REPLIED:

"WHAT THE HELL YOU THINK I'M TALKING ABOUT, YOU SQUINT-EYED-NINNY?!",

...(AND AS THE THUSLY REPREMANDED CHAP WALKED AWAY, HE WAS HEARD TO SAY:
"WELL THAT WAS UN-CALLED FOR: I WAS BORN WITH A 'VISION DEFECT".",
TOWHICH THE SPEAKER YELLED BACK: "WE ALL WERE, YOU BLADDER-BAG-BRAIN -THE ONLY MATTER LEFT OPEN TO QUESTION IS WHEATHER OR NOT YOU TAKE CONTINUAL
NOTICE OF SAID CONDITION, AND THUS, PERPETUATE IT,
MAKING ALREADY, "CLOUDY-VISION" EVEN MORE DISTORTED & VEILED.

TIP, (READ: "STRONG SUGGESTION"): BE SAFE -- DON'T LISTEN TO ANYTHING THAT -- "HAS-A-VOICE".

ONE MAN, (IN CERTAIN MATTERS), WAS ACCUSED OF ALWAYS SPEAKING IN, "EUPHEMISMS", TOWHICH HE RESPONDED:

"HELL, WHAT D'YA MEAN, 'CERTAIN MATTERS',

SUCH AN ENDEAVOR. —→ (CONT) -

I SO SPEAK IN <u>ALL</u> MATTERS -- AS DO EVERYONE ELSE -- DIFFERENCE IS -- <u>I</u> KNOW IT."

..(NOW THERE IS A MAN WITH AN ILLEGAL UNDERSTANDING OF HOW THE WORLD OF DREAMING OPERATES, MORE SPECIFICALLY: THE SIGNIFICANCE OF ITS EXPRESSION OF ITSELF VIA WORDS.... OR OF COURSE, THE POSSIBLE LACK THEREOF --

...AND A VOICE SIMPLY"DRIPPING-OF" SARCASM, CRIED OUT IN DISBELIEF:
"HOW CAN YOU EVEN BRING YOURSELF TO SAY: 'POSSIBLE LACK THEREOF'?!",
WELL, HELL SIR, DON'T I TOO HAVE THE RIGHT TO SEPAK EUPHEMISTICALLY?!
...[JEEZE!, BUT "NORMAL-HEADED-PEOPLE" CAN BE TOUCHY!])

THE FOLLOWING IS AN ARCHTYPICAL PROGRESSION OF AN ARCHTYPICAL PERSON WHO DISCOVERS SOME "SYSTEM" PROFFERED AS PROMOTING THE ABILITY TO, "AWAKEN", (SUCH AS, LET US SAY FOR INSTANCE, THE METHOD OF TRYING TO BE ETERNALLY, "MINDFUL"), SO HERE'S HOW IT'D LOOK AFTER HE'D UNDERTAKEN TO FOLLOW THE APPROACH: FIRST, HE'D FIND HIMSLEF SAYING, "DAMN!" A LOT AS HE REALIZED HOW LITTLE HE WAS <u>BEING</u> MINDFUL: THEN HE'D SPECIFICALLY UNDERTAKE TO <u>BE</u> MORE "MINDFUL": THEN NEXT WOULD BE A RETURN TO A WHOLE LOT OF SAYING, "DAMN!" AGAIN AS HE'D BE FORCED TO RECOGNIZE WHAT LITTLE SUCCESS HE WAS HAVING: AFTER THAT HE'D BEGIN TO TRY AND "ANALYZE" THE THINGS THAT TAPASSED THROUGH HEAD AND APPARENTLY KEPT HIM <u>FROM</u> BEING "MINDFUL" -- THEN, BACK TO, "DAMN!", AGAIN, ONCE HE REALIZED THE FUTILITY & MEANINGLESSNESS OF

NEXT HE'D ATTEMPT A DIRECT, FRONTAL ASSAULT ON THE PROBLEM-AS-PERCEIVED, AND TRY TO SIMPLY "STOP" THE CONSTANT ACTIVITY IN HIS HEAD WHICH WAS THWARTING HIS GOAL OF, "MINDFULNESS",

BUT THEN IT WOULD BE QUICKLY BACK TO MORE, "DAMNS!",

AS THE INEFFICACY OF SHUTTING DOWN THE MECHANICALLY, VERBAL PART OF THE BRAIN BECAME UNAVOIDABLY CLEAR. --

-- NOW I COULD GO ON WITH THIS INVENTED, AD HOC "PROGRESSION" INDEFINITELY, BUT I THINK YOU SHOULD PROVIDE YOUR OWN ADDITIONAL STEPS, (OR EVEN, CONCLUSION), TO THE MATTER.

....AHHH, COME ON, BE A SPORTYOU CAN DO IT!

* * *

WHATEVER HE OBSERVED GOING ON IN THE EXTERNAL WORLD -- AND WITHIN HIMSELF -- ONE MAN HAD AN APPROACH HE EMPLOYED WHICH HE THOUGHT OF AS:

"WAMP-ERS: W.A.M.P.R. -- WHAT ARE MY POSSIBLE RESONSES?!"

* * *

ONE GUY HAD A MOTTO: "DON'T THROW AWAY -- <u>ANY THING!"</u>

(NEED I COMMENT ON JUST HOW DELUDED & CLUTTER-HEADED HE REMAINED?!

'TIS NOT WHAT THE "HUNGRY MAN" <u>ACQUIRES</u> THAT ULTIMATELY QUELLS HIS CRAVING,
BUT RATHER THAT OFWHICH HE "RELIEVES HIMSELF".

THE ADDITION OF <u>ANYTHING</u> TO, "NOTHING" -- (AND HEREIN, , BY, "NOTHING", I MEAN, "THE WORLD OF DREAMING") -- RESULTS NOT SIMPLY STILL IN, "NOTHING", BUT IN OUR CASE, IN SOMETHING MUCH WORSE:

BY THE SELF-DECEPTION OF PERCEIVING THAT IN THE REALM OF DREAMING,

"SOMETHING": THAT ITSELF IS INHERENTLY IMAGINARY,

CAN BE INTRODUCED INTO A PRESENTLY EXTANT, "IMAGINARY SCENE",

AND BY SO DOING, SOMEHOW CAUSE THE SCENE TO BECOME MORE "REAL" & MEANINGFUL --

-- BEING A PASSIVE PARTICIPANT IN SUCH GOINGS-ON IS WHAT IS COMMONLY CALLED:

"<u>LIVING</u>-IN-A -- WORLD OF DREAMS"

THUS I ENCOURAGE YOU TO PAY NO HEED TO THAT GUY'S MOTTO OF:

"DON'T THROW ANYTHING AWAY." -- NAY -- THROW EVERYTHING AWAY!

NOW THERE IS A PERTINENT RESPONSE TO THAT OTHER GUY'S APPROACH-CUM-QUESTION: "WHAT ARE MY POSSIBLE RESPONSES?!" -- TOSS IT ALL ASIDE --

-- ABANDON SHIP TOTALLY, ALL OF YE, CLEAR-OF-HEAD.

"MANY A DREAM IS ASLEEP IN THE DEEP -- SO, BE-WARE, BE VAST, BE DEVOID."

... (HEY, CAN I STIR UP A PICTURE OF WHAT IT IS TO BE AWAKE, OR WHAT?!)...DE-VOID!)