

WE OPEN WITH TONIGHT'S: "HEALTH TIP":

DO NOT "WEAR GLASSES" IF YOU DO NOT NEED THEM -- (OR PUT ALTERNATIVELY):  
DO NOT DREAM IF DOING SO IS NOT NECESSARY -- FOR YOU!

,,, NOTE: AND "BY-GOD!", IT BETTER, (BY NOW)-- NOT BE DMAN NECESSARY FOR YOU!.  
NOW-- GO BE -- "HEALTHY"! SO'S WE CAN QUIT YAKIN' ABOUT IT

\* \* \*

ONE MAN READ 6,742 BOOKS, (ALL OF THEM IN PART, INTERESTING, AND ALL IN PART,  
INSTRUCTIVE), REGARDING THE MATTER OF, "AWAKING",  
(WHAT IT IS; WHY MEN DO NOT NORMALLY EXPERIENCE IT: HOW TO GO ABOUT GETTING IT,  
THE VARIOUS OBSTACLES TO ITS ACQUISITION, [AND LIKE THAT]):

HE THEN SPENT 83,220 HOURS, (ROUGHLY, 9½ YEARS),  
PONDERING, ANALYZING AND TRYING TO DIGEST ALL THAT HE HAD READ.

THEN ONE DAY, (IN AN UNPLANNED, "ALTERNATIVE ACTION")  
HIS MIND WENT BLANK -- HE QUIT HIS JOB --- BOUGHT A SPORTS CAR --  
HAD HIS NOSE FIXED, DYED HIS HAIR BLONDE, LOST FIFTEEN POUNDS, (AND STUFF LIKE THAT  
...THE EMPLOYEES AT HIS NEIGHBORHOOD METAPHYSICAL BOOK STORE  
WERE ALL PERPLEXED BY HIS DISAPPEARANCE.

NOTE: THERE IS BUT ONE SUITABLE FORM OF, "DISAPPEARANCE":  
TO ABANDON DREAMING....  
FOR THE WORLD OF YOUR NATURE .....WHATEVER IT MAY BE.  
...AFTER ALL, "THE SECRET HANDSHAKE" OF MYSTICS HAS ALWAYS BEEN,  
[AND I QUOTE[: "ANYTHING'S BETTER THAN THIS!",  
[REFERING TO, I SUSPECT -- "DREAMING".)

\* \* \*

SINCE YOU ERR  
IF YOU BELIEVE THAT ANY SET OF CIRCUMSTANCES CAUSE YOU TO, "SLEEP",  
THEN FACE UP! -- YOU ERR IN BELIEVING THAT THERE ARE CONDITIONS WHICH YOU FIND  
ARE FAVORABLE TO YOU AWAKING FROM YOUR SLEEP.

FACT: NO ONE WHO -(FOR INSTANCE) -- FINDS, "SOLITARY, SITTING MEDITATION"  
BENEFICIAL  
WILL EVER  
"BENEFIT" THEREFROM.

DIRECTLY PUT: NOTHING THAT YOU BELIEVE WILL HELP YOU "AWAKEN" -- WILL !  
(MAY I TONIGHT REMIND YOU AGAIN: "THERE IS NOTHING THAT IS RELATED TO "AWAKENING"  
AIN'T IT GREAT !?!)

YOU EVER THINK ABOUT THIS, (BY NOW)?!: THAT IF YOU LIVE TO BE 80 YEARS OLD,  
 YOU HAVE ACTUALLY LIVED 160 YEARS: 80 YEARS IN YOUR "NATURE, & 80 IN YOUR DREAMS.  
 ...(DOES THAT SOUND --"TOO LONG" OR WHAT?!

...[AND YOU DO KNOW THAT ONLY THE AWAKENED WOULD ANSWER THAT IN THE AFFIRMATIVE  
 AND FOR REASONS UNDERTSOOD ONLY BY THE,?!)]

\* \* \*

MEN WHOSE "MENTAL LIFE" CONSISTS ENTIRELY OF "DREAMING"  
 ARE THOSE WHO WILL VIGOROUSLY TAKE OFFENSE IF TOLD THAT THEY --  
 -- HAVE NO REAL, "MENTAL LIFE".

NOTE: AN AWAKENED MAN CAN BE PHYSICALLY HURT, BUT NEVER -- "OFFENDED"

\* \* \*

THERE ARE TWO FORMS OF "MYSTICAL INVESTIGATION": ONE REAL - ONE SHAM:  
 THE SHAM VARIETY CONCERNS ITSELF WITH MAN'S, "BEHAVIOR",  
 WHILE THE REAL VERSION HAS ITS EYES SET IN AN ENTIRELY DIFFERENT DIRECTION.

...AND A BOY ASKED HIS FATHER:

"BUT WHY IS IT THAT THE ERSATZ APPROACH IS ALWAYS THE MOST PROMINENT & POPULAR?",  
 AND THE ELDER REPLIED: BY OFFERING NO REPLY.

\* \* \*

WATCHING THOUGHTS IN YOUR HEAD,  
 HAVING TO DO WITH, "BEING MORE AWAKE -- AND, ENLIGHTENED,  
 ARE, (TO THE, "AWAKENED-INCLINED"),  
 NOT ONLY PLEASURABLE, BUT ALSO, (APPARENTLY WITHOUT QUESTION),  
 "PROPER", AND THE THING-TO-DO: --  
 -- BUT HOW CAN YOU RECONCILE THAT WITH THE HISTORICAL, REVERED STATEMENT THAT THE:  
 "AWAKEND MIND IS AN -- EMPTY MIND."?!

...HOW IS IT POSSIBLE TO "GO ON A DIET" WHOSE INSTRUCTIONS YOU MUST CONSUME,  
 AND WHICH INSTRUCTIONS ARE NOTHING BUT PURE CALORIES?!

THE UNRECOGNIZED REASON THAT MEN LOVE TO REPEAT THE IDEA THAT:  
 "YOU CAN'T GO IN TWO DIRECTIONS AT THE SAME TIME." , IS BECAUSE EVERYONE HAS THIS  
 "SNEAKY-PETE-SUSPICION" THAT YOU CANNOT EVEN GO IN ONE DIRECTION  
 FROM WHERE YOU "NATURALLY ARE", (THAT IS: WHERE YOU INHERENTLY ARE IN YOUR NATURE)  
 SO THEY KEEP REPEATING THE PHRASE TO, (SO TO SPEAK), TO --  
 DIRECT THEIR ATTENTION AWAY FROM THE "FACTS-AS-THEY-ARE".  
 (HEY!, WHAT GOOD IS IT TO BE ORDINARY IF YOU CAN'T ENGAGE IN SELF DECEPTION?!)

ONE MAN DIVIDED HIS DAY UP THUSLY:

HE WOULD PHYSICALLY SLEEP, EIGHT HOURS A DAY, (WHILEST UNCONTROALLBY, DREAMING), THEN SPEND THE REMAINING SIXTEEN HOURS, OUT OF BED -- WITH HIS EYES OPEN -- -- YET, "STILL DREAMING".

WELL SIR! --

THIS WENT ON FOR A NUMBER OF YEARS.....

.....THEN IT WENT ON FOR MORE YEARS.....

.....AND THEN IT CONTINUED FOR EVEN ADDITIONAL YEARS AFTER THAT.

WELL SIR! --

HIS CASE WAS SO UNIQUE AND INTERESTING THAT A WORLD FAMOUS MOVIE WAS MADE OF IT, (YOU ALL KNOW ITS TITLE WELL: "MR. EVERYMAN GOES TO NOWHERE."

[A NAME, BY THE WAY, THE RIGHT-TO-WHICH IS CURRENTLY IN LITIGATION BETWEEN THE FILM STUDIO AND A CERTAIN CEMETARY.]

- - -

ONCE UPON A TIME --- HIGH-H-H UP IN THE MOUNTAINS OF A, "MOUNTAINOUS REGION", WAS A HIDDEN MYSTICAL LODGE, KNOW AS: "THE MATTRESS FACTORY".

AND TO THIS VERY DAY, FEW HAVE CORRECTLY UNDERSTOOD THE SIGNIFICANCE OF THE NAME!

....(TO LET YOU IN ON A SECRET: THE NAME HAD NO SIGNIFICANCE! -- HEY!, WERE JUST TALKIN', "WORDS" HERE FOLKS --

...[AH, YOU JUST MOMENTARILY FORGOT THAT THEY HAVE NO RELEVANCE TO YOUR AREA OF INTEREST].....BUT THAT'S OKAY,

HERE'S A FINAL LITTLE RELATED "TRICK" TO WRAP ALL OF THIS UP FOR THE DAY:

\* \* \*

WHEN IT COMES TO THE WHOLE SUBJECT OF "WORDS & IDEAS", DO THIS:

CONTINUALLY ASK YOUR NATURE: "WELL -- WHAT D'YA THINK?!",

AND THE RESULTS OF THIS INQUIRY WILL ANSWER ALL QUESTIONS MEN HAVE EVER HAD REGARDING THE IMPORTANCE OF: "THINGS OF THE MIND."

SO -- COME ON -- ABANDON THE WORLD OF DREAMING AND STEP UP TO "REAL, AWAKE LIVING" --- (WHICH IS):

LIVING ACCORDING TO YOUR NATURE, JUST AS YOU MUST -- BUT THEN ALSO:

BEING AWARE OF WHAT YOU LEFT, AND WHY YOU LEFT IT ....(WHICH IS):

BECAUSE THE WORLD OF DREAMING IS MEANINGLESS TO AN ENLIGHETEND, EMPTY MIND.

JUST BE FULL OF "YOU -- THE, (BY GOD) ONLY REAL YOU!! ---

THE TOLD-TIME, GOOD-TIME ORIGINAL YOU OF JUST YOU NATURE...NOTHING MORE...

...AND THAT ME HEARTIES, IS BEING "AWAKE".-- AND KNOWING IT