

NO MATTER WHAT WORDS ARE USED TO DESCRIBE THE VARIOUS APPROACHES TO ACHIEVING THE AIM OF THIS ACTIVITY, THEY ALL AMOUNT TO BUT THIS:

SINPLY LOOK INSIDE YOURSELF AND SEE THAT:
 THERE IS ONLY THINKING -- BUT NO THINK-ER,
 THERE IS ONLY TALKING -- BUT NO TALK-ER ,
 THERE IS ONLY CONSCIOUSNESS, BUT NO CNE WHO IS, "CONSCIOUS".

ONCE THIS REALITY IS CLEARLY SEEN BY YOU, THEN ASK YOURSELF:
 IF THERE IS NO THINKER -- ONLY THE THINK-ING,
 THEN WHO IS IT THAT I THINK I AM?

AND:
 IF THERE IS NO TALK-ER -- ONLY THE TALK-ING,
 THEN WHO IS IT THAT I BELIEVE I HEAR TALKING?

AND:
 IF THERE IS ONLY CONSCIOUSNESS, BUT NO THING IN ME THAT IS CONSCIOUS, THEN WHAT IS IT I KEEP IMAGINING IS IN ME THAT I KEEP EXPECTING TO BECOME MORE CONSCIOUS?

AT ANY GIVEN INSTANT, WHAT YOU THINK CONSISTS OF NOTHING MORE THAN WHATEVER THINKING IS MOMENTARILY PASSING THRU YOU:

AT EVERY GIVEN INSTANT, WHAT YOU SAY IS NOTHING OTHER THAN THE TALK AUTOMATICALLY TAKING PLACE IN YOU:

AT EVERY SECOND, "YOU" ARE NOT "CONSCIOUS",
 BUT ARE MERELY AWARE OF THE CONSCIOUS-NESS EXTANT WITHIN YOU.

IN MOST SIMPLE TERMS:

AT ANY GIVEN INSTANT, THE ONLY "I" THAT EXISTS IN YOU IS IN TRUTH,
 SIMPLY, WHATEVER THINKING, TALKING, & AWARENESS OF CONSCIOUSNESS THAT IS, OF ITSELF, TALKING PLACE WITHIN YOU.

THE FULL REGONITION OF THIS IS KNOWN AS: "THE GREAT, REFRESHING RELIEF & LIBERATION

~~NO MATTER WHAT ELSE I OR ANYONE CAN SAY,
THE BEGINING AND THE CONCLUSION OF THE EFFORTS EXPENDED IN ACTIVITY TO AWAKEN
ALL AMOUNT OT BUT THIS:~~

~~SIMPLY LOOK INSIDE YOURSELF AND SEE THAT: THERE IS NO THINKER - ONLY THE THINKING~~

~~ONCE THIS REALITY HAS BEEN ESTABLISHED FOR YOU,
THEN ASK YOURSELF:~~

~~"IF THERE IS NO THINKER -- ONLY THE THINKING,
THEN WHO IS IT THAT I THINK I AM?"~~

~~AT ANY GIVEN INSTANT, "I" CAN ONLY BE WHATEVER THINKING IS PASSING THRU ME,
...IN SIMPLE TERMS:~~

~~SINCE THERE IS NO "THINKER" -- ONLY THE "THINKING" -- "I" DO NOT EXIST."~~

~~THE FINAL, FULL RECOGNITION OF THIS IS KNOWN AS: "THE GREAT, REFRESHING RELIEF".~~

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"BAD NEWS" HAS BUT TWO SOURCES: THE PAST & THE FUTURE --

SO IF YOU WANT TO BE "BORED-OUT-OF-YOUR-DISTRESSES-AND-FEARS"

SIMPLY DON'T DIP INTO THE TWO POOLS OF, "MEMORIES & IMAGINATION", (THE PAST & FUTURE

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TO "BE AWAKE" IS SIMPLY TO BE PRESENTLY AWARE OF, "THINGS AS THEY ARE",
WHILE ALL THOUGHT & COMMENT IS ABOUT, "THINGS AS THEY ARE NOT".

WHEN YOU'RE TALKING, NOT MATTER WHAT YOU'RE SAYING,
YOU'RE ALWAYS TALKING ABOUT THINGS & SITUATIONS THAT ARE NOT REAL OR TRUE:

YOU'RE UNKNOWING MAKING UP AN ENTIRELY IMAGINARY, VERBAL REALITY
THAT HAS NEVER EXISTED AND WILL NEVER DO SO.

DO YOU BEGIN TO SEE FOR YOURSELF THE TOTAL LYING OF ALL COMMENTS?!

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APPROACH: DON'T "THINK" THE THOUGHTS THINKING IN YOU, BUT RATHER,
THINK ABOUT THE NATURE OF THE THINKING GOING ON WITHIN YOU.

...(MOST IMPORTANT OF ALL: TO MAKE PROPER USE OF THIS APPROACH,
DO NOT "THINK ABOUT" THE APPROACH.)

ONE MAN SO PONDERED TO HIMSELF:

"SO -- AN "I" IN ME EXISTS ONLY WHEN I AM NOT THINKING ABOUT IT (?!?!).
 ...WHAT KEEPS ME FROM THE FULL NOURISHMENT OF WHAT THIS FACT REVEALS ?!
 ...WHAT KEEPS MY ATTENTION TIED TO THE OBVIOUS ILLUSION THAT THERE IS,
 INSIDE OF MY HEAD & THINKING,
 ANYTHING REMOTELY RESEMBLING A CONTINUOUS & SUBSTANTIAL -- "I"?!"
 "THE TRUTH" DOESN'T SIMPLY, "SET YOU FREE",
 THE REALIZATION OF "THINGS-AS-THEY-ARE" IS FREEDOM.

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IT TAKES A LOT OF THOUGHT TO PRODUCE "CLEVER TALK",
 AND THERE'S NO RECORD OF CLEVER TALK EVER PRODUCING ENLIGHTENMENT.

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THE PAST IS ONLY A PRESENT MEMORY, AND THE FUTURE BUT A PRESENT DREAM.

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IF YOU HAVE BEEN USING THE APPROACH OF, "STUDYING YOURSELF"
 AS A WAY TO AWAKENING,
 IT'S TIME YOU RECOGNIZE THAT "THINKING ABOUT YOURSELF" IS NOT, "STUDYING YOURSELF".
 ...(ONLY ABOUT 1 OUT OF EVERY 435 WOULD-BE MYSTICS EVER REALIZE THIS.)

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EVERY TIME YOU SAY, "I" -- YOU LIE.

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CAN YOU BE CONSCIOUS ON PURPOSE?
CAN YOU BE CONSCIOUS BY YOUR OWN DECISION...THRU YOUR OWN ACT-OF-WILL?!
WHAT ARE WE TO MAKE-OF, AND DO-WITH SOMETHING (CONSCIOUSNESS),
 THAT IS SO ALMIGHTY POWERFUL IN OUR LIVES, BUT OVERWHICH WE HAVE SO LITTLE CONTROL,
 AND ABOUTWHICH WE CAN EXERCISE SO LITTLE APPARENT INPUT?!
 WHAT A THOROUGHLY CURIOUS SITUATION -- ONCE YOU SEE IT THIS WAY.

WHENEVER YOU SAY, "I" --- YOU LIE.

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THE PAST COULD NOT HAVE BEEN AS BAD AS YOU RECALL OR YOU WOULD NOT HAVE SURVIVED IT, AND THE FUTURE NEVER PROVES AS DISASTEROUS AS YOU IMAGINE SINCE YOUR PICTURES OF IT ARE COMPOSED ENTIRELY OF YOUR MEMORIES OF THE PAST, (WHICH WE'VE ALREADY COVERED AND DISMISSED)..... SO! -- THE ONLY PLACE WHERE YOU CAN SUFFER -- OR NOT SUFFER -- IS IN THIS VERY, EXACT INSTANT! --

BUT, (I MUST ADMIT), LIVING SOLELY IN THE MOMENT SEEMS TO DRIVE ORDINARY MINDS INTO INSUFFERABLE BOREDOM, OR INTOLERABLE FRUSTRATION:

ONLY THE "HALF-A-PER-CERTERS" THRIVE IN THAT ELUSIVE SPOT: THE INSTANT, PEACEFUL, QUIET & UNEVENTFUL -- "NOW"!

AND A BOY SAID TO HIS FATHER: "WHEN I DIE, I WANT TO GO TO A PLACE OF, "NO COMMENTS".", AND THE ELDER REPLIED: "AH, BUT SUCH IS POSSIBLE THIS VERY MOMENT.", "HOW SO?", ASKED THE LAD, "BY LIVING ONLY IN THIS VERY MOMENT.", HE ANSWERED.

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EACH TIME THAT YOU SAY, "I" --- YOU LIE.

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WHEN YOU'RE SICK, IT'S EASIER NOT TO WHINE & COMPLAIN IF YOU, "LIVE ALONE" -- SAME INTERNALLY, IF THERE IS JUST ONE OF YOU -- "IN THERE".

"TALKING TO YOURSELF" IS A SIGN OF MENTAL NORMALCY, BUT IS ALSO WHAT MYSTICS TAKE AS A SYMPTOM OF THE DESEASE THEY DISPISE. FACT: IT IS HARD TO BE "NORMAL" AND EVER "WAKE UP." ... THE REAL FACT, (IN FACT), IS THAT IT IS IMPOSSIBLE !!(BUT KEEP IT TO YOURSELF).

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THE MOMENT YOU SAY, "I" --- YOU LIE.

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BEFORE "ENLIGHTENMENT" CAN BE UNDERSTOOD,
YOU MUST SEE CLEARLY FOR YOURSELF THE ABSOLUTELY SIMPLICITY OF LIFE --
-- OF WHAT IT IS THAT YOU CALL, "BEING ALIVE":

NOTHING COULD BE PLAINER OR SIMPLIER THAN, "BEING ALIVE",
IT IS ONLY YOUR OWN COMMENTS THAT MAKE IT SEEM OTHERWISE.

QUESTION: HOW CAN YOU BE CERTAIN THAT A PARTICULAR MAN IS ENLIGHTENED?

ANSWER: HE IS MENTALLY -- DEAF & DUMB.

AND A FATHER SAID TO HIS SON: "I CAN'T HEAR-R-R YOU!",

"I DIDN'T SAY-Y-Y ANYTHING!", HE REPLIED,

"WHAT KIND OF EXCUSE IS THAT-T-T?", RETORTED THE OLD MAN,

"THE EXCUSE OF THE AWAKENED-D-D.", THE BOY REPLIED.

QUESTION: ARE YOU THE FATHER OR THE BOY?!,

AND DO YOU STILL BELIEVE IN A DIFFERENCE BETWEEN,

"EXCUSES" AND "EXPLANATIONS"?

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WARNING! -- WARNING! TO ALERT EARTHLINGS:

A MAN WHO WILL SAY, "I" WILL TRY AND LIVE IN THE SAME HOUSE WITH YOU.....
....THUS INCREASING THE CHANCES THAT YOU WILL WHINE & COMPLAIN ABOUT
BEING ALIVE, I MEAN, SICK.

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ONE MAN WHO FOR MANY YEARS HAD STRUGGLED WITH THE EFFORT TO "STUDY HIMSELF",
AND "FIGURE OUT" ENLIGHTENMENT, KEPT HIS ATTENTION TURNED INWARD,
WHICH HE BEGAN TO THINK OF AS: "LOOKING AT THE GROUND".

THEN AS HIS SIGHT BEGAN TO CLARIFY, HE ADOPTED AS THE PROPER APPROACH FOR HIM
WHAT HE THEN REFERED TO AS: "LOOKING ONLY AT THE SKY."

MORAL-IN-LURKING: IF YOU DON'T BREAK UP THE MONOTONY, YOU BECOME THE MONOTONY.

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AFTER DEEPLY PONDERING CERTAIN IDEAS SUCH AS HAVE BEEN TOUCHED ON TONIGHT,
ONE MAN SAID TO HIMSELF:

"WELL SIR! -- IF THERE IS NO ACTUAL "ME"
THEN WHERE IS THE ME THAT I KEEP EXPECTING TO AWAKEN?!

NOW WHAT?!", HE ADDED, AS HE LEISURELY STROLLED AWAY. ("NOW WHAT?", INDEED.)

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WHAT IS NORMALLY THOUGHT OF AS: HUMAN, INTELLECTUAL, PSYCHOLOGICAL "PROGRESS"
IS NOT, (AS GENERALLY PERCEIVED), "MENTALLY DRIVEN", BUT IS RATHER, HORMONALLY SO.
IT IS LIFE THAT DEVELOPES -- NOT THE IMAGINARY REALMS IN MENS' MINDS.

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TO PROLONG AN ILLNESS -- TALK ABOUT THE ILLNESS:
TO PROLONG ANY UNDESIRABLE CONDITION, (THAT'S RIGHT) --- TALK ABOUT THE MUTHER.
...AND IF YOU THINK THAT "THINKING ABOUT BEING ASLEEP" IS AN EXCEPTION TO THIS,
THEN YOU ARE STILL AN ILL "MUTHER-FLOUNDERER".

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THE ORDINARY WANT RULES TO "LIVE BY":
THE HEROIC WANT RULES TO "DIE BY":

THE "HALF-A-PER-CENTERS" SEARCH FOR TEMPORARY RULES THAT WILL ULTIMATELY
FREE THEM FROM ALL MORTALLY CONCEIVED "RULES".
...(WHICH IS TO SAY: RELEASE THEIR MINDS FROM THE RULES BINDING IMAGINARY MINDS.)

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AN ENLIGHTENED MAN SAYS NOTHING:
AN ENLIGHTENED MAN LISTENS TO NOTHING:
AN ENLIGHTENED MAN ONLY SEES.

.....THAT IS -- "ENLIGHTENMENT".

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