

NO ONE HAS THE SLIGHTEST DIFFICULTY IN RECOGNIZING THAT THERE IS A FLOW OF ...  
 ABSOLUTELY MECHANICAL, IMPERSONAL, NATURAL ENERGY THAT RUNS, DIRECTS,  
 AND SUSTAINS THE BODY,  
 BUT ALMOST NO ONE CAN RECOGNIZE ANYTHING REMOTELY SIMILAR IN  
 OTHER AREAS OF MAN'S OPERATIONS .....AND PERHAPS WE SHOULD NOT SAY THAT  
 NO ONE CAN "RECOGNIZE" THIS, FOR IN AN INSIGNIFICANT AND DISTORTED WAY, THEY DO;  
 - ORDINARY MINDS WILL PROFESS THAT CERTAIN MANIFESTATIONS OF MANS'  
 THINKING AND EMOTIONS SEEM MECHANICAL, BUT WHENEVER THIS CLAIM IS MADE  
 WHATEVER IS IDENTIFIED AS AN EXAMPLE OF SUCH IS ALWAYS TAGGED AN ABBERATION --  
 -- A MORBID EXCEPTION TO A NORMAL MAN'S NATURAL, HEALTHY STATE.

DO YOU SEE MORE CLEARLY THE CHALLENGE IN DIAGNOSISING TO A MAN  
 HIS PRESENT CONDITION AS BEING LESS THAN OPTIMAL  
 WHEN HE HAS NAUGHT TO COMPARE IT TO.

THOSE WHO HAVE NEVER STRAYED FROM HOME - ON THEIR OWN -  
 HAVE NO WAY OF KNOWING OF OTHER PLACES,

AND THOSE WHO NEVER STRUGGLE AGAINST THE CONDITIONS  
 OF THE HOME INWHICH THEY WERE BORN -- NEVER STRAY.

IT'S FAIR, IT'S JUST, IT'S -- SUPER FAIR,  
 IT'S REACH BEING NEAR INESCAPABLE.....BUT JUST NEARLY SO.

THE FIRST STEP TOWARD FREEDOM BEING TO RECOGNIZE IT,  
 THE SECOND, TO STRUGGLE AGAINST IT.

FAIR'S FAIR.

SUMMARY REPORT REGARDING CONSCIOUSNESS

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IF YOU'RE NOT "HERE" -- YOU'RE "GONE".

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ONE MAN MUSED:

"WHILE TAXES ARE CONTRIBUTIONS REQUIRED OF ME FOR THE BENEFIT OF THE GOVERNMENT,  
BY AND LARGE, SO'S MY NORMAL MENTAL ACTIVITY THE SAME FOR LIFE."

SUMMARY REPORT UPDATE REGARDING CONSCIOUSNESS

IF YOU'RE STILL NOT HERE, YOU'RE STILL GONE.

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SIMPLY PUT, (USING MORE WORDS):

YOU'RE EITHER, CONSCIOUS-IN-THE-MOMENT -- OR ELSE, YOU'RE-IN-THE-FLOW.

OKAY - EVEN SIMPLIER:

YOU'RE EITHER AWARE OF YOUR OWN IMMEDIATE PRESENCE,  
OR ELSE YOU'VE FORGOTTEN THAT YOU EVEN EXIST.

...OF COURSE IS YOU'RE SATISFIED TO BE ORDINARY AND STAY WHERE YOU ARE,  
NONE OF THIS MAKES THE SLIGHTEST DIFFERENCE.

ONE MAN'S STUDY OF THE MATTER BROUGHT HIM TO THE PLACE WHERE HE ASKED HIMSELF:  
 "IT WOULD SEEM THAT THE WHOLE PURPOSE OF MAN'S MIND WAS TO SERVE AS  
 AN OBJECTIVE INVESTIGATOR AND DECISION MAKER,  
 AND YET OBJECTIVITY SEEMS ALL BUT IMPOSSIBLE FOR HIM --  
 -- WHAT IS AFOOT HERE?! --

.....COULD IT BE THAT THE MIND'S POTENTIAL OBJECTIVITY IS HINDERED BY  
 MAN'S EMOTIONS?! .....COULD THEY BE THE CULPRIT HERE?!.....  
 -- BUT WAIT! --

WITHOUT EMOTIONS MAN WOULD NEVER HAVE SURVIVED LONG ENOUGH  
 FOR THE MIND TO EVOLVE.....HUMMM", HE FURTHER PONDERED,  
 "THE ONLY POSSIBILITY WITH ANY OBJECTIVE VALIDITY IS THAT THE  
 'PROBLEM' - (IF INDEED IT BE SEEN AS ONE) - MUST LIE IN THE  
 WORKING RELATIONSHIP BETWEEN THE MIND AND THE EMOTIONS.  
 HUMMM", HE SAID AS HIS PONDERING LEAD HIM ONWARD,  
 "I WONDER WHY NO ONE HAS EVER MENTIONED THIS TO ME BEFORE?!"

BASED ON HIS REFLECTIONS, NOW ASK YOURSELF: JUST WHAT ASPECTS, FUNCTIONS,  
 AND OPERATIONS OF MAN SHOULD BE OBJECTIVE AND NON-PERSONALLY PREJUDICIAL?  
 ...WHICH ONE OR ONES COULD BE -- WITHOUT THE RISK OF HARM?

AND LASTLY ALONG THIS LINE YOU MIGHT CONSIDER THE QUESTION OF: IN WHAT WAY  
 MIGHT ENLIGHTENMENT HAVE ANY CONNECTION TO OBJECTIVITY?

EVERYONE WANTS MORE KNOWLEDGE,  
BUT EVEN IF AVAILABLE, YOU CAN ACQUIRE NONE WHILE ENGAGED IN SELF-DECEPTION;  
YOUR ABILITY TO RECOGNIZE AND UTILIZE SUCH IS SHUT DOWN;  
YOU ARE SEALED UP IN A PRISON WITH ONLY WHAT YOU NOW KNOW --  
-- A PRISON, (THOUGH NOT OF YOUR OWN MAKING), WHICH SURVIVES BY YOUR PASSIVITY,  
AND ACCEPTANCE OF THE PRESENT CONDITIONS OF DECEPTION.

...YOU SEE, IT'S LIKE THIS:  
LIFE DOESN'T CARE WHO YOU FOOL -- JUST AS LONG AS YOU'RE INCLUDED.  
....(NOW THERE'S SOME NEW KNOWLEDGE FOR YOU.)

THE GENERAL FLOW THAT RUNS THROUGH MAN'S MIND WHICH HE CALLS HIS THINKING --  
-- HIS CONSCIOUSNESS --

IS ARRANGED SUCH AS TO RESIST TOO-STRONG EMOTIONAL JOLTS;

OH, IT OBSERVABLY DOESN'T MIND A LOW LEVEL OF WHINNING OVER, "BAD LUCK",  
(EVEN ON A REGULAR BASIS), AND EVEN A SMILE OR LAUGH, HERE AND THERE,  
BUT IT WILL NOT NORMALLY TOLERATE A MAN EXPERIENCING PASSIONS OF EITHER A  
PLEASANT OR UNPLEASANT NATURE THAT ARE STONG ENOUGH TO DISRUPT ITS  
ROUTINE, RHYTHMICAL RUN, . . .

THIS ARRANGEMENT DEFTLY PROTECTS THE ORDINARY FROM MENTAL DE-STABLIZATION,  
AND FROM INFLUENCES THAT WOULD INTERFER WITH THE PURPOSE THEY SERVE TO LIFE,  
BUT TO ONE SEEKING DISCOVERY AND A BREAK-THROUGH IN UNDERSTANDING,  
IT IS NOTHING SHORT OF A BARRIER.

SO, WHAT TO DO? - YOU ASK,

SO, WHAT-TO-DO IS TO GRAB HOLD OF ALL THE PASSION YOU CAN FIND,  
AND USE IT TO INTENTIONALLY INTERRUPT - AND WHEN LUCKY, STOP -- THE FLOW.

PEEPIN' ANNA....

WHEN YOU'RE NOT BEING CONSCIOUS-IN-THE-MOMENT -- YOU'RE HIDING FROM YOURSELF.



ALTHOUGH PHYSICALLY, (SAME AS ALL OTHER CREATURES), WE ARE TOTAL CAPTIVES OF LIFE,  
THE MAIN SOURCE OF OUR NON-PHYSICAL SLAVERY ARE OUR OWN MENTAL SELF DECEPTIONS.

GIVE THOSE UP AND YOU'RE ALREADY A STEP CLOSER TO FREEDOM.

YOU CANNOT PROPERLY STUDY SOMETHING AND LEARN ANYTHING NEW FROM YOUR STUDY  
IF YOU ARE ATTEMPTING TO PROVE SOMETHING --  
AND YOU ARE ALWAYS INVOLVED WITH TRYING TO PROVE SOMETHING  
WHEN LOOKING AT THINGS FROM A MENTAL POSITION THAT IS -- IN-THE-FLOW.  
THAT IS THE NAME OF THE MENTAL ACTIVITY NATIVE TO THE FLOW -- TO PROVE SOMETHING!  
-- SUCH IS ITS ROUTINE RESPONSIBILITY,  
WHICH STILL DOES NOT DENY THE OBSERVABLE FACT THAT  
IN THIS NATURAL BORN STATE, THE MIND, AFTER A VERY EARLY AGE,  
RESISTS LEARNING ANYTHING NEW THAT CONFLICTS WITH WHAT IT APPARENTLY HAS  
ALREADY LEARNED.

THE FLOW RUNNING THROUGH MAN, (WHICH HE NORMALLY CALLS HIS, "THINKING"),  
THE FLOW HAS ITS OWN LIFE, PURPOSE AND MOMENTUM,  
AND WILL RESIST,  
WITHIN THE MENTAL PROCESSES OF AN INDIVIDUAL MAN,  
ANY ATTEMPTED INTERFERENCE WITH ITS COURSE.

BUT, JEEZE!, IF YOU THINK THIS IS BAD --  
JUST WAIT'L WE TAKE A LOOK AT EMOTIONS IN THIS REGARD.

96101-10(B)

While the core cause of man's dissatisfaction is his unfinished condition, a closer-to-his-present-home factor could be seen as being his self-deception -- an understandable reaction to his incompleteness, whereby he pretends to have abilities he does not yet possess.

While the core cause  
of MAN'S' dissatisfaction  
is his unfinished condition,  
A closer-to-his-present-home  
factor could be seen as being  
his self-deception,  
- AN UNDERSTANDABLE REACTION  
to his incompleteness,  
where by he pretends to  
have abilities he does  
not yet possess

UNTIL YOU INDENPENDENTLY REALIZE THAT LIFE ITSELF IS ALIVE  
YOU WILL KEEP LOOKING FOR THE SOURCES OF EACH OF YOUR PROBLEMS --  
-- AND THERE ARE NONE.

EVERY TIME YOU ALLOW A CONVERSATION TO BE RE-PLAYED IN YOUR MIND --  
YOU ARE BEING DECEIVED.

... (OR IF YOU WANT IT FROM THE ROUTINE PERSPECTIVE:  
EVERY TIME YOU REPLAY A CONVERSATION IN YOUR MIND, YOU'RE DECEIVING YOURSELF.  
[TAKE YOUR CHOICE -- KNOCK YOURSELF OUT].)

ONE MAN DECIDED TO SEE HOW MANY TIMES A DAY HE COULD REMEMBER TO  
SAY THE WORD, "BRIGHT" -- HE WAS SUPRISED AT WHAT TRANSPIRED.

...  
THERE WAS ONCE A MIGHTY WARRIOR WHO CONQUERED MANY LANDS,  
AMASSED A GREAT FORTUNE, AND WHOSE NAME WAS KNOWN THROUGHOUT THE WORLD,  
AND IN HIS LATER YEARS, AFTER MUCH REFLECTION,  
HE CAME TO A CONCLUSION:  
THAT IF MAN'S MEMORY WERE BUT BETTER,  
THERE IS LITTLE THAT HE ~~CAN~~ DREAM OF THAT HE COULD NOT ACCOMPLISH.

COULD



THERE WAS YET ANOTHER STUDENT OF CERTAIN SUBJECTS  
WHOSE STUDIES EVENTUALLY LEAD HIM TO INQUIRE OF HIMSELF:

"IT WOULD SURELY SEEM THAT MAN'S MIND WAS CONSTRUCTED AS AT IS SO THAT  
HE COULD USE IT TO WILFULLY FOCUS HIS ATTENTION ON A SPECIFIC MATTER  
AND THUS, STUDY IT IN A MANNER SUPERIOR TO ANYTHING PREVIOUSLY KNOWN --

AND YET THIS IS NOT SO! --

MAN DOES NOT NORMANLLY, 'FOCUS' HIS ATTENTION -- IT'S FOCUSED FOR HIM! - OR,  
MORE PERCISELY PUT: NOT 'FOCUSED' FOR HIM, BUT RATHER DE-FOCUSED, SPLINTERED,  
AND DISPERSED FOR HIM BY THE MENTAL ACTIVITY NATURALLY,  
AND CONSTANTLY RUNNING THROUGH HIM.

WHY MIGHT THIS BE?!,

IN DIRECT OPPOSITION TO WHAT PATENTLY APPEARS TO BE THE  
VERY PURPOSE FOR WHICH HE WAS GIVEN AN INTELLECT?!.....

...IS SOMETHING WRONG HERE, OR IS THERE SOMETHING IN  
OPERATION THAT I HAVE YET TO SEE?"

ANY AREA IN LIFE INWHICH ADDITIONAL GROWTH IS POSSIBLE  
WILL ALWAYS FIRST BE SPOTTED AS A PLACE OF POTENTIAL,  
AND THE MIND WILL COME UP WITH A NAME FOR IT, AND BEFORE ANYONE NOTICES,  
MAN WILL BEGIN TO BELIEVE THAT -- THAT IS, DECEIVE HIMSELF THAT --  
THE POTENTIAL HAS BECOME A FAIT ACOMMPLI.

ONE GUY STARTED TRYING TO BUTTER UP LIFE BY SAYING THINGS LIKE:  
"YO, LIFE! -- YOU SOME LIFE -- YOU MY MAIN LIFE.", AND STUFF LIKE THAT.

THE HIGHER LEVEL QUESTION OF: "HEY, WHERE YOU AT?"

EVERYONE'S PHYSIQUE IS IN TOWN, BUT, HOLY WHIZ! - WHERE IS THE REST OF THEM?!

THE QUESTION OF SELF-DECEPTION: IN YOUR FACE!

THE THINKING OF THINGS THAT BY COMMON CONSENSUS ARE NOT, "TRUE",  
IS NOT THE FORM OF SELF DECEPTION OF CONSEQUENCE TO THE FEW,  
BUT RATHER THE TAKING OF THE THOUGHTS THAT PASS THROUGH YOU  
AS BEING WHAT YOU THINK.

THE QUESTION OF: DOING

IN THE BEGINING, THE ONLY THING THAT A MAN CAN DO  
IS TO STRUGGLE AGAINST WHAT HE HAS BEEN DOING.

THIS CAN MAKE GETTING STARTED SEEM DIFFICULT  
SINCE INSTEAD OF -"GOING SOME WHERE",  
AT FIRST IT SEEMS LIKE YOU'RE ONLY INVOLVED IN WRANGLING WITH  
WHERE YOU ALREADY ARE;

IT CAN APPEAR TO BE A PROCESS OF TRYING TO "GIVE CERTAIN THINGS UP",  
AS OPPOSED TO, "OBTAINING NEW THINGS",  
WHICH IS NOT THE NORMAL COURSE THAT ATTRACTS MEN.

..(ABOUT ALL A MAN CAN DO IS PRAY FOR BAD WEATHER EVERY 3 OR 4 DAYS.)

SELF-KNOWLEDGE

YOU CAN NEVER LEARN ANYTHING NEW AND USEFUL ABOUT YOURSELF  
IF YOU UNDERTAKE THE STUDY FROM ANY POINT OF VIEW ALREADY INSTILLED IN YOU BY LIFE.

FORGET DRUGS AND ALCOHOL --  
THE HARDEST THING FOR A MAN TO GIVE UP IS HIS SELF DECEPTION.

96101-21(B)

An anxious man must carry around with him his own slap-in-the-face.  
...And you already have the hand -- your attention.



AN ANXIOUS MAN MUST  
CARRY AROUND WITH HIM  
HIS OWN SLAP-IN-THE-FACE.

AND YOU ALREADY HAVE  
THE HAND - YOUR ATTENTION.

IN REGARD TO THE CREATION, AND  
CONSTRUCTION OF MAN, ONE INVESTIGATOR BEGAN TO SO CONSIDER:

"IS IT POSSIBLE THAT THE MIND WAS AN, 'ADD-ON' --

-- A LITTLE ACCESSORY THAT MAN RECEIVED AS SOME SORT OF BONUS FOR SOME REASON?"

AND THE ANSWER IS:

TO BE MORE STABLY CONSCIOUS IS TO BE ABLE TO BE DIFFERENT THAN YOU WERE BEFORE:  
ABLE TO ACT DIFFERENTLY, THINK DIFFERENTLY, AND REACT TO FEELINGS DIFFERENTLY,  
AND THE QUESTION IS: SO WHY STAY THE SAME?

HERE'S A HANDY, POCKET-SIZED TEST YOU CAN CARRY WITH YOU TO HELP DETERMINE WHETHER OR NOT, AT ANY GIVEN MOMENT, YOU ARE ENGAGED IN SELF-DECEPTION, -- AND THE TEST IS: WHETHER OR NOT YOU FEEL SIMMERING ANYWHERE WITHIN YOU ANY AMOUNT OF ANGER.

(BY THE WAY, THIS ALSO SERVES AS ANOTHER TEST:  
UPON HEARING IT DESCRIBED, IF YOU IMMEDIATELY REJECT IT -- YOU'RE ORDINARY.)

AS LONG AS YOU STILL DON'T REALIZE THAT LIFE IS THINKING FOR YOU,  
(SAME AS IT PUMPS YOUR BLOOD AND RUNS YOUR RESPIRATION FOR YOU),  
YOU WILL CONTINUE TO FIND,  
(IF FOR NO OTHER REASON THAN DUE TO THE NUMBER OF IDEAS PASSING THROUGH YOU),  
THAT SOME OF THEM STRIKE YOU WITH DISFAVOR,  
AND AS LONG AS YOU DO NOT RECOGNIZE THAT LIFE - LIFE!,  
PLAIN, SIMPLE, UNADORNED LIFE, NOT YOUR SPECIFIC CIRCUMSTANCES OR PAST,  
IS RESPONSIBLE FOR RUNNING THEM THROUGH YOU,  
YOU WILL TAKE THE WHOLE THING QUITE PERSONALLY  
WHEN NO SUCH THING IS JUSTIFIED,  
AND WHICH JUST A MODICUM OF INVESTIGATION WOULD CLEARLY REVEAL.  
AND DIG IT -- YOU CAN'T BLAME THIS TANGLE ON LIFE! --  
NOT WHEN IT HAS MADE AVAILABLE TO YOU, THE WAY OUT.

...AND, Wow! -- I HOPE YOU'RE STILL WAITING FOR US TO TAKE SUCH AS THIS  
INTO WHERE IT RELATES TO THE EMOTIONS.

AS REGARDS: RUN & HIDE:

YOU CAN HIDE FROM YOURSELF, (THAT IS, DECEIVE YOURSELF),  
BUT YOU CAN'T REALLY RUN FROM YOURSELF, (NOW CAN YOU?!)

IN THE EFFORT TO CALM AND CONTROL YOUR CONSCIOUSNESS  
IT IS FOREVER A QUESTION, NOT OF SUCCESS -- BUT OF TRYING.  
TRYING IS THE SUCCESS.

A FATHER NOTED TO A SON:

"DO YOU REALIZE THAT THOSE WHO PRAY FOR RELEASE FROM THEIR PRIDE AND VANITY BY THEIR OWN WORDS REVEAL THAT THEY UNDERSTAND AS LITTLE ABOUT LIFE AS IS HUMANLY POSSIBLE?!"



BEYOND ITS SMALL, IMMEDIATELY OBVIOUS USES,  
THE GREATER PURPOSE OF TALK IS FOR THE SAKE OF MAN'S SELF-DECEPTION.

THEN THERE WAS THIS OTHER GUY WHO, OFTEN WHEN ALONE  
WOULD BREAK OUT IN THIS BIG OLE SMILE AND SAY ALOUD:  
"HI, LIFE -- HOW'S IT GOING.",  
AND HIS SMILE WOULD GET SO WIDE AND BRIGHT THAT HE'D ALMOST FLOAT AWAY.

WHAT THE ORDINARY CALL SIN, THE MORE PERCEPTIVE WOULD THINK OF AS DISTRACTION --  
- A FORM OF STUPIDITY - WHICH IS THE ONLY THING THAT EVER MAKES THEM FEEL GUILTY.

BACK TO: PROBLEMS

YOU INVESTIGATE PROBLEMS -- NOT NEGOTIATE WITH THEM.

LIFE RUNS THE FLOW THROUGH MAN AT A MEASURED TEMPO --  
- WHAT AN INTENT MAN MUST DO IS ESTABLISH IN HIMSELF HIS OWN PERSONALLY MEASURED  
TEMPO-OF-AWARENESS AS HE YET NAVIGATES WITH IN THE GENERAL FLOW.

IT IS THROUGH SUCH AN APPROACH THAT ONE HAS ACCESS TO THE  
LONGED-FOR CONDITION OF CONSCIOUSNESS.

TO BE HONEST WITH YOURSELF ABOUT YOURSELF  
IS NOT SOMETHING YOU SIMPLY "DECIDE" TO DO --  
-- IT IS SOMETHING YOU MUST LEARN TO DO.

A REAL WARRIOR DOES NOT DROWN IN DEFEAT -  
HE DOES NOT DROWN IN HARDSHIP --  
NEITHER DOES HE DROWN IN AGING --  
A REAL WARRIOR DROWNS IN BUT ONE THING -- LOSS OF PASSION.

Loss of  
passion to  
fight.

WHAT IS TO BE RESISTED IS NOT THE OVERALL FLOW OF LIFE,  
BUT THE SMALLER ONE RUNNING THROUGH YOU.

IT IS THE DIFFERENCE BETWEEN BEING BITTER AND CRITICAL,  
AND HAVING THE CAPACITY TO JOYOUSLY APPRECIATE LIFE AS IT IS --  
-- IN A STATE OF ENDLESS GROWTH AND CHANGE.



THE SECRET, THE SECRET --  
MUST THE SECRET REALLY BE SECRET?.....I THINK I'LL JUST TELL YOU WHAT IT IS:  
THE DIFFERENCE BETWEEN WHAT LIFE IS & WHAT MEN THINK IT IS -- THAT IS THE SECRET.  
....(SATISFIED NOW?!)

.....APPARENTLY NOT, FOR ONE MAN ASKS:

"IS THERE SOME SURE-FIRE WAY TO KEEP OUT OF THE FLOW AND FREE FROM SELF-DECEPTION?"

YES, STAY ABSOLUTELY FOCUSED ON WHATEVER YOU ARE AT THE MOMENT ENGAGED IN.

"BUT THAT'S TOO SIMPLE.", HE SAYS.

I KNOW, (I REPLY).