

WHAT THIS ACTUALLY IS

NO MATTER WHAT PERSIAN, INDIAN, OR CHINESE NAME BE GIVEN TO IT,
AND REGARDLESS OF WHETHER IT BE IN THE TWENTIETH CENTURY B.C., OR
TWENTY-FIRST CENTURY A.D.

WHAT THIS IS IN THE CASE OF SELECT INDIVIDUALS IS NO MORE AND NO LESS THAN
THE BRAIN'S DISSATISFACTION WITH SPECIFIC ASPECTS OF ITS OWN INSTINCTIVE ACTIVITY

ANYONE WHO SAYS IT TO BE OTHER THAN THIS
DOES NOT UNDERSTAND WHAT THIS IS ACTUALLY ABOUT.

YET ANOTHER DISTINCTION BETWEEN EVERYDAY MINDS AND THE SELECT FEW IS THAT THE FORMER SAY: "EVERYTHING CHANGES.", WHILE THOSE WITH CERTAIN EYE SIGHT CAN DISTINGUISH BETWEEN "THAT WHICH MOVES" AND "THAT WHICH IS SIGNIFICANT".

TO A FULLY AWAKE MIND
THE ONLY THING OF SIGNIFICANCE THAT COULD OCCUR IN THIS UNIVERSE WOULD BE IF -- THE UNIVERSE MOVED AWAY FROM ITSELF.
(YOU MAY TAKE THIS TO MEAN THE "UNIVERSE" -- LITERALLY -- AND THE "UNIVERSE" AS METAPHOR FOR THE MIND.)
....IT DOESN'T MATTER....IT'S ALL THE SAME.)

ONE GUY GOES AHEAD AND EXPRESSES ALOUD THAT MOST UGLY OF FACTS:
 "AS LONG AS I AM ASLEEP
 I DON'T MIND
 BEING ASLEEP."

AND SUCH A SIMPLE FACT....TO HARBOR SUCH A COMPLEX LESSON.

SKUNKS WERE NEVER BOTHERED BY THEIR SMELL.....
UNTIL THEY WERE TOLD THAT THEY STUNKAND ACCEPTED THE JUDGEMENT.

AHHHH, BUT SKUNKS ARE SUCH SIMPLE CREATURES,
 (NOT AT ALL LIKE MEN!)

LOOK -- WHAT SAY WE DISPENSE WITH THE FABLES AND TALK ABOUT THINGS AS THEY ARE:
 SURE YOU DON'T MIND BEING ASLEEP, THAT IS IN MAN'S NORMAL MENTAL CONDITION
 AS LONG AS YOU ARE IN THAT NORMAL MENTAL CONDITION,
 WHICH IN TRUTH IS TO SAY THAT YOUR BRAIN HAS PRODUCED THOUGHTS IN YOU
 THAT SAY YOU, (THAT IS, YOUR BRAIN) IS NOT SATISFIED WITH ITS NORMAL EFFORTS,
 (WHICH IT HAS MADE YOU CALL, "BEING ASLEEP"), BUT
 IT ONLY PRODUCES THIS THOUGHT WHENEVER IT IS MOMENTARY NOT IN ITS OWN NORMAL
 CONDITION. IN OTHER WORDS: EVEN THOUGH YOUR BRAIN SAYS, AT TIMES, THAT
 IT IS NOT SATISFIED WITH THE WORK IT IS DOING IN ITS ROUTINE STATE,
 AS LONG AS IT IS IN ITS ROUTINE STATE, DOING ITS NORMAL WORK, IT IS QUITE
 SATISFIED WITH ITS CONDITION -- AND YOU & THE DESIRE TO AWAKEN ARE LEFT HANGING.
 --- NEAT, HUH?!?!?

ANOTHER DISTINCTION BETWEEN THOSE SEEKING THE GOAL AND ORDINARY PEOPLE IS THAT THE LATTER HAVE -- "MAGICAL ABILITIES", (FOR INSTANCE):
ORDINARY MEN CAN BE IN MANY DIFFERENT PLACES AT THE SAME TIME,
WHILE AN AWAKE MAN CAN'T.

ANOTHER OF THE UNCREDITED TALENTS OF THE HUMAN BRAIN:

IN ONE PART OF ITS NORMAL OPERATIONS

IT PORTRAYS SINGULARLY A CREATURE WHO CAN -- CAPTURE ITSELF.

(P.S.: BEING "ENLIGHTENED" IS IN BEING ABLE TO SET THIS CREATURE FREE.

[P.P.S.: THE "CREATURE" BEING THE
"OPERATION"].)

AND NOW SOME: "SPORTING NEWS":

THERE IS AN OBSCURE RACE THAT CAN ONLY BE WON BY NOT MOVING.

AND NOW CAN: "OBLIQUE NEUROLOGICAL UPDATE":

NO MATTER WHAT TIME IT IS HERE
ITS ALWAYS SOME OTHER TIME SOME WHERE ELSE.

INSTANT CORRECTION: "NO IT'S NOT!"

NOW TO CORRELATE AND PUT A WRAP ON THESE TWO STORIES:
NO MATTER THE QUALITY OF ITS SIGHT:
TO THE EYE OF A HURRICANE --
EVERYTHING IS -- HURRICANE!

AND ALWAYS REMEMBER OUR DUAL MOTTOS:

" THOUGHTS DON'T KILL BRAINS -- BRAINS DO.", AND:
" BRAINS START THOUGHTS, AND -- BRAINS CAN STOP THOUGHTS, (OR,
"SOMETHING ALONG THAT LINE ?!?!)

A STORY REGARDING

A BOY WHO'D OFTIMES BEEN TOLD BY HIS FATHER THAT
"BEING AWAKE" IS NO MORE THAN, "ACTING NATURALLY."
ONCE DAY THE LAD ASKED HIS DAD:
"IF A MAN IS NATURALLY CLUMSY, THEN WORKS TO APPEAR NOT SO,
DOES HE THEN ACT UN-NATURALLY?"

ANOTHER TALE ENTAILING AN ORIGINATOR AND AN OFF SPRING.
A SON TOLD HIS FATHER OF AN ELDERY MAN HE'D MET, AND DESCRIBED IN DETAIL
CERTAIN OF THE MAN'S CHARACTERISTICS WHICH WERE SIMILAR TO THOSE HIS FATHER
HAD SAID WERE INDICATIVE OF A MAN "AWAKE",
THEN THE LAD LOOKED QUIZZICALLY AT HIS FATHER AS IF TO SAY: "WELL?....",
AND HIS PAPA IMMEDIATELY TURNED THE QUESTIONING BACK ON THE BOY BY SAYING:
"IF A MAN SHOWS ALL THE SIGNS OF "BEING AWAKE" -- IS HE AWAKE?"

TAKING SUCH A LINE OF SIGHT ON THIS MATTER ALWAYS BRINGS TO MIND THE CONSIDERING
THAT WITH ONE SMALL EXEMPTION,
A DEAD MAN HAS ALL OF THE NECESSARY CHARACTERISTICS OF A FULLY ENLIGHTENED,
AND LIBERATED BEING.

KNEE DEEP INTO THE PROCEEDINGS, A MAN SUDDENLY STOOD AND SAID:
 "NEVER MIND ALL OF THE, "SELF-REMEMBERING", AND BEING "MINDFUL" STUFF,
 THE QUESTION YOU SHOULD ALL BE CONSIDERING IS THIS:

CAN YOU MAKE YOUR BRAIN
THINK WHAT YOU
WANT IT TO THINK?!",

AND AS A MURMUR SWEEPED THRU THE AUDIENCE, THE MAN CONTINUED:
 "AND THE FURTHER QUESTION IS:

HOW DO YOU SEPARATE "YOU"
 FROM YOUR BRAIN
 TO EVEN GIVE THIS A TRY?!"

IF YOU DON'T UNDERSTAND THE PRESENT CIRCUMSTANCES
 HOW CAN YOU REASONABLY EXPECT TO EVER CHANGE THEM?!

HOW CAN A MAN LIVING IN PARIS BELIEVE THAT SOME SPECIAL EFFORT WILL EVENTUALLY
 TAKE HIM FROM THERE TO ISTANBUL WHEN PARIS IS AN ILLUSION TO BEGIN WITH?!

THINKING THAT YOU CAN AND WILL GO FROM ONE STATE TO ANOTHER
 IS EXPECTED AND ACCEPTABLE IN THE BEGINNING --

BUT SOME WHERE DOWN THE LINE YOU MUST TAKE A GOOD CLOSE LOOK AT
 WHAT IT IS THE THOUGHTS IN YOUR BRAIN ARE CALLING, "STATES".

IMAGINARY GEOGRAPHY IS NECESSARY AT THE COMMENCEMENT OF THIS JOURNEY TO THE GOAL
 BUT IN LATER STAGES IT IS NOTHING BUT AN ENCUMBRANCE.

THE ONLY REAL MAP THERE IS IS IN YOUR BRAIN.....OH YEAH, THE ONLY PLACES TO GO
 ARE IN THERE TOO.

A MAN-WHO-KNEW

ASKED HIMSELF:

"HOW COMES PEOPLE LIKE ME TO DISPARAGE SUBJECTIVITY
WHEN WHAT WE DO IS THE HEIGHT OF SUBJECTIVITY?!"

THE ALL-AROUND, GOOD-TIME, COVER-IT-ALL DESCRIPTION OF: "BEING ASLEEP":

"I'M TOO BUSY TO LOOK RIGHT NOW."

THE DIFFERENCE BETWEEN THE VIEW OF THE ORDINARY AND A SELECT FEW IS THAT THE FORMER SAY: "USE IT OR LOSE IT.", WHILE THE LATTER WISH THAT THE OPPOSITE WERE SO.

PICKING HIMSELF UP FROM THE DUST, A LION EXPLAINED HIS TRIPPING BY THE FACT THAT HIS ATTENTION WAS TOTALLY ON SOME PREY HE WAS CHASING;

A MAN'S EXCUSE IS CONFINED TO THE THOUGHTS HE IS CHASING.

(OR TO BE TECHNICALLY EXACT: DUE TO THE BRAIN'S OVERALL ATTENTION BEING MOMENTARILY SEIZED BY THE ACTIVITY IN ONE OF ITS REGIONS.

(THOUGHTS, IN CASE YOU DIDN'T GUESS!)

.....
OH YEAH -- A FOLLOW-UP "METAPHORICAL" FACT:

AN ENLIGHTENED MAN DOESN'T HAVE TO WATCH WHERE HE'S GOING
SINCE HE NO LONGER LABORS UNDER THE ILLUSION THAT HE IS GOING ANY WHERE.

AND WE HAVE A REVISED UPDATE TO A STORY COVERED EARLIER THIS WEEK,
 A CERTAIN MAN FOUND A LARGE CREATURE IN HIS HOUSE;
SO LARGE IN FACT
 THAT IT WAS DAMN NEAR THE SIZE OF HIS HOUSE.
 HE ATTEMPTED TO GET THE CREATURE OUT,
 BUT IT OCCUPIED SO MUCH SPACE THAT IT LEFT NO PLACE
 FOR HIM TO STAND
 FROM WHICH TO -- GIVE IT A PUSH.

OH YEAH, THE NEW HEADLINE OF THIS STORY IS:
 "STARTLING DISCOVERY MADE CONCERNING, "CONCENTRATION" AND,
 "THE GREAT LIBERATION"."

OH YEAH, THE NEW HEADLINE OF THIS STORY IS:
 "STARTLING DISCOVERY MADE CONCERNING THE CONNECTION BETWEEN,
 "CONCENTRATION-&-THE- GREAT-LIBERATION."

....(ALTHOUGH IT SHOULD BE ALL THAT SUPRISING TO THE ALERT.)

ONE GUY PROFFERS THIS OBSERVATION:

"THE MIND PART OF MY BRAIN WOULD NOT BE OUT OF CONTROL AND ANNOYING
WERE IT NOT FOR THE THOUGHTS THAT IT HAS.....

BUT WHICH THEN LEAVES ME TO FIGURE OUT "WHY" THE BRAIN WOULD DO SUCH A THING
TO ITSELF?!

I PONDERED THIS QUESTION FOR QUITE A WHILE,
AND EVEN CONSIDERED THE POSSIBILITY THAT THIS ATTITUDE IS UNIQUE TO ME....
....BUT EVEN IF TRUE -- THAT STILL DOESN'T DO ANYTHING TO QUELL MY
DISSATISFACTION WITH THE WHOLE AFFAIR.BUT,

THAT THEN FORCES THE QUESTION:

"IF THE BRAIN IS RESPONSIBLE FOR ITS OWN DISSATISFACTION --
WHO IS IT TO TURN TO FOR RELIEF?! "YIKES!", I THOUGHT,
"YIKES!", I THOUGHT
AS I LAUGHED."

REGARDING THE POPULAR TOPIC OF: "HAPPINESS"

HAPPINESS, (AS PRACTICED BY ROUTINE MINDS),
IS STAYING SUFFICIENTLY "BUSY" AS TO NEVER NOTICE THAT YOU'RE OTHERWISE.

(OR, IF YOU'D LIKE: VERSION NUMBER TWO:

HAPPINESS IS IN NEVER HAVING TO RESPOND TO THE CALL: "HEY, LOOK OVER HERE!")

A FATHER SAID TO HIS SON:

"IF YOUR DESIRE IS TO FASHIONABLY MOVE
IN THE MIDST OF THE HERD AS EFFORTLESS AS POSSIBLE THRU THE FOUR DIMINSIONS
THEN -- NEVER WATCH WHAT YOU'RE DOING. IT'S THAT SIMPLE."

(AND UNDER HIS BREATH HE MUTTERED: "I ONLY WISH THAT DOING THE OPPOSITE WAS.")

FOLLOW UP FACT: A CLUMSY, DISTRACTED MAN IS A MORTALLY CONTENTED CREATURE.....
....AS LONG AS HIS DISTRACTION DOES NOT BECOME KNOWN TO HIM.

IF

IF -- ORDINARY MEN ARE ON A ---"ROCKET SHIP"
THEN THE ENLIGHTENED ARE IN ROW BOATS -- AND WITHOUT EVEN OARS!
AND BY THEIR OWN CHOSING.

ONE MAN SAID: "I CHASED GHOSTS FOR FORTY YEARS;
AT LEAST NOW
I LET THEM COME TO ME."

FACT: YOU CAN DETERMINE THE DEGREE OF A MAN'S UNDERSTANDING BY
THE DEGREE OF WEAR ON THE SOLES OF HIS FEET.

A BOY SO ADDRESSED HIS FATHER:

"YOU HAVE SAID THAT IF A MAN COULD BE TOTALLY INDIFFERENT TO HIMSELF
HE'D SOON ACHIEVE THE GOAL,

BUT IS IT NOT ALSO TRUE THAT IF YOU EITHER REJECT OR ACCEPT THE IDEA
YOU ARE THEN FAR FROM THE GOAL?"

AND THE ELDER LOOKED AWAY AS THOUGH HE HADN'T HEARD A WORD THE BOY'D SAID.

LATER THAT DAY THE BOY'S MOTHER SAID TO HIS FATHER:

"IN THIS "GOAL" YOU SPEAK OF WITH THE LAD,

IS NOT THE REALITY BEIND THE AIM FOR THE BRAIN TO BECOME UNCONCERNED WITH
THE THOUGHTS IT CREATES?", SHE PAUSED AS IF CONSIDERING THIS QUESTION HERSELF,

THEN CONTINUED: "AND IF MY MEASURE OF IT BE CORRECT

THEN I AM FORCED TO ASK MYSELF:

HOW CAN AN ARTIST BE INDIFFERENT TO HIS OWN CREATIONS? --

AND IF SUCH A THING IS ACTUALLY POSSIBLE

THEN WHY WOULD AN ARTIST EVEN BOTHER TO CREATE?!"

CAN ANY OF YOU CONCEIVE OF "ENLIGHTENMENT" BEING A WORD & CONCEPT ACTUALLY MEANT
TO REPRESENT A CONDITION WHEREIN THE BRAIN BECOMES SO CONSISTANTLY & UNNATURALLY
AWARE OF THE ENDLESS THOUGHTS THAT IT PRODUCES THAT IT IS AS THOUGH A "LIGHT"
HAS BEEN SHINED ON THE OPERATION -- BRINGING INTO VIEW THAT WHICH WAS PREVIOUSLY
HIDDEN IN THE DARK. TO WIT: THE BRAIN IS NO LONGER SO IGNORANT OF ITSELF.
WHAT MORE LIBERATION CAN THERE BE?!

- CONCERNING THE CONSIDERABLE MATTER OF: "INDIFFERENCE".

"HOW CAN I HATE YOU IF YOU WON'T STAND STILL?!"

A MAN SAID TO A MYSTIC: "TO ME THE REWARD IN, "THINKING ABOUT THINKING" IS THAT IT GIVES ME THE FEELING THAT I HAVE BEEN FREED FROM THE NORMAL CONFINES OF THINKING! --

IS THIS AN ILLUSION ON MY PART?", & THE MYSTIC REPLIED: "NO, IT IS NOT AN ILLUSION AND THE MAN ASKED: "THEN WHAT IS IT?", AND THE MYSTIC SAID THAT THERE WAS NO WORD FOR WHAT THE MAN HAD DESCRIBED.

OKAY!

SO YOU REALLY, REALLY WANNA KNOW WHAT THIS THING IS ACTUALLY ALL ABOUT?! --
OKAY -- I'LL TELL YA:

ONE MAN'S BRAIN HAD THIS THOUGHT:

"HOW CAN IT BE THAT MY GREATEST DISTASTE IS FOR THE THOUGHTS THAT
INVOLUTARILY ARISE IN ME -- WHEN!,
WITHOUT THESE THOUGHTS I WOULD HAVE NO AWARENESS OF
MY OWN EXISTANCE?!"

WHAT?! -- YOU'RE NOT SATISFIED?! -- YOU WANT MORE?!

YOU SAY YOU WANT "MORE EXACT DEFINITIONS"?! --

WELL, IF THAT'S WHAT YOU WANT -- THAT'S WHAT YOU'LL HAVE:

THOSE WISHING TO "AWAKEN" ARE PEOPLE WHO
WANT TO SEE SMOKE WITHOUT THERE
BEING ANY FIRE.

A BOY ASKED HIS FATHER: "DO I HAVE TO STARE DIRECTLY AT THE SUN.", AND HIS PAPA
SAID THAT HE DIDN'T; THEN THE LAD SAID: "BUT IT'S THERE -- EVERY DAY!",
AND HIS FATHER SAID THAT IN SPITE OF THAT FACT,
HE STILL DIDN'T HAVE TO LOOK.

.....

AND THIS MOTIVATED ONE MAN TO "MUSE",
(THAT'S WHAT HE CALLS IT WHEN HE DOESN'T WANT TO THINK ABOUT THE FACT THAT HE IS,
"THINKING"); AT ANY RATE, HE MUSED:
HE SO MUSED:
"IF IT -- "WASN'T THERE" --
I WOULDN'T -- LOOK AT IT!",
AND THIS POSSIBILITY, (BASED ON HIS OWN PAST EXPERIENCE),
BEING APPARENTLY IM-POSSIBLE, HE FURTHER MUSED: "HUMMM....
THEN MAYBE AS I LOOK.....
I COULD BECOME NONCHALANT ABOUT IT!"

AND APPARENTLY IN RESPONSE TO ALL OF THIS, ONE GUY SAYS:
"I FIND MYSELF IN A CURIOUS.....AHHHHHH -- SITUATION,
EVEN THOUGH I'VE SPENT MUCH OF MY LIFE IN
WANTING- TO,
AND
TRYING-TO
KEEP-MY-DOG-IN-HIS-OWN-YARD,
THE TRUTH IS THAT --
EVERYTHING INTERESTING THING I HAVE
HE BROUGHT TO ME FROM ONE OF THE TIMES HE RAN OFF.

....GOD HELP ME! -- BUT I DO SO LOVE THAT CREATURE."