

IN REMARKS OBVIOUSLY DIRECTED AT HIS OWN HEAD, ONE MAN SAID:
"YOU'VE BEEN A GOOD OLE BRAIN;
YOU'VE HELPED ME KEEP MY BALANCE, ADJUSTED MY BLOOD PRESSURE,
REGULATED MY HEARTBEAT, AND A MYRIAD OF OTHER BENEFICIAL OPERATIONS,
BUT TELL ME --
PLEASE TELL ME DO:
WHAT IN THE HELL IS THE POINT OF THE REST OF THIS CRAP?!"
...HE THEN BECAME SILENT, APPARENTLY LISTENING FOR A REPLY,
DO I HAVE TO TELL YOU THE REST?!

A SIGN THAT YOUR HEAD IS BECOMING MORE STABLE,
(ALTHOUGH UNREALIZED AS IT FIRST BEGINS TO OCCUR),
IS IN NOT READILY RECOGNIZING YOURSELF WHEN YOU ENCOUNTER A MIRROR.

"IS THAT ME?" -- No,
"IS THAT NOT ME?" -- No,
"THEN IS IT NOT, NOT-ME? WHILE YET STILL BEING SOMETHING BEYOND ALL OF THAT?"
....YOU KNOW, THE MAN WAS RIGHT: YOU HAVE BEEN A -- GOOD OLE BRAIN.

MEN RUN BY THEIR FEELINGS -- NOT THEIR THOUGHTS.

THOUGHTS ARE THE PERSONAL ASSISTANTS TO FEELINGS.

FEELINGS RULE: THOUGHTS SERVE & ASSIST.

WHEN AN ORDINARY PERSON FEELS ROTTEN THEY THINK: "I FEEL ROTTEN.",
WHEN THOSE SEEKING THE SECRET FEEL ROTTEN THEY THINK:
"WHY ARE MY THOUGHTS SO ROTTEN TODAY?"

THOUGHTS HAVE TWO SOURCES OF MATERIAL: THEIR OWN MEMORIES, AND THE SENSATIONS
PASSED ALONG TO THE BRAIN'S THINKING AREAS FROM ITS NON THINKING ONES.

THOUGHTS COME FROM QUASARS; FEELINGS FROM THE BIG BANG.

BELIEVING THAT THE STUDY OF A METHOD TO AWAKEN IS THE SAME AS AWAKENING
IS LIKE TAKING A COURSE IN "UNICORN TRACKING":
EVEN IF YOU GRADUATE
THERE'S NO WHERE TO PRACTICE YOUR ART.

AND THE MAN SAID: "I DO NOT MYSELF KNOW WHETHER I AM ENLIGHTENED OR NOT,
BUT I HAVE A DIPLOMA THAT SAYS I AM.",
(AND HE'S A BETTER MAN THAN ME.)

UNDERSTANDING PUT IN WORDS IS FOLLY:
UNDERSTANDING NEVER SPOKEN IS THE SECRET GRADUATION.

THOSE WHO AWAKEN ONLY IN A MONESTARY NEVER FULLY AWAKEN.
THOSE WHO CONSTRUCT A MONESTARY IN THEIR OWN HEAD AND AWAKEN THEREIN,
ARE MORE AWAKE,
BUT THEY ARE THE MOST AWAKE WHO THEN FLEE EVEN THE MONESTARY IN THEIR OWN HEAD.

TO HIMSELF THE MAN KEPT SAYING: "I'VE GOT TO GET AWAY!, I'VE GOT TO GET AWAY!,
I'VE GOT TO GET BACK OVER THE BORDER! -- THE ILLUSIONARY BORDER BETWEEN ME
AND EVERYTHING MY BRAIN'S THOUGHTS SAY ARE OUTSIDE OF ME.
I MUST CROSS OVER THAT BORDER BEFORE IT'S TOO LATE.", (AND OFF HE WENT...HUH?!

THE THING ABOUT THOUGHTS:

THOUGHTS EITHER: "JUST APPEAR"-- OR YOU --"MAKE THEM APPEAR". (OR SO IT SEEMS).

HINT: THERE IS NO "AWAKENING, ENLIGHTENMENT IN THE FORMER INSTANCE).

AND ONE MAN MUSED: "IT IS TRULY REFRESHING THAT SOME THINGS IN LIFE ARE SIMPLE!", WHICH REVEALS THE THINKING OF A MAN WHOSE BRAIN HAS HYPNOTIZED ITSELF AND HAS DIFFICULTY NOW OF SEEING THAT ALL OF LIFE IS -- SIMPLE.

...(OF COURSE & INDEED, IT IS THIS VERY SIMPLICITY THAT MOST BRAINS ARE NOT EQUIPED & PREPARED TO CONFRONT.

THE MOTIONS OF LIFE (AS EXEMPLIFIED BY MAN) REQUIRE THAT THINGS BECOME MORE COMPLEX -- (AS PERCEIVED BY ORDINARY THINKING).

THOSE WHO KNOW WHAT'S GOING ON ARE NOT BURDEN IN THEIR INDIVIDUAL LIFE WITH THE ILLUSIONS OF "COMPLEXITY-AS-A-NECESSITY", BUT RATHER REALIZE THAT THEY (AND EVERYONE ELSE) ARE STILL RUN BY FEELINGS -- QUITE SIMPLE, UNCOMPLICATED FEELINGS AND EVERYTHING ELSE IS JUST MENTALLY CONTRIVED MINUTIA

THERE IS NO DOUBT THAT MEN OF COMMON THOUGHTS MUST THINK THAT EVER INCREASING COMPLEXITY IS NECESSARY FOR THEM TO LIVE AS FULL AND PROPER A LIFE AS POSSIBLE; FOR THE FEW "TRYING-TO-CRAWL-THROUGH-THE-CRACKS" SOMETHING RESEMBLING THE OPPOSITE IS IN PLAY.

THOUGHTS EITHER: "JUST APPEAR" -- OR YOU: "MAKE THEM APPEAR". THAT'S IT.

(STILL USING CONVENTIONAL METAPHYSICAL TERMS), THERE SEEMS TO POTENTIALLY BE THIS PARTICULAR SEQUENCE:

FIRST YOU APPEAR TO "WAKE UP"; THEN YOU REALLY "WAKE UP",
(WHICH IS A CREATURE OF AN ENTIRELY DIFFERENT SPECIES.)

MYSTICS NOT-IN-THE-KNOW

EXPECT THAT SOME SORT OF EXTENDED "ENLIGHTENMENT EXPERIENCE" WILL PERMANENTLY RELIEVE THEM OF THEIR FEELINGS OF DISSATISFACTION, JUMPINESS & UNCERTAINTY.

'TIS GOOD THAT DISSAPPOINTMENT (IN THE HUMAN SENSE) IS NOT FATAL,
OR ELSE WE'D BE SINGING: "WHERE HAVE ALL THE MYSTICS GONE?...."

BY NATURE, THE BRAIN CONSTANTLY FLOODS ITSELF WITH THOUGHTS;

IT IS NOT HOWEVER, OUTFITTED WITH DAMNS & SLUICE WAYS;

THESE A MAN MUST CONSTRUCT FOR HIMSELF.

(OF COURSE WHAT I'M ACTUALLY SAYING IS THAT SOMEHOW, BEYOND ITS VERY NATURE,
THE BRAIN HAS TO IMPOSE SUCH ON ITSELF.)

AND SOMEONE ASKS: "SO WHAT YOU'RE SAYING IS THAT A MAN NEEDS TO --

-- DIVERT HIS ATTENTION?!", TO WHICH I REPLY:

NO, WHAT IS NEEDED IS FOR YOU TO STOP ALLOWING THE BRAIN TO STARE AT ITSELF
WHILE TELLING YOU THAT IT IS YOU WHO IS DOING IT.

ONE MAN CONFIDES: "I ONCE BELIEVED THAT ME --

TRYING TO AWAKEN

WAS LIKE A SHADOW TRYING TO CATCH ITSELF;

BUT NOW I REALIZE THAT WHAT IT REALLY IS IS ME THINKING THAT IT'S LIKE A SHADOW
TRYING TO CATCH ITSELF.

HUGH, HUGH DIFFERENCE, WOULDN'T YOU AGREE?!"

RE THE ALL IMPORTANT MATTER OF: "BEING WITH IT":

IF THERE WAS OBJECTIVELY SUCH A THING AS BEING "HIP"
THEN THE TRULY HIP WOULD NEVER LET ON THAT THEY WERE.

FACT: THE TRULY ENLIGHTENED ARE HIP.

RE THE MATTER OF SPEED, (ON DAYTONA BEACH AND ELSEWHERE):

FEELINGS ARE FASTER THAN THOUGHTS,
AND THOUGHTS ARE FASTER THAN YOUR ABILITY TO HAVE THEM AND .
SIMULTANEOUSLY BE AWARE THAT THEY DO NOT CONSTITUTE A "YOU".

ONE MAN HAD A HIGHLY ANNOYING VIRUS WHICH HE ATTEMPTED TO SHAKE BY RUNNING AS FAST AS HE COULD.

THIS DID NOT DO AWAY WITH THE VIRUS,
BUT DID DISTRACTED HIM FROM BEING SO ANNOYED.

WHAT I HAVE JUST DESCRIBED IS MAN'S UNKNOWING STATE OF THE BRAIN PRODUCING THOUGHTS, AND THE FEW WHO SEEK A SOLUTION DOING SO WITHOUT EVER UNDERSTANDING WHAT IT IS THAT THEY'RE ACTUALLY FACED WITH.

JUST ON THE OFF CHANCE THAT THIS DOES NOT STRIKE YOU AS IMMEDIATELY CLEAR, LET ME REPHRASE THE OPENING VERBAL PICTURE:
ONE MAN WAS GREATLY ANNOYED BY THE FACT THAT HE WAS CONSTANTLY RUNNING, AND IN AN ATTEMPT TO REMEDY THE SITUATION HE BEGAN TO RUN FASTER.

ON ONE WORLD THE CREATURES BELIEVE THAT THE CURE FOR IGNORANCE IS -- FRANTICNESS.

... "OKAY: EVERYONE WITH A PRETTY GOOD IDEA OF WHAT'S GOING ON -- OUTTA THE WATER

SOME MEDICAL NEWS, (THAT SHOULD BE OBVIOUS BY NOW TO ALL CONCERNED
[IF IT IS NOT SO IN YOUR CASE, JUST DON'T LET ON].)

TRYING, (AS IT IS CALLED BY ITS FAULTY PRACTITIONERS), TO "WAKE UP --
ACHIEVE ENLIGHTENMENT" IS AN UNRECOGNIZED ATTEMPT TO GET THE BRAIN TO
STOP PERFORMING ITS NATURAL DUTY.

...SOUNDS KINDA "WEIRD" WHEN YOU PUT IT LIKE THAT, HUH?! --

-- NO IT DOESN'T!,

WHAT ARE YOU, SOME KINDA WEIRDO?!

SO WEIRD THAT SIMPLE FACTS SOUND WEIRD TO YOU.

(WELL, I TOLD YOU NOT TO LET ON IF YOU DIDN'T UNDERSTAND IT.)

BUT NEVER MIND: ON TO SOME, "MEDIEVIL NEWS":

ONE KING TRIED TO DESTROY HIS GATE;

FAILING THAT,

BY IT HE POSTED A FULL TIME GUARD.

...AND HEY, THE KING SAID "FULL TIME" AND THE KING MEANT, "FULL TIME".

....(YOU DON'T MESS WITH THE KING!, ['LESS YOU'RE SOME KINDA WEIRDO].)

~~AND IN MORE RECENT TIME: A BOY ASKED HIS FATHER ONE TIME~~

AND IN MORE RECENT TIMES A BOY ASKED HIS FATHER: "HOW CAN YOU GET A WATCH DOG TO
WATCH ITSELF?", "YOU'RE GETTIN' PURTY GOOD.", ENCOURAGED THE OLD MAN

A MAN TRULY AWAKE NEVER THINKS ABOUT BEING AWAKE --
AND CERTAINLY ENTERTAINS NO IDEAS TO THE CONTRARY.

A MAN WHOSE EYES HAVE AT TIMES BEEN OPENED WIDE
WHO EVER BELIEVES THAT HE HAS REACHED THE END OF THE ROAD
RE-SHUTS THEM OF HIS OWN ACCORD.

EVEN THOUGH NO ONE CAN EVER DEFEAT THE GHOST OF THE TAR BABY,
INSIDE THE TANGO PALACE,
THE BAND NEVER STOPS.

WHETHER ENLIGHTENED OR IN THE SHADOWS,
EVERYTHING REMAINS IN MOTION;
EVERYTHING REMAINS IN MOTION AND CONTINUES TO -- GO NO WHERE.....IN PARTICULAR.

ONE MAN DISCOVERED A HIPPOPOTAMUS IN HIS HOUSE --
DAMN NEAR THE SIZE OF HIS HOUSE;

HE TRIED TO GET THE BULKY CREATURE OUT,
BUT IT TOOK UP SO MUCH SPACE THAT THE MAN HAD NO PLACE TO STAND FROMWHICH TO
FROMWHICH TO GIVE IT A PUSH.

THE HIPPOPOTAMUS DANCES ON LITTLE CANARY FEET,
(IN CASE YOU'VE FORGOTTEN THAT:
THE SMOKE-OF-THOUGHTS FROM FEELING-FIRES COME.)

AND THE CRY OF THOSE WANTING-TO-KNOW MIGHT SEEM TO BE:
"OPEN THE DOOR AND LET ME OUT OF HERE!",
WHILE THOSE WHO ACTUALLY DO KNOW
ARE AWARE THAT THE "HERE" FROMWHICH THEY WANT TO ESCAPE
IS THE THOUGHTS THEY'RE HAVING ABOUT A "HERE", AND ESCAPE THEREFROM.
(AND THE ONLY "DOOR" INVOLVED IS A MAN'S FORGETFULNESS OF WHAT I'VE JUST DESCRIBE

AS THAT GREAT PATRIOT OF MENTAL FREEDOM DECLARED:
"AGGITATION WITHOUT STABLIZATION IS THE CURSE OF THE SLEEPING CLASS

BY THE BRAIN HAVING THOUGHTS,
IS EVERYONE TRICKED;
BUT THINGS SEEM OKAY AS LONG AS YOU DON'T KNOW THAT YOU ARE BEING TRICKED.

FINDING: IF YOU'RE GOING TO "SLEEP" -- SNORE AS LOUDLY AS POSSIBLE.

IN HIS DESIRE TO EXTRACT PRACTICAL USE FROM THE IDEA:
"A MAN AND HIS ENVIORNMENT ARE ONE AND THE SAME.",
ONE MAN BEGAN TO TRY AND THINK-OF,
AND TO-SEE
HIS ENVIORNMENT TO CONSIST OF
HIS FEELINGS;
THAT HE WAS NOT PHYSICALLY SURROUNDED BY AIR, BUT BY THE FULL RANGE OF
HIS POTENTIAL FEELINGS.

ONE GUY'S SUGGESTION:

"EACH MORNING MAKE A NUMBERED LIST OF WHAT YOU WANT TO DO THAT DAY,
AND ANYTHING PAST ONE -- FORGET IT."

ONE MYSTIC SAYS THAT FOR MANY YEARS HE DISPARDED OVER HOW HIS CONTEMPORARIES SO MIS-READ AND ABUSED THE IDEAS PUT DOWN BY THE ENLIGHTENMENT ONES WHO'D GONE BEFORE THEM,
 BUT SAYS HE HAS OF LATE COME TO WONDER IF THEIR AWAKENED PREDECESSORS DID NOT LEAVE SUCH WRITINGS KNOWING THAT THEY WOULD BEFUDDLE AND MISLEAD THEIR INATTENTIVE WOULD-BE SUCCESSORS.

HOW ABOUT THIS: IF IT COULD BE DETREMINED ABSOLUTELY THAT, (FOR INSTANCE), A JACKASS WILL NEVER UNDERSTAND WHAT'S GOING ON IN LIFE,
 THEN WHY TORMENT HIM BY MAKING HIM BELIEVE THAT HE CAN?!

BUT I'VE GOT AN EVEN BETTER ONE: WHY ENCOURAGE A GHOST TO BELIEVE THAT BY CHANGING THE NON-EXISTANCE SHEETS INWHICH HE'S CLOTHED HE'LL ADD TO HIS SUBSTANTIVENESS.

...(IN OTHER WORDS, JUST 'TWEEN YOU & ME: KEEP ACCEPTING THE THOUGHTS THAT PASS FROM YOUR BRAIN TO BE A SOMETHONG-OR-OTHER CALLED, "YOU", AND THAT IT IS THIS "YOU" THAT PRODUCES, AND POSSESSES THESE THOUGHTS AND YOU WILL STAY FOREVER LOCKED IN A HIGHLY FRUSTRATING -- TOTALLY ILLUSIONARY -- PRISON.

WHY NOT BE FREE?! -- WHY NOT BE FREE WHERE YOU CAN BE - IN YOUR MIND!, IT DOESN'T COST ANYTHING OTHER THAN YOUR ATTENTION TO WHAT PASSES THROUGH YOUR MIND.

WHY CONTINUE TO BE BEFUDDLED AND MISLEAD BY IDEAS?!, BE THEY GRAND & MARVELOUS, OR PETTY AND MUNDANE?! -- THEY'RE NOT YOURS, AND THEY DAMN SURE AREN'T YOU. PRAISE BE TO ZEUS FOR PROGENITORS WHO KNOWINGLY MISDIRECT US.