PICT

URE YOURSELF AS LIVING AMIDST AN INTERNAL BAND OF, "UNCONTROLLABLE STRANGERS", THAT ONLY THE "YOU" WHO HOLDS THIS NOTION -- IS YOU -- SO DON'T SWEAT THE STRANGERS.

ENTION ALL WOULD-BE HUMANITARIANS:

**GREATEST GOOD YOU CAN DO FOR OTHERS IS TO HAVE NO INTENTIONS TOWARD THEM.

**AN'S BEST ACTION IS <u>ALWAYS</u> -- "NO ACTION;"

**A TOWARD OTHERS -- NOT TOWARD HIMSELF.

USING THIS APPROACH IS KNOWN AS: "CALMING THE UNNECESSARY WINDS".

OF THE HARDEST-TO-PERCEIVE ASPECTS OF THIS JOURNEY IS THAT NORMAL NOTIONS OF, "STAGES", AND, GRADUAL-PROGRESS DO NOT APPLY.

が 'S NOT ONLY: "EVERY PERSON FOR THEMSELF", BUT ALSO: ALL TIMES FOR RIGHT NOW -- ALL POSSIBILITIES FOR THIS VERY INSTANT".

TE WAY TO TELL THAT YOU ARE FULLY ENLIGHTENED IS THAT: NO MATTER THE CIRCUMSTANCES

POMATTER WHERE YOU EYES MAY FALL -- IN YOUR HEAD,

ME ONLY WORDS YOU EVER HEAR -- ARE:

"I NO LONGER HAVE ANY COMMENT ON THE MATTER."

N SPEAKING OF THIS, AWAKENED TV TECHNICIANS WILL SAY:

"THE PICTURE HAS BEEN, 'STABILIZED'."

MAN LOOKED INTO HIMSELF....THEN LOOKED UP INTO THE HEAVENS....THEN LOOKED BACK NTO HIMSELF....THEN LOOKED BUCK UP INTO THE HEAVENS...AND FINALLY SAID: IF CLOUDS CAN PASS THRU THE SKY

WITHOUT DISTURBING THE SKY

THEN WHY NOT THE SAME REGARDING WHAT PASSES THRU MY HEAD?!"

A MAN READ IT SAID THAT: "THE MOST IMPORTANT QUESTION A MAN SHOULD ASK HIMSELF IS: 'HOW DID I GET IN SUCH A STATE'?", AND THE MAN READING THE WORDS MUSED: "WAS ANY LIVING MAN - NOT BORN ?!"

THOSE WHO UNDERSTAND THIS MAN'S MUSING ARE KNOWN AS: "PEOPLE FREE OF USELESS QUESTIONS".

WHILE THIS IS, "THE GREAT MYSTERY", IF YOU CLING TO THE WORD, "MYSTERY", THE MYSTERY WILL REMAIN HIDDEN FROM YOU. YOU DON'T "LEARN" ABOUT THE MYSTERY -- YOU SUDDENLY REALIZE IT!, AND THEN ALL LEARNING IS SEEN FOR THE NONENTITY THAT IT IS.

IT IS BECAUSE THE WORD, "MYSTERY" IS A PRODUCT OF THE MIND THAT MENS' MINDS BELIEVE IT CAN BE "LEARNED":

> PHANTASMIC KEYS WILL ALWAYS BE FOUND FOR LOCKS OF A SIMILAR STYLE.

IF THE MIND CAN WRITE THE RECEPIE -- THOUGHTS CAN APPEAR TO, "COOK IT UP". ... FOR A FEW, THE QUESTION THEN IS: "WHAT DOES THIS PRODUCE NOURISHING TO EAT?!"

HERE'S ONE WAY TO LOOK AT THE CAUSE OF YOUR DISCONTENT: YOUR MIND IS INSIDE, THINGS ARE OUTSIDE, YOUR MIND WANTS TO GET TO 'EM -- BUT CAN'T.

> CONSEQUNETLY: FRUSTRATION -- AND: FRUSTRATION INCAPABLE OF CORRECTION.

IT IS NATURAL TO BE DISCONTENTED -- TO BE AWAKE IS TO BE OTHERWISE. THOSE OTHERWISE ARE OF THE EXPERIENCE THAT COULD BE DESCRIBED AS:

"THE SHAKING HAS STOPPED."

PUT SIMPLY: WHAT KEEPS YOU FROM "SEEING" ARE THE "VIEWS" YOU HAVE.

...HEY - YOU PROMISE, "SIMPLE" -- YOU DELIVER, "SIMPLE" DOES THAT SOUND LIKE A PLAN TO LIVE BY, OR WHAT?!

WHAT IS IT THAT WHEN SOUGHT -- CANNOT BE FOUND?, YET IS ALWAYS THERE ---- WITHOUT BEING ASKED?

WHAT IS IT THAT CAN LOOK AT ITSELF, AND YET SEE NOTHING? WHAT IS IT THAT CAN SPEAK AND HEAR -- BUT NOT SEPERATELY?

WHAT IS IT? -- WHAT IS IT, I SAY? -AND I KNOW THAT YOU KNOW,

BUT WHAT I DON'T KNOW IS WHY YOU DON'T REMEMBER THAT YOU DO WITH EVERY BREATH.

KEEPING IN MIND "WHAT IT IS", WITH NO LAPSES, IS WHAT IS CALLED:
"BEING FREED FROM <u>HAVING</u> TO THINK ABOUT <u>ANYTHING</u>1....IN PARTICULAR."

ONE MAN SAYS THAT AFTER READING THAT ONE APPROACH TO HANDLING THE MIND IS TO BE LIKE AN IMBECILE, TWENTY FOUR HOURS A DAY, AND DECIDING TO TRY IT, IMAGINE WHAT A FOOL HE FELT WHEN HE COULDN'T EVEN REMEMBER TO DO THIS!

BEING IGNORANT ON PURPOSE IS NO EASY MATTER.

PEOPLE CONTINUE TO PONDER THE QUESTION:

"WHAT WAS THE CAUSE THAT MADE MAN GO FROM HIS ORIGINAL "PROPER" CONDITION
TO HIS PRESENT, "IMPROPER" ONE?,
AND IF YOU FEEL THAT THIS QUESTION HAS THE SLIGHTEST VALIDITY
YOU WILL FOREVER FEEL YOURSELF TO BE IMPROPER.

THE MIND WILL READILY ACCEPT THE IDEA THAT WE HAVE GONE FROM GOOD TO BAD, BUT WHAT THE HELL DOES THE MIND KNOW?! -- IT'S NEVER BEEN ANY WHERE.

HOW LONG WILL IT TAKE FOR YOU TO REALIZE THAT THE MIND WILL ACCEPT ANYTHING – JUST AS FREELY AS IT WILL <u>REJECT</u> ANYTHING, AND IN EITHER INSTANCE, WITHOUT ANY TANGIBLE BASIS.

TO KNOW THOUGHTS TO BE WITHOUT ANY MEANINFUL SUBSTANCE IS TO BE BACK IN YOUR