

FROM EARLIEST TIMES THERE HAVE BEEN SMALL BANDS OF PEOPLE WHOSE SECRET, PRIVATE LIVES & ACTIVITIES TRACKED THAT OF EVERYONE ELSE, & BASED ON THEIR FINDINGS, THEY INEVITABLY COME TO THE POINT OF DECLARING THEIR HEADS TO BE A "FOREIGN POWER", & NOT TO BE GIVEN THE SAME RESPECT DUE THEMSELVES FROM THERE DOWN.

THEY WERE THE INITIAL & CONTINUAL DISCOVERERS OF THE FACT THAT MEN HAVE 2 LIVES: ONE OF SIMPLY "BEING, (THAT IS, OF PHYSICAL SURVIVAL), & ONE OF "TALKING", (ALL OF THE NON-PHYSICAL ACTIVITY THAT OCCURS SOLELY IN THE HEAD.)

FROM THEIR DISCOVERIES & EFFORTS HAS COME TO US THE DICTUM THAT SAYS:

"THERE IS THE WORLD OF "BEING, WHICH IS: LIVING & DOING,
& THERE IS THE WORLD OF "TALKING", WHICH IS: TALKING & TALKING. **

AS ALL OF THE ALERT WHOSE EARS ARE INSTANTLY UNDER THE FALL OF THESE WORDS SHOULD EASILY REALIZE BY NOW: MAN'S UNIQUE WORLD OF "TALK" IS ONE OF PURE FANTASY, AND IT IS THIS INNER WORLD OF THE UN-REAL FROMWHICH THE FEW, SEEK THEIR FREEDOM.

THERE IS NO "CREDIBILITY CRUCIBLE" IN THE REALM OF FANTASY, AND YOUR CAPTIVITY HAS BEGUN TO DIMINISH ONCE YOU RECOGNIZE THAT WITHIN YOUR INNER WORLD, NOTHING IS MORE IMPORTANT, TRUE OR REAL THAN ANYTHING ELSE, & LIKEWISE, NOTHING IN THERE IS MORE FRIVILIOUS, ERRONEOUS OR DISPICABLE THAN ANYTHING ELSE.

THIS LEADS TO THE MORE PROMISING VIEW OF YOUR ESCAPE BEING FROM ONE BIG PRISON, RATHER THAN FROM A NUMBER OF SMALLER COMPOUNDS. YOU MAY AS WELL GO AHEAD & SING THE SONG: "ALL, OR NOTHING AT ALL." FOR THAT'S HOW IT IS.

THE SITUATION INWHICH SOMEONE MIGHT BE ABLE TO HELP YOU IN THIS UNDERTAKING IS IF YOU CAN FIND SOMEONE WHO, WHEN YOU LISTEN TO THEM TELL YOU WHAT YOU MIGHT DO YOU HEAR IT AS BEING WHAT YOU SHOULD NOT DO -- WHICH, THE ONE WHO IS TALKING, IF HE KNOWS WHAT HE IS DOING, WILL UNDERSTAND INASMUCH AS HE KNOWS THAT THERE IS NOTHING YOU CAN DO, & THAT YOU ARE HEARING HIM ARIGHT.

IT WOULD NOT BE THAT WHAT HE SAID WAS "WRONG", BUT RATHER THAT YOU CORRECTLY PERCEIVED HIM TO BE SAYING THAT EVEN IF YOU ATTEMPT TO "DO" THINGS WHICH SOUND TO BE APPROPRIATE TO YOUR AIM, THEY WILL STILL PROVE MEANINGLESS WHEN SEEN FROM THE ULTIMATE REALIZATION OF YOUR GOAL.

* PLAINLY PUT: DON'T "DO" ANYTHING THAT YOU CAN "TALK" ABOUT. *

MOST HALLUCINATIONS ARE CAUSED BY PEOPLE SAYING THE WORD -- AND THOSE THAT AREN'T ARE CAUSED BY PEOPLE SAYING THAT THEY WON'T SAY THE WORD.

W
 WITHIN THE VERBAL PICTURIZATION OF MAN HAVING 2 EXISTANCES: THE PHYSICAL, "DOING"
 ONE OF HIS BODY, & THE NON-PHYSICAL, "TALKING" ONE IN HIS HEAD,
 THERE CAN BE SEEN AN INTERESTING & POTENTIAL USEFUL, SUB-FLASHSHOT:

- THE BODY IS UNQUESTIONINGLY ACCEPTED AS A UNIFIED, SINGLE ENTITY,
 WHILE THE "TALKING-IN-THE-HEAD" IS TAKEN TO EXIST IN TWO FORMS: ONE THAT IS
 UNDER YOUR CONTROL, & ANOTHER THAT IS NOT (DAY-DREAMS):

AND FROM THIS COMES THE BELIEF THAT THE FIRST TYPE OF "HEAD-TALK" (UNDER YOUR
 APPARENT DIRECTION), IS THE "REAL" YOU, (ASIDE FROM YOUR BODY), AND THAT THE
 SECOND TYPE OF "HEAD-TALK" (DAY-DREAMS) IS SOMEHOW A "NOT-REALLY-YOU" IN THE
 NON-BODY SENSE.....AND YET,

SIMPLE OBSERVATION SHOWS THAT THEY UNDOUBTLY THE SAME THING, (OR ELSE FROM THE
 EXACT SAME SOURCE) & CANNOT BE DIVIDED & CANNOT EXIST SIMULTANEOUSLY,
 WHICH IS PROOF THAT THEY ARE NOT IN FACT, 2 SEPERATE FORMS OF "HEAD-TALK"

...THEN ON TOP OF THAT, CONSIDER THE FACT THAT IF YOU GIVE THE SLIGHTEST, SINCERE
 LOOK AT THE MATTER, IT IS STRICTLY YOUR BODY THAT YOU FEEL IS THE "REAL" YOU,
 AS CONTRASTED WITH ALL OF YOUR "HEAD TALK" -- PLUS
 THE ALWAYS "RIGHT-BEFORE-YOUR-EYES" REALITY OF THE BODY NEVER SEEMING TO BE SPLIT
 ENTITY, BUT RATHER ALWAYS A COMFORTABLE & DEPENDABLE WHOLE.

... HOW COMETH, (DO YE SPECULATE), AMONGST MEN DOETH "HEAD-TALK'S" OVERBLOWN
 REPUTATION PERSIST ?!

AS REGARDS: "THE TERRAIN & KNOWING WHERE YOU ARE": BY THE TIME YOU'VE BECOME ACCUSTOME
 TO THE TERMS: "NORTH, SOUTH, EAST & WEST" TO THE DEGREE THAT THEY REGISTER WITH YOU
 AUTOMATICALLY -- YOU'RE LOST!... (& IN LARGE PART, BECAUSE OF THIS).

YET ANOTHER VIEW OF IT: THERE IS THE REAL WORLD, & THE ONE OF HALLUCINATIONS:
 THERE IS THE TANGIBLE WORLD, & THE ONE OF FANTASY: THE DOING WORLD & THE TALKING ON
 THE WORLD OF ACTION & THE ONE OF WORDS: THE PHYSICAL ONE & THE VERBAL ONE, OR:
 SIMPLY PUT: THE WORLD OF THINGS-AS-THEY-ARE & THE WORLD THAT'S STRICTLY IN YOUR HEAD
 WHEN IT GETS RIGHT DOWN TO "LIVING" - WHATEVER DOES IT FOR YOU -- IS YOU!...AND
 IT WILL NOT TURN OUT TO BE YOUR "HEAD TALK".

* WHAT GETS BURIED IS WHAT YOU WERE - NOT WHAT YOU SAID. *

THOSE WHO SPEAK SERIOUSLY OF BEING ENGAGED IN A "GREAT SECRET, MYSTICAL WORK"
 ARE ACTUALLY ENTANGLED IN A "GREAT STUMBLING ABOUT".

* THERE IS BUT ONE METHOD: STILLNESS -- BUT ONE TEACHING: QUIET. *

A MAN, EVEN WITH THE BEST OF MOTTOS, IS IN THE FIRST STAGES OF A TERMINAL ILLNESS:
 THERE CAN BE NO SLOGANS PROMOTING SILENCE, NO NOTIONS TO WIPE AWAY FANATISIES, AND
 NO MUD-BASED SOAP TO WASH CLEAN THE HEAD, OF ITS USER'S FOLK.

THERE CAN BE NO WAY TO ESCAPE YOUR INNER DELIMA THAT CAN BE VERBALLY EXPRESSED, IN THAT TALK ITSELF IS THE CORE OF YOUR CAPTIVITY...

...EVEN IF YOU COULD SAY HOW ONE MIGHT ESCAPE, THE PERSON WHO LISTENED TO YOU SAY IT WOULD BE STILL HELD IN CAPTIVITY, ("LISTENED" HERE MEANING THAT THE WORDS THEY HEARD -- STIRRED WORDS IN THEIR OWN HEAD.)

THE MANY TALK -- THE FEW ARE SILENT: THIS IS TRUE -- IN YOU."

TO HIMSELF, A MAN SAID: "WITHOUT THE WORD, "FEAR" - MEN WOULD HAVE NO FEAR!..... AND AFTER A MOMENT, FURTHER SAID: "BUT WITHOUT THE WORDS THEY'VE CONTRIVED, MEN WOULD EXPERIENCE NONE OF ANY OF THE WORDS IN THEIR DICTIONARIES."

TALK, PER SE, (LIKE EVERYTHING ELSE OF MAN'S MENTAL INVENTION) IS NOT A PROBLEM, AS LONG AS YOU LIVE WITH IT DOING ONLY WHAT IS PROPER FOR IT TO DO: THE "NEVER-SATISFACTORILY-DESCRIBED-OR-EXPLAINED" COMPLAINT THE FEW FEEL COMES FROM THEIR UNUSUAL AWARENESS OF TALK SPILLING OVER INTO AREAS OF THEIR LIVES IN WHICH IT SERVES NO USEFUL PURPOSE.

SOME HAVE CALLED THIS CONDITION: "BEING ASLEEP", BUT FURTHER TAKE NOTE: TO BE ASLEEP, YOU MUST SNORE, THAT IS: SOUND MUST BE INVOLVED -- TALK!

ALL VERBAL PLANS OF ESCAPE ARE THEMSELVES PRISONS, (ONCE YOU KNOW WHAT'S GOING ON) TO BE ALIVE, IS TO DO -- AND TO BE ALIVE IS TO TALK:

"DOING" IS LIVING -- AND "TALKING" IS LIVING, BUT THEY ARE NOT EQUALS.

THOSE WHO UNDERTAKE ACTIVITY-SUCH-AS-THIS ARE PEOPLE WHO "TALK TOO MUCH" -- AND ARE AWARE OF IT!, (ONCE THEY FULLY REALIZE THE PART TALK PLAYS IN THEIR LIVES):

THE WAY THEY SEE IT IS THAT THE MORE YOU TALK, THE MORE YOU FRUSTRATE, ANGUISH, AND SIMMER -- AND IN FACT: THREATEN TO "BOIL OVER"! THE FEW SEEK TO RELIEVE, (WHAT IS TO THEM), THIS "UNNECESSARY PRESSURE".

AND FROM YET ANOTHER VIEW: ASAT IS AN EFFORT TO MAKE YOUR HEAD AS FREE AS YOUR BODY AFTER ALL: YOUR BODY DOESN'T WHINE, COMPLAIN OR ENDLESSLY "CHATTER": IT DOESN'T REPLAY THE PAST, OR WORRY ABOUT THE FUTURE: IT NEVER FEELS DISRESPECTED, OR UNAPPRECIATED: DOESN'T FRET OVER LACK OF FAME OR FORTUNE, AND NEVER GETS LOCKED UP BY INDECISION....ALL-IN-ALL, PLAINLY PUT: THE BEST THING ABOUT THE BODY IS THAT IT DOESN'T TALK. (MY COMMENT: WHY STORIES OF SIMPLE MEN MORE EASILY HEARING HOW THINGS REALLY ARE CAUSE THEIR NAT CONDITION IS ONE OF LESS LIVING IN THE HEAD. CLEVERNESS IS TO TALK AS STRENGTH IS TO "BEING"-- YOU CAN "TALK" A GOOD LIFE, BUT WHAT THEY BURY IS YOUR BODY!.....YOUR SILENT, ALL-KNOWING - BODY!)