

MAN'S CONSCIOUSNESS IS NOT IN A STATE OF "SLEEP", (AS MYSTICS CALL IT), BECAUSE HE IS STUPID OR CURSED, BUT BECAUSE HIS CONSCIOUS MIND IS NOT CONSTRUCTED NOR ORGANIZED TO THINK ABOUT THINGS SIMPLY "AS THEY ARE", BUT RATHER AS THEY COULD BE -- AS THEY MIGHT BE.

THIS NATURAL DIS-INCLINATION TO THINK ABOUT LIFE AS IT IS SOLELY ACCOUNTS FOR MAN'S TECHNOLOGICAL AND CULTURAL ACHIEVEMENTS, BUT THIS "DREAMING" ALSO HAS THE SIDE EFFECT OF MAKING THE WAY HE "THINKS-ABOUT-THINKING" -- UNREAL AND UNRELIABLE.

DO YOU SEE IT? - SINCE HIS MIND CONSTANTLY THINKS ABOUT THINGS IN WAYS OTHER THAN THEY ARE, HIS THINKING ABOUT HIS OWN THINKING IS NOT BASED ON REALITY, BUT RATHER IT THINKS OF ITSELF IN WAYS THAT DO NOT FIT THE FACTS -- THAT DO NOT MATCH THE REALITY OF WHAT IS GOING ON.

A MAN THINKS OF HIMSELF NOT AS HE IS, BUT FOR BETTER OR WORSE - AS HE COULD BE. EVEN CLOSER SCRUTINY SUGGESTS THIS: IT'S NOT SO MUCH THAT THE MIND CAN'T SEE AND TELL-THE-TRUTH-ABOUT-THINGS, AS IT IS A MATTER THAT IT CAN'T STICK TO THE TRUTH.

ONCE SOMETHING HAS ATTRACTED THE MIND'S ATTENTION SUFFICIENTLY FOR IT TO, "THINK-ABOUT AND COMMENT-ON-IT", IT IS THEN UNABLE TO CONFINE ITSELF TO JUST "TELLING THE TRUTH" AND DESCRIBING THE THING AS IT ACTUALLY IS;

IT IS THE MIND OPERATING IN THIS NORMAL AND PREDICTABLE MANNER THAT THE MYSTICS REFER TO AS, "THE CONSCIOUS MIND BEING ASLEEP AND DELUDED".

FROM THE VIEW-OF-THE-FEW, THIS JUDGEMENT IS UNDERSTANDABLE, BUT WITH MOST, IT IS ARRIVED AT BASED ON A FAULTY INTERPRETATION OF THE EVIDENCE. (FOR EXAMPLE: SOMEONE MAY OBSERVE A RELATIONSHIP BETWEEN MENS' BODY TYPE, AND THEIR TEMPERAMENT -- BUT THEIR MIND WILL NOT LET IT STOP THERE, IT WILL LEAD THEM TO ABANDON THE SIMPLE TRUTH OF WHAT THEY SAW, AND CAUSE THEM -- ALMOST IMMEDIATELY -- TO BEGIN CONCOCTING AN IMAGINARY AND UNNECESSARY ELABORATION OF WHAT THEY DISCOVERED, AS THEY THEN ATTEMPT TO EXPLAIN THE RELATIONSHIP BASED ON A MAN'S CHILDHOOD, THE POSITION OF THE PLANETS, (AND SUCH)

MAN'S INSTINCTIVE MIND DEALS WITH LIFE ON A STRAIGHTFOWARD, LITERAL, AND NO NONSENSE BASIS WHILE HIS CONSCIOUS MIND NOT ONLY CREATES A CULTURAL WORLD OF "METAPHORICAL LIFE", IT ALSO LIVES THEREIN -- FORGETTING WHERE IT CAME FROM. IN A PLACE WHERE THE "THOUGHTS-ABOUT-THINGS" NON-PHYSICAL NEVER PERFECTLY MATCH THE THINGS THEY PURPORT TO REPRESENT.

WHEN THE BASIC SURVIVAL NEEDS ARE MET, THE INSTINCTIVE MIND IS QUIETED, BUT THE CONSCIOUS MIND IS NEVER SO STILLED FOR ITS HUNGER CAN NEVER BE SATISFIED AS CAN THE STOMACH'S BE BY PHYSICAL FOOD FOR THE MIND FEEDS ON METAPHOR AND ALLEGORY, ON WORDS AND EXPLANATIONS OF THINGS -- NOT ON ACTUAL, SUBSTANTIAL "THINGS". ERGO, THE CONSTANT STATE OF CHANGE COMMON TO THE UNIQUE CULTURAL WORLD OF MAN'S CONSCIOUS MIND -- A PHENOMENON TOTALLY UNFAMILIAR TO HIS INSTINCTIVE MIND.

SO, LET IT BE SAID LIKE THIS: TO, "BE ASLEEP" IS NOT A MATTER OF NOT KNOWING WHAT'S ACTUALLY GOING ON IN LIFE, BUT RATHER OF NOT REALIZING WHAT'S GOING ON IN YOUR -- "THINKING-ABOUT" WHAT'S GOING ON IN LIFE.

HENCE, A MAN'S UNFAMILIARITY WITH HIMSELF; THUS WHAT HE NORMALLY TAKES TO BE HIMSELF MIGHT BEST BE DESCRIBED AS: "HIS HABITUAL FAILURE TO FACE THE TRUTH OF WHAT HE OBVIOUSLY IS."

CONSIDER THIS AFFAIR TO ITS VERY BASIS:  
THE CONSCIOUS MIND DOES NOT NATURALLY SEE LIFE NOR OURSELVES AS WE LITERALLY ARE, -- AND PERHAPS IT IS NOT POSSIBLE TO EVER CHANGE THIS! --  
-- BUT WHAT IS POSSIBLE IS TO  
REALIZE THE SITUATION -- (WHICH IS, IN FACT) --  
ALL THAT IS EVER POSSIBLE -- AND  
ALL THAT IS NEEDED TO AWAKEN.

IF A MAN'S CONSCIOUS MIND OCCUPIED ITSELF MOSTLY WITH INSTINCTIVE MATTERS,  
HE WOULD THINK OF LITTLE MORE THAN ABOUT SEX, FOOD, PHYSICAL COMFORT,  
AND THEIR PERIPHERIES,  
AND IF A MAN'S CONSCIOUS MIND OCCUPIED ITSELF PRIMARILY WITH CONSCIOUSNESS  
HE WOULD THINK MOSTLY ABOUT THE MIND --  
SO --

IN ONE INSTANCE A MAN'S MIND IS OCCUPIED PRINCIPALLY WITH HIS CROTCH,  
HIS STOMACH AND OVER ALL PHYSICAL PLEASURE,  
WHILE IN THE OTHER, HIS MIND'S TIME IS TAKEN UP IN LARGE PART WITH ITS  
THINKING ABOUT ITSELF.

SOME QUESTIONS:

WHICH OF THE TWO SOUNDS THE MORE BECOMING OF A MAN?  
WHICH OF THE TWO WOULD SEEM TO OFFER THE GREATER BENEFIT?,  
AND WHICH OF THE TWO SEEMS TO YOU TO HAVE A REAL LIFE BASIS?

FOR ADVANCED STUDENTS THE TEST COMES DOWN TO BUT A SINGLE QUESTION:  
DO YOU RECOGNIZE WHAT IS WRONG WITH QUESTIONS WHOSE CORRECT ANSWER IS  
PROPOSED AND PRESUMED TO BE -- ONE OF TWO POSSIBLE CHOICES?

A FATHER TOLD A SON:

"IT IS THE CLINING TO USELESS THINGS THAT MAKES US PRISONERS.",

AND THE LAD REPLIED:

"AND I SUSPECT THAT YOU'RE NOT REFERRING TO THINGS PHYSICAL.",

"INDEED NOT.", SAID THE OLD MAN,

"SPECIFICALLY I MEAN:

TO CLING TO FALSE NOTIONS ABOUT OURSELF ...

WHICH WE KNOW ARE FALSE.....AND YET,  
WHICH THE MIND HAS NO MIND TO LET GO.",

THEN THE BOY ASKED:

"SO ARE ARE WE TO DO, PA PA?",

"WHY -- WAKE UP, ME LADDIE -- WAKE UP AND TELL YOURSELF THE TRUTH FOR A CHANGE"

THERE IS AN IMPORTANT HISTORICAL FOOTNOTE TO THIS SCENE, (WHICH IS AS FOLLOWS):

"ANALYZATION" IS NOT THE SAME AS "TELLING THE TRUTH",

-- EVERY TOM, DICK AND CAROLINE "ANALYZE" THEMSELF,

BUT NOT A DICK AMONG 'EM WILL EVER FACE THE TRUTH ABOUT THEMSELF.

AND ANOTHER, LESS SIGNIFICANT ADDEMDUM IS THIS SORRY FACT:

THE MIND BELIEVES THAT IT TRIES TO TELL THE TRUTH!,

IT INDEED INSISTS THAT ITS HIGHEST CALLING IS IN THE PURSUIT OF THE TRUTH.

BLESS ITS LITTLE HEART! -- AND A MAN CAPTIVATED BY HIS MIND WILL NEVER SEE  
THROUGH THIS FASCINATING AND QUITE BELIEVABLE MIRAGE WHICH THE MIND HAS

CONCOCTED FOR ITSELF. IF THE MIND SAYS THAT IT'S TELLING THE TRUTH, WHO OR WHAT  
IS THERE TO SAY OTHERWISE -- IF OTHERWSIE IT BE?! THAT'S RIGHT -- YOU.

THE PROBLEM,

BASED ON MY PRESENT MODEL IS THIS:

IF THE MIND IS A YARD, AND THOUGHTS, AN UNRULY DOG  
WHAT IT ACCOMPLISHES BY CONTINUALLY RUNNING AWAY FROM HOME  
IS TO SAVE IT FROM HAVING TO FACE THE TRUTH ABOUT THE YARD.

"BEING ASLEEP", (AS THE MYSTICS CALL IT), IS MORE THAN SIMPLY A "BAD HABIT",--

"BEING ASLEEP" IS THE FAILURE TO REALIZE THE REALITY OF  
WHAT YOU ARE.

THE TWO MINDS AND THE TELLING OF THE TRUTH.

THE INSTINCTIVE CAN'T TALK SO IT CAN'T "TELL" THE TRUTH -- IT ACTS IT OUT.  
THE CULTURAL MIND CAN SPEAK AND COULD TELL THE TRUTH ABOUT THINGS,  
BUT IF IT DID SO  
IT WOULD DESTROY THE CULTURAL WORLD.

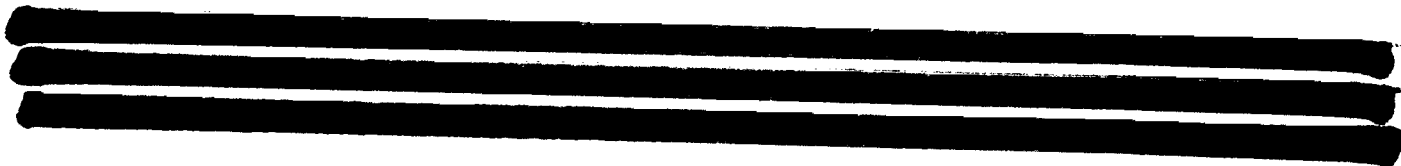
So! -- THERE YOU ARE!

THE "TRUTH" IS -- "WHAT IS";  
WHAT THE DISCRETIONARY MIND SAYS IS THE TRUTH -- ISN'T.

So! --- THERE YOU ARE!

THOSE SEEKING SO-CALLED, "ENLIGHTENMENT" COULD BE DESCRIBED AS:  
"PEOPLE WHOSE MINDS LOOK FOR MORE OUT OF LIFE THAN IS THERE.",  
NOT THE SAME AS WITH THOSE WITH ORDINARY MINDS WHICH NATURALLY LOOK AT LIFE  
AS BEING POTENTIALLY OTHER THAN IT IS.

THE MIND OF THE MYSTIC DOES NOT LOOK FOR THE CIRCUMSTANCES OF LIFE TO BE  
ARRANGED DIFFERENTLY,  
BUT RATHER LOOKS FOR SOMETHING AMIDST THE CIRCUMSTANCES  
THAT NO ONE ELSE EVEN THINKS ABOUT.



NEXT TIME YOUR MIND SCOFFS AT TELEVISION, FOR INSTANCE,  
ASK IF IT UNDERSTANDS THAT TELEVISION, BOOKS, PLAYS, RADIO, LECTURES,  
COMPUTER GAMES, CONVERSATIONS AND NORMAL DAY DREAMING  
ARE ALL THE SAME THING TO A MAN TRYING TO THINK CLEARLY.  
IF YOUR MIND DOESN'T IMMEDIATELY REALIZE THIS TO BE TRUE THEN.....WELL,  
I'D TRY TO GET AWAY FROM IT IF I WERE YOU.

A SPEAKER DECLARED: "EVERYONE EITHER: WANTS TO BE FAMOUS,  
OR ELSE THEY WANT TO GO UNNOTICED," AND FROM THE CROWD A VOICE RESPONDED:  
"BUT YOU JUST TOUCHED ON THE TWO EXTREMES; WHAT ABOUT THOSE IN THE MIDDLE?",  
AND THE SPEAKER WAVED HIS HAND DISMISSIVELY AND SCOFFED:  
"AWH! -- THOSE OTHER SIX BILLION?!?!....."  
...(AND ASK YOUR MIND IF IT UNDERSTANDS THIS ONE ALSO -- AND IF NOT.....WELL,  
MY PREVIOUS ADVICE STILL GOES.)



AS THEY STOOD AMIDST THE BOOKS IN THEIR MASSIVE METAPHYSICAL LIBRARY  
 THE FATHER SAID TO THE SON: "DO YOU NOW UNDERSTAND THAT NOTWITHSTANDING  
 ALL OF THE MANY AND VARIED DESCRIPTIONS OFFERED THROUGHOUT THE AGES  
 TO THAT CERTAIN SPECIALIZED HUNGER TO: AWAKEN, ACHIEVE ENLIGHTENMENT, AND SO ON,  
 THAT WHAT IT SIMPLY AND TRULY IS IS  
 THE MIND'S DESIRE TO UNDERSTAND THINKING?!

THAT IS ALL ANY OF THIS IS,  
 AND ANYONE WHO SAYS OTHERWISE  
 HASN'T GOT A CLUE."

THIS WAS NOT THE FIRST TIME THE OLD MAN HAD SAID SOMETHING SIMILAR  
 AND IT NEVER FAILED TO GIVE THE LAD  
 AN INSTANT THRILLING CHILL.

AND NOW ANOTHER ADDITION TO OUR FILE:

"ALL THAT A REAL MYSTIC EVER NEEDS TO KNOW ABOUT: 'MYSTICISM'."

IF IT'S NOT AS PLAIN AS DIRT, AND AS CURT AS A STICK IN THE EYE --  
 -- IT'S NOT MYSTICISM.

"OH, PA PA!", CRIED THE CHILD, "MY EYE IS BLEEDING."

"GOOD!", HE REPLIED, "NOW YOU'RE DEALING WITH THE REAL THING."

...AND, OH YEAH, KEEP REMEMBERING THAT THERE IS NO SUCH THING AS  
 "AWAKENED THOUGHT" THAT IS CRITICAL THOUGHT. -- AND SOME POOR SOUL IMMEDIATELY  
 COMPLAINS: "BUT IF I CAN'T FIND FAULT -- WHAT CAN I FIND?",  
 WITH THAT APPROACH SIR -- CERTAINLY NOT THE TRUTH OF THINGS.

*ouch!*

INSTINCTIVELY CHILDREN TOO FREELY WILL EXPRESS THEIR INSTINCTIVE DESIRES, BUT AS HE MATURES AND BEGINS TO LIVE INCREASINGLY IN A WORLD DOMINATED BY HIS CONSCIOUS MIND, HE INCREASINGLY IS DISINCLINED TO DIRECTLY EXPRESS HIS INSTINCTIVE INTERESTS;

IN FACT,

ONCE FULLY GROWN AND CIVILIZED  
HIS INSTINCTIVE VOICES ARE SELDOM HEARD SAVE THRU THE FILTERING MASK OF HIS CORTICAL CONSCIOUSNESS.

ALL IN ALL, FROM ONE SUPPORTABLE VIEW:

TO BE "CIVILIZED" IS TO "LIE TO YOURSELF -- ABOUT YOURSELF".

NOTE: WHEN EVERYONE FAILS TO TELL THE TRUTH ABOUT THEMSELVES,  
THEN THAT IS THE TRUTH ABOUT EVERYONE.

...SO WHAT DOES THAT MAKE PEOPLE WHO WANT TO "WAKE UP"?

IF OUR INSTINCTIVE MIND COULD BECOME CONSCIOUS OF THE WORLD THAT OUR CONSCIOUS MIND HAS CONSTRUCTED AND WHICH IS ITS PRIMARY PLACE OF RESIDENCE, OUR INSTINCTIVE MIND WOULD CONCLUDE THAT OUR CONSCIOUS MIND IS INSANE.

...(DOES ANYONE NOW HAVE A CLEARER COMPREHENSION OF A RECENT STATEMENT I MADE, THAT SAID: IF, (AS IS COMMONLY BELIEVED), TALK CAN CURE MANS' "MENTAL PROBLEMS", THEN TALK IS THE CAUSE OF MANS' MENTAL PROBLEMS?!)

HERE'S HOW IT GOES WITH OUR SPECIES:

TO BE ALIVE IS TO BE HUMAN;

TO BE HUMAN IS TO THINK;

TO THINK IS TO THINK THAT THERE IS MORE TO BEING A HUMAN THAN THERE ACTUALLY IS,  
AND TO THINK THAT THERE IS MORE TO BEING A HUMAN THAN THERE ACTUALLY IS  
IS TO BE ASLEEP AND THROUGHLY CONFUSED -- IN YOUR MIND -- AS TO  
WHAT IT IS EXACTLY  
TO BE ALIVE.

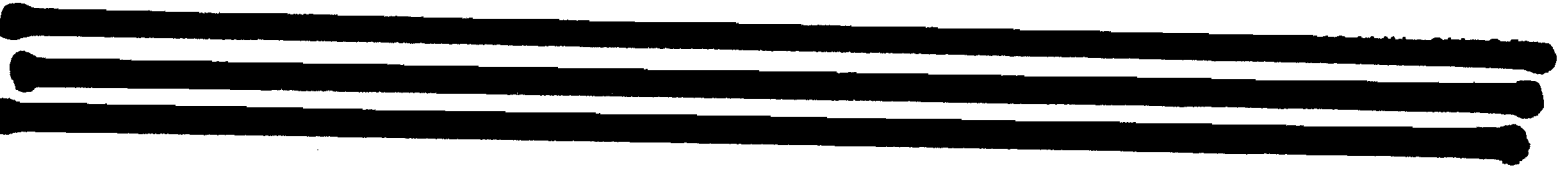
"BEING ASLEEP", (AS THE MYSTICS CALL IT), IS BEING IN DENIAL OF YOUR HUMANITY.

WHAT SEEMS ALMOST BEYOND THE ABILITY OF A MAN'S CONSCIOUS MIND TO COMPREHEND IS THAT —

WHATEVER APPEARS IN IT IS AS NATURAL TO THE MAN AS ARE THE GASTRIC JUICES IN HIS STOMACH WHEN HE'S HUNGRY OR THE SUGAR IN HIS BLOOD WHEN HE'S FRIGHTENED.

THE MIND IS MAN'S ONLY ORGAN WHICH -- UNDER PERFECTLY NORMAL CONDITIONS -- BELIEVES IT'S BEING SUBJECTED TO TOXIC INFLUENCES.

REMEMBER: ONLY YOUR MIND IS ASLEEP AND CONFUSED -- BECAUSE -- ONLY YOUR MIND BELIEVES THAT IT IS.



TO AWAKEN FROM THE SLUMBER STATE: DON'T WASTE YOUR TIME  
CHASING HAPPINESS; PURSUING KNOWLEDGE, OR SEEKING THE MYSTICAL, BUT RATHER,  
DEVELOPE THE ABILITY TO SPEAK THE TRUTH ABOUT YOURSELF.

[REDACTED]

WHILE YOU ARE NOT CONSCIOUS OF YOUR "INSTINCTIVE MIND" AS SUCH  
 YOU ARE CONSCIOUS OF ITS EFFECTS,  
 (CONSCIOUS OF BEING HUNGRY, HORNY, COLD, OR SLEEPY),  
 WHEREAS YOU ARE CONSCIOUS OF YOUR "CONSCIOUS MIND".

MY GAWD! -- WHAT AN ILLUSION!

DON'T YOU REALIZE IT BY NOW?! -- "WHEREAS YOU ARE CONSCIOUS OF  
 YOUR CONSCIOUS MIND." -- WHAT AN UNBELIEVABLE STATEMENT!,  
 WHAT IS THERE TO EQUAL SUCH AN OBVIOUSLY UNFOUNDED ASSERTION WHICH SO-CALLED  
 RATIONAL MEN TAKE AS TRUE?!

"WHEREAS YOU ARE CONSCIOUS OF YOUR CONSCIOUS MIND." -- WHAT "YOU" ?!?! --  
 WHAT "YOU" CAN YOU LOCATE THAT IS ANYTHING OTHER THAN YOUR CONSCIOUS MIND?!

AS VITALLY IMPORTANT AS IS OUR INSTINCTIVE MIND, I SAY AGAIN:  
 IT'S A GOOD THING THAT IT DOESN'T UNDERSTAND WHAT'S  
 GOING ON IN OUR CONSCIOUS ONE.

A MAN ASLEEP IS LIKE A MAN WHO TELLS HIS MIND:  
"THINK ABOUT ANYTHING ~~LET~~ EXCEPT  
THE WAY THINGS ARE."



ONE MAN SAYS: "AFTER YEARS OF TRYING TO ACHIEVE FULL & PERMANENT AWAKENING I REMAIN DISCOURAGED BY THE RESULTS, AND HAVE COME TO THE CONCLUSION THAT ALL I REALLY NEED DO IS TO UNDERSTAND MY MIND, OR AS I WOULD NOW PUT IT: ALL I NEED IS FOR MY MIND TO UNDERSTAND ITSELF -- AND WHAT REALLY GETS ME IS THE FACT THAT IT", (AND HE HELD UP HIS THUMB & FOREFINGER ALMOST TOUCHING), "GETS CONSTANTLY THIS CLOSE TO SUCCEEDING.

IT NEVER MAKES THAT FINAL STEP -- BUT IT CONTINUALLY GETS THIS CLOSE!"

[REDACTED]

CRUDE MEN ARE CONTROLLED BY THEIR FASCINATION WITH  
THEIR SEX ORGANS AND THEIR STOMACHS;  
MYSTICAL MEN ARE CONTROLLED BY THEIR FASCINATION WITH THEIR MINDS.

MYSTICAL MEN COULD DO  
BETTER THAN THIS.  
...(CRUDE MEN CAN'T.)

ONE MAN DECIDED TO GET A FACE LIFT.....THEN THOUGHT:  
"NAW -- I'LL DO A MIND LIFT FIRST --  
THEN SEE HOW I FEEL."

AFTER CONSIDERING ONE OF MY RECENT MODELS AND COMMENTS, ONE MAN MUSES:  
 "ALL RIGHT: IF MY INTSINCTIVE MIND IS NOT THE PROBLEM,  
 AND MY CONSCIOUS MIND IS NOT THE PROBLEM  
 THEN -- WHAT IS THE DAMN PROBLEM?!"

(I'M TRUSTING THAT HE PRESENTED THIS AS A -- "QUESTION, RHETORICAL".)

....OH, OKAY:-- "P.S."

THE SELF-DIRECTED QUESTION: "JUST EXACTLY WHAT IS -- "THE PROBLEM?"  
 IS ONE THAT FEW WHO SEEK OUR GOAL EVER SERIOUSLY ASK THEMSELVES,  
 BUT I TELL YOU THAT,  
 ONLY THOSE WHO DO  
 EVER SEE THIS BUSINESS  
 ALL THE WAY THRU.

CONSIDER: IF A MAN DIAGNOSES HIMSELF AS ILL --  
 YET NEVER FULLY UNDERSTANDS WHAT HIS OWN DIAGNOSIS MEANS --  
 THEN HOW CAN HE APPLY TRULY SUITABLE TREATMENT?  
 GO AHEAD, ASK YOURSELF - IT WON'T DO YOU ANY HARM AT ALL -- ASK YOURSELF:  
 "EXACTLY WHAT IS -- THE PROBLEM HERE?!?!"

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THE HIDDEN ECONOMICS REGARDING  
NEEDLESS EFFORTS

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WHILE NOTHING IS REQUIRED OF AN AWAKENED MIND  
THE WORK OF A DISTRACTED ONE IS NEVER DONE.

IN THE REALM OF CONSCIOUSNESS,  
THAT MOST LABOR INTENSIVE  
IS NEVER THE WAY,  
MOST EFFICIENT.

LET THE CONSCIOUS MIND, THE ART OF RELAXATION, LEARN FROM THE INSTINCTIVE ONE

RESISTING THOUGHT DENIES REALITY, AND PUTS YOU ON AN ENDLESS, MEANINGLESS  
MERRY GO ROUND.

REFUSAL TO ACKNOWLEDGE THE REALITY OF YOUR OWN NATURE  
FUELS THIS MAD CARROUSEL.

SOLUTION? -- SIMPLE: DON'T RESIST THE REALITY OF HOW THINGS ARE.

LET EVERYTHING YOU DO  
BE GENUINE TO YOU.

INSIST THAT,  
EVERY LITTLE THING YOU DO  
BE A VALID REFLECTION OF YOU. -- AND DESIRES NATURAL TO YOU.

DON'T DO EVEN THE SMALLEST OF ACTS IF IT IS FRAUDULENT TO YOUR NATURE.

KNOWING THE NEED TO DO THIS --  
AND THEN -- NOT DOING IT --  
IS TO -- LIVE YOUR LIFE IN A DECEPTIVE DREAM.

EVEN SOME ORDINARY MEN WILL PROFESS THEIR DESIRE TO TRULY -- "KNOW THEMSELVES",  
BUT WILL THEN ENDLESSLY EXPOUND ON THE SEEMING IMPROBABILITY OF EVER DOING SO,  
IN THAT MEN NATURALLY "LIE TO THEMSELVES" ABOUT WHAT THEY ARE,  
AND THUS IS THE TRUTH KEPT FROM THEM -- BUT CONSIDER:  
HOW CAN A MAN ACTUALLY BE FOOLED BY THE LIES HE MAY TELL HIMSELF ABOUT HIMSELF  
WHEN HE HAS TO KNOW THE "TRUTH" ABOUT HIMSELF  
TO LIE ABOUT HIMSELF  
IN THE FIRST PLACE.

THE LIES THE MIND TELLS US ABOUT OURSELVES AND LIFE ARE NOT ONLY -- LIES,  
THEY ARE JUST LIES.  
THE REAL PROBLEM IS IN ACCEPTING THE LIE THAT SAYS WE DON'T  
ACTUALLY KNOW THE TRUTH.

A MAN WITH AN AWAKENED MIND MAY NOT BE ANYTHING SPECIAL -- BUT,  
A MAN WITH AN AWAKENED MIND IS GEN-U-INE. WHAT MORE CAN A MAN ASK?!

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(AND FINALLY):

A BOY ASKED HIS FATHER:

"SHOULD MY MOTTO BE:

YOU CAN CHANGE YOUR BEHAVIOR, EVEN CHANGE YOUR MIND,  
BUT YOU CAN NEVER CHANGE WHAT YOU ARE?",

AND THE ELDER REPLIED:

"EITHER THAT OR: "EAT MORE POSSUM","