

INFRA FIND ADSCITITIOUS EXTRACTS FROM THE SUPRA CITED DIARY OF  
AN ANONYMOUS MIND WITHWHOM, ASSESSED BY THE INSTANT QUOTES,  
WE HAVE A SHARED INTEREST.

NOVEMBER 3: FIRST ENTRY:

THOSE WHO HEAR OF THE IDEA CONCERNING A "CHANGE-OF-MIND"  
AND WHO UNDERTAKE SUCH A PURSUIT,  
BELIEVING IT TO BE BOTH PROFITABLE AND POSSIBLE,  
BUT WITHOUT EVER UNDERSTANDING THE NATURE OF THE MIND,  
HAVE PUT THEIR FOOT TO A LONG AND WEARISOME JOURNEY  
WHOSE DESTINATION CAN ONLY BE A PLACE OF...HOW SHALL I SAY IT?...  
A PLACE OF "IGNORANCE-BASED FUTILITY".

I ADD THE MODIFIER, "IGNORANCE-BASED" IN THAT IN THIS INSTANCE,  
FUTILITY BY ITSELF IS NOT AN INSURMOUNTABLE PROBLEM;  
THE CHALLENGE IS WHETHER OR NOT YOU EVER COME TO REALIZE THAT  
IN THE WORLD OF IDEAS THAT CONCERN THE MIND ITSELF  
ANY QUESTION OF WHETHER THIS-OF-THAT "THING" IS POSSIBLE OR NOT POSSIBLE  
IS MEANINGLESS  
INSOMUCH AS NONE BUT THE MIND IS TO DECIDE;

PROLONGED OPERATION WITHOUT THIS AWARENESS CAN RESULT IN ONLY,  
"IGNORANCE-BASED FUTILITY" --  
----- THE FRUSTRATION CAUSED BY HAVING YOUR THINKING CAPTURED BY THE  
DUALISTIC NOTION THAT "THINGS 'MENTAL" ARE LIMITED TO BEING EITHER:  
POSSIBLE OR NOT POSSIBLE,  
WHEN NEITHER ALTERNATIVE IS EXPLANATORY OR USEFUL TO THOSE SEEKING A,  
"CHANGE-OF-MIND".

IF THINKING COULD GET YOU OUT OF HERE,  
IT WOULDN'T HAVE PUT YOU HERE IN THE FIRST PLACE.

MENTALLY, WE ARE ALL BORN INTO A BLINDING VISE;  
THE ONLY REAL POSSIBILITY OF A "CHANGE-OF-MIND"  
IS IN YOUR REALIZATION OF THE SITUATION.

FROM THAT ALONE COMES ANY FREEDOM FROM, "IGNORANCE-BASED FUTILITY & FRUSTRATION"  
IF THOUGHTS THEMSELVES COULD SET YOU FREE,  
THEY WOULD NOT HAVE PUT YOU IN CAPTIVITY TO BEGIN WITH.  
THE "CHANGE-OF-MIND" THAT IS POSSIBLE  
IS THE CHANGE FROM BEING IGNORANT OF THE MIND, TO UNDERSTANDING WHAT IT IS.

## SECOND ENTRY:

THE PROPER QUESTION TO POSE TO A MAN SHOULDN'T BE: "ARE YOU AWAKE?", BUT RATHER; "ARE THE CELLS IN YOUR BRAIN THAT ARE DISSATISFIED WITH THEIR OWN OPERATIONS FINALLY QUIETED IN YOU?"

IT IS ACTUALLY SOMEWHAT FUNNY TO SAY: "I WANT TO CHANGE MY STATE OF MIND" WHEN IT IS THE CELLS IN YOUR BRAIN THAT PRODUCE "MIND" WHICH ARE THEMSELVES TRYING TO CHANGE THEIR STATE.

BELIEVING THAT, AND OPERATING ON THE BASIS THAT YOU WANT TO "AWAKEN" IS ARGUABLY THE MOST INSIDIOUS AND STUBBORN OF ALL HINDERANCES TO A FULL REALIZATION OF WHAT'S ACTUALLY GOING ON IN ALL OF THIS.

CONTINUALLY CHASING THE GOAL OF THIS ON THE BASIS THAT THERE IS SOME "YOU" INSIDE OF YOU THAT FINDS FAULT WITH THE WAY THE CONSCIOUS PART OF YOUR BRAIN OPERATES, AND WHICH WANTS TO CHANGE SAME BUT DO SO WITHOUT EVER REALIZING THAT THIS SEEMING "YOU" IS NOTHING OTHER THAN THAT CONSCIOUS PART OF YOUR BRAIN EXPRESSING ITSELF.

CELLULAR ACTIVITY IN YOUR BRAIN IS DISSATISFIED WITH WHAT IT IS DOING, AND IT IS THIS ALONE THAT RESULTS IN YOUR FEELING OF WANTING TO EFFECT A "CHANGE OF MIND" -- TO "AWAKEN" -- TO ACHIEVE "ENLIGHTENMENT" -- TO BE "LIBERATED", BUT IT IS ALL THE SAME SIMPLE REALITY: THE CELLULAR ACTIVITY IN YOUR BRAIN THE PRODUCES CONSCIOUSNESS, EXPRESSES IN YOURS ITS DESIRE TO CHANGE ITS MODE OF OPERATION.

IT ONCE STRUCK ME AS CURIOUS AS TO WHY MY LACK OF PERMANENT SUCCESS IN CHANGING THE WAY MY MIND WORKS DID NOT SQUELCH MY INTEREST IN DOING SO, AND CAUSE ME TO ABANDON THE AIM.....AND YET....IN SPITE OF IT ALL, I COULD NEVER STOP TRYING, AND OF COURSE THE CURIOUSITY OF IT VANISHES ONCE YOU SEE THE SITUATION FROM THE PERSPECTIVE THAT IT IS THE CORTICAL CELLS THAT MAKE UP ~~UP~~ AND OPERATE MY MIND WHO ARE THEMSELVES DISSATISFIED WITH THE STATUS QUO, AND I'M JUST BEING DRAGGED ALONG.

...(AND SPEAKING OF THINGS CURIOUS AND UNEXPECTED:  
 YOU KNOW WANTING TO AWAKEN AS BADLY AND RELENTLESSLY AS I DO IS PROBABLY THE WORST THING THAT COULD HAPPEN TO ANYONE WIRED UP TO, "AWAKEN".  
 ....I GUESS IT'S NOT FOR NOTHING THEY CALL THIS KINDA ACTIVITY:  
 "GET YOUR 'JUST DESERTS' --- IN THE FAST LANE."

## THIRD ENTRY:

I COMPOSED A NEW STORY TODAY:

A CERTAIN MAN WHO HAD GAINED GREAT FAME AND MANY FOLLOWERS FROM HIS MANY BOOKS ON, "HOW TO AWAKEN"

WAS ASKED

AS HE LAY DYING

IF THERE WAS ANYTHING MISSING IN HIS RICH AND REWARDING LIFE --

-- ANY ONE THING THAT HE REGRETTED NOT ACCOMPLISHING,

AND WITH HIS FINAL BREATH,

HE OPENED ONE EYE AND REPLIED: "GUESS."

AND LEAST ANYONE EVER HEAR MY TALE AND TOO QUICKLY DIRECT A CHUCKLE, THEY SHOULD CONSIDER THIS:

THAT EVERYONE PUTS THEMSELF IN THE DYING MAN'S POSITION

EVERY TIME THEY THINK ABOUT "BEING AWAKE" RATHER THAN

BRINGING ON THE CONDITION.

## FOURTH ENTRY:

AFTER MUCH STUDY IN THE MATTER

I HAVE CONCLUDED THAT LAUGHING IS THE ONLY PURELY HUMAN SOUND A MAN CAN MAKE THAT EXISTS SOLELY IN THE INSTANT MOMENT.

AFTER ADDITIONAL, "MUCH STUDY" OF THIS MATTER I SEE THAT WILFULL LAUGHING IS THE ONLY AUDIBLE ACTIVITY POSSIBLE FOR THAT PART OF THE BRAIN

RESPONSIBLE FOR THINKING

THAT HAS AN EXISTANCE, PURELY IN THE PRESENT.

I FIND THE REALITY OF THIS FACT, MOST REVEALING...MOST, MOST REVEALING, AND EXPLANATORY OF A BASIC QUESTION REGRADING THE WORKINGS OF THE MIND THAT FOR SO LONG HAS TROUBLED ME.

IT STRIKES ME THAT THE MORE YOU'RE LOST IN THINKING, - EVEN ABOUT YOURSELF -- THE LESS YOU WILL KNOW ABOUT WHO YOU ACTUALLY ARE.

## FIFTH ENTRY:

HUMAN INTELLIGENCE IS ALIVE;  
IT IS ITS OWN DISTINCT -- LIVING ENTITY.

IT IS HUMAN INTELLIGENCE THAT IS WRITING WHAT I NOW WRITE, AND NOT, "ME",  
AND IT IS HUMAN INTELLIGENCE ITSELF THAT HAS HAD ALL OF THE GREAT,  
AND NOT SO GREAT IDEAS EVER CONCEIVED, AND NOT, "MEN".

## FURTHER:

THE CELLULAR ACTIVITY THAT IS EACH MAN'S INDIVIDUAL "INTELLIGENCE"  
IS IN COMMUNICATION WITH THAT OF ALL OTHER MEN,  
AND IN WAYS WHOSE SIGNIFICANCE DWARFS THAT OF SPEECH.

MY REALIZING THIS MAKES EXPLICABLE BOTH INDIVIDUAL AND COLLECTIVE BEHAVIOR  
OF MEN NORMALLY, INEXPLICABLE

## SIXTH ENTRY:

THE LATEST WORD FROM THE CAMP OF THE WORLD'S ONLY, "NEUROLOGICAL ARCHEOLOGISTS"  
IS THAT:

THE DEEPER THE DIG,  
THE LESS THEY FIND.

...(FRANKLY, I COULD'AVE GUESSED AS MUCH.)

## SEVENTH ENTRY:

I MET A MAN WHO HAS A MOTTO: "BORN AN IDIOT -- ALWAYS AN IDIOT.",  
AND HE SAYS YOU CAN USE IT, BUT IN PLACE OF THE WORD, "IDIOT"  
YOU CAN STICK IN ANY WORD YOU LIKE.....LIKE:.....

"ANGULAR; OPAQUE; CONCAVE; FROSTED, AND SO ON,  
SO THAT YOUR MOTTO MIGHT BE, (FOR INSTANCE): "BORN ANGULAR -- ALWAYS ANGULAR."

THE MAN FURTHER CLAIMS THAT IT REQUIRES A HIGH DEGREE OF UNDERSTANDING  
FOR A PERSON TO FORMULATE THEIR OWN APPLICABLE MOTTO, AND THEN EXPERIENCE  
ITS LIBERATING SIGNIFICANCE.

THE MAN WOULD OFTIMES SING: "WE ALL LIVE IN A MENTAL RUBBER ROOM,  
A MENTAL RUBBER ROOM. -- OH,  
A MENTAL RUBBER ROOM."

HE SAYS THAT YOU CAN CERTAINLY "LEARN A THING OR TWO" BY TRYING TO PERMANENTLY  
ALTER THE WAY YOUR MIND WORKS...AND THEN COOLY OBSERVING THE LASTING RESULTS....

"YES SIR!", SAYS HE, "BY SO DOING  
YOU MOST CERTAINLY CAN LEARN A -- THING OR TWO.....YES SIR!"

EIGHTH ENTRY:

PEOPLE WHO SAY THAT CHANGING THE WAY INWHICH THEIR MIND WORKS IS POSSIBLE,  
AND THOSE WHO SAY THAT IT IS NOT  
ARE BOTH FAR FROM THE REALITY OF HOW THE MIND WORKS.

NO MAN HAS EVER UNDERSTOOD WHAT "TRYING TO WAKEN FROM THE SLEEP OF THE MIND" MEANS  
...WHO DID NOT FIRST SEE THRU THE "THOUGHT-CONUNDRUM" THAT SAYS:  
EITHER MAN CAN CHANGE THE NATURE OF WHAT GOES ON IN HIS THINKING,  
OR ELSE HE CANNOT;

AND UNLESS A MAN PUSHES HIS WAY PAST THIS INNER PLACE  
HE WILL BE TRAPPED ON A MENTAL MERRY GO ROUND CONSTRUCTED OF MIRRORS,

...AND THEN WE COULD ALL SIGN ALONG:

"WE ALL LIVE IN A MENTAL RUBBER ROOM,  
A MENTAL RUBBER ROOM, -- OH  
A MENTAL RUBBER ROOM."

...THERE IS NO DOUBT ABOUT IT:

LATEX IS MENTAL NORMALITY'S FIRST LINE OF DEFENSE.

EVEN THOUGH I'M AWARE OF THINKING'S IMPOTENCE IN ALTERING ITSELF....STILL...  
AT LEAST WHEN YOU'RE THINKING ABOUT BEING AWAKE  
IT DOES KEEP YOU, FOR THE MOMENT,  
FROM THINKING ABOUT HOW ASLEEP YOU ARE.

SORT OF LIKE A HEROIN ADDICT MOMENTARILY DISTRACTING HIMSELF FROM HIS HABIT  
BY SNIFFING COCAINE.

BUT IF YOU'RE AN ADDICT -- YOU'RE AN ADDICT, YOU'RE AN ADDICT, YOU'RE AN ADDICT,  
AND THE DRUG INVOLVED IS IRRELEVANT.  
THINKING IS THINKING, IS THINKING, IS THINGING -- NO MATTER WHAT IT'S ABOUT,  
AND NOTHING IS CHANGED JUST BECAUSE YOU'RE THINKING ABOUT "BEING AWAKE".

NINTH ENTRY:

IT WOULD SEEM TO ME A PRETTY GOOD SIGN THAT YOU'RE BEGINING TO "CATCH ON" TO  
WHAT'S "GOING ON" WHEN IT STARTS TO SEEM TO YOU  
THAT EVERYONE BUT YOU  
HAS SOME "MEANINGFUL BUSINESS" GOING ON IN THE EVERYDAY WORLD.  
...THERE'S BUT ONE THING ON MY AGENDA.